

Volume 13, No. 2

SERVING MICHIGAN'S COACHES

May 2009

MHSFCA Endorses Wilson

The Football of Choice of Michigan's Coaches Becomes MHSFCA's Official Ball

he MHSFCA entered into a partnership with Baden several years ago after Baden agreed to provide footballs for the All Star Game and a \$500 scholarship. While this agreement was good for the Association, Baden did not appreciably increase the number of balls sold to Michigan coaches. The MHSFCA and Baden agreed earlier this spring to cancel our agreement.

Also, earlier this year, the Association received two proposals from ball manufacturers, Rawlings and Wilson, soliciting our endorsement. Both proposals include a cash stipend for the Association in return for our help in promoting their product. The Board of Directors began discussions about endorsing an "Official ball of the MHSFCA" at our clinic meeting in January and between January and April Board members asked coaches which ball they preferred. Subsequent to their research, endorsing a ball manufacturer was brought up for action at the Spring Board meeting in Sault Ste. Marie on 25 April, at which time, two motions were proposed, discussed and votes taken:

- 1. To reject both proposals. (Endorse no ball manufacturer.)
- 2. To endorse footballs made by Wilson.

After discussion, a clear majority of the Board passed the motion, #2 above, to accept the Wilson proposal. This decision reflects what Board members discovered by talking to coaches: That Wilson makes the balls that an overwhelming number of our members have used, are happy with and have stated that they want to continue using.

Michigan high school coaches (and their athletes) prefer Wilson balls and we, the Michigan High School Football Coaches Association, encourage you to continue to use Wilson balls (or move to them) for your regular season practices and games.



Membership Report

Jim Clawson, Membership Chairman

MHSFCA Membership

2,206 TOTAL

April 25, 2009

Membership runs September-August

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MHSFCA

Meetings & Important Dates

MHSFCA Recommends ONLY ONE COMBINE - NATS!

Michigan NATS Dates

17 May 09 - Alma College 31 May 09 - South Lyon 7 June 09 - Gibralter Carlson

Register online at:

https://nats.us/locker/register.php

See pages 12-13 for more **NATS Info**

Board of Directors Summer Meeting

10 July 09 • Sheraton Hotel, Lansing

All Star Awards Banquet

10 July 09 • Sheraton Hotel, Lansing

Leadership Conference

11 July 09 • Wonders Hall, MSU See flier page 9 and registration page 10

2009 DATES TO REMEMBER

Practice Begins, Aug. 10 First Contest, Aug. 27 Ratings Due Date, Dec. 1 District 1st-Round, Oct. 30-Oct. 31 District Finals, Nov. 6-7 Regionals, Nov. 13-14 MHSAA Semifinals, Nov. 21 MHSAA Finals, Nov. 27-28

Newsletter is NOT Forwarded

MHSFCA Newsletters are NOT forwarded by the Postal Service. To insure that you continue to receive the MHSFCA Newsletter please notify Membership Chairman, Bob Rowe of address

Bob Rowe MHSFCA Membership Chairman 8020 Tulane Taylor, MI 48180 Rower@taylor.k12.mi.us

The MHSFCA NEWSLETTER is the official publication of the Michigan High School Football Coaches Association with the expressed aim of keeping Michigan High School football coaches informed of developments in their profession.

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2009 All Star Coaches

East

Head Coach Bob Saylor

1st Assistant Andre Harlan Frederick Douglass

Bob Bouvy

Reese

Gleo Wade

Frederick Douglass

Henry Chlebek

Wyandotte Roosevelt

Bob Rowe

Taylor Truman

West

Head Coach Randy Lark

1st Assistant Jeff Stewart

Big Rapids

Dan Falor

Alma

Mike Wojda

Alpena

Lou Rau

Beal City

Lenny Brinson

Traverse City West

Congratulations

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Larry Merx, Dexter

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Mark Thomas, South Lyon

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Region 15

John Goddard, Royal Oak Shrine Mike Boyd, Our Lady of the Lakes

Region 16

Andre Harlan, Frederick Douglass Eric Smith, Detroit Central

Region 17

Gary Griffith, Troy

Keith Stephens, Pontiac Northern

Region 18

Mike Powell, Warren Cousino Jim Venia, Marysville

Even number Regions elected in even years. Odd number Regions elected in odd years.

COMMITTEE CHAIRS

Academic All State Al Boydston, Caro All-Star Gus Kapolka, Manistee

Assistant Coach Award

Dick McGiness, Lake City Clinic

Al Slamer, Battle Creek Central

Combine Committee

Rod Baker, Dearborn Fordson **Ethics**

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Legal Representative

Dave Malicki, Melvindale

NEWSLETTER

Encourages Contributors

Over the past years several of Michigan's best coaches have sent materials for the Newsletter. We encourage you to join that group.

> Deadline for Submissions for October Newsletter

— September 15 —

Larry Merx 39 West Judd Rd. Milan, MI 48160 (734) 604-0765 (C)

Lmerx@MaxPreps.com

Past Presidents

Dave Driscoll, Jackson Parkside '72-'73 Dutch Schrotenboer, Alpena '74 Bud Breed, Portage Northern '75 Ron Holland, North Farmington '76 Ivan Muhlenkamp, St. Joseph '77 Jeff Smith, East Lansing '78 Harley Pierce, Sturgis '79 Walt Braun, Marysville '80 Jim Ooley, Traverse City '81 Tom Fagan, Ypsilanti '82 Dick Harris, Harrison '83 Arnie Besonen, Owen-Gage '84 Dick Look, Tawas '85 Terry Rose, Stevensville-Lakeshore '86 Mark Covert, Fenton '87 John Dean, Detroit Northern '88 Dan Lauer, Benton Harbor '89 Jim Ahern, Ithaca '90 Tom Moshimer, Plymouth Salem '91 Bob Knight, Portage Central '92 Dave Woodcock, Jenison '93 Dennis Zbozen, Romeo '94 Bill Tucker. Flint Powers '95 Larry Rueger, Mona Shores/Fruitport '96 Larry Merx, Ann Arbor Huron '97 Jack Schugars, Muskegon Oakridge '98 Larry Sellers, Traverse City St. Francis '99 Tim Klein, Roscommon '00 Keith Froelich, Okemos '01 Jim Clawson, Taylor Truman '02

Pete Coll, Center Line '05 Jim Buttson, Allen Park, '06 Al Slamer, Battle Creek Central, '07 Dave Larkin, Jenison '08

Bob Scheloske, South Lyon '03

Mike Wojda, Alpena '04

NOTES

2009 Hall of Fame

In addition to the 14 inductees honored at the 28 March event in Ann Arbor, The Past Presidents chose to include James Vollmer in the induction class of 2009. Jim, who is critically ill was presented with his Hall of Fame plaque in his home by Board of Directors member Rod Baker.

2010 Hall of Fame

For 2010 the Hall of Fame banquet and induction will move to the Sheraton Hotel in Ann Arbor on 27 March. Plan to be there to help us honor the class of 2010.

Virtual Hall of Fame

At the Spring meeting, 25 April in Sault Ste. Marie, the Board of Directors voted to pursue an online "virtual" Hall of Fame. This concept represents a change of direction from the physical "museum" that the Association has pursued - and planned for - for over 20 years. The advance of internet technology and its wide accessibility make a virtual Hall of Fame an extremely attractive project. We expect to have the first edition of the Virtual Hall of Fame up and running - and available 24/7/365 within six months and to be able to add to it continually thereafter.



Newsletter Delivery

STARTING WITH THE

October 2009 issue

MEMBER NEWSLETTERS WILL

ONLY BE AVAILABLE ON THE INTERNET

WE NEED YOUR EMAIL ADDRESS!

If we do not have a current email address for you or if their is any question, send your address to

> Membership Chair, **Bob Rowe: Rower@taylor.k12.mi.us**

Paper copies will continue to be mailed ONLY to head coaches, newspapers and colleges.

Hall of Fame Banquet and Induction 28 March 2009, Track & Field Building, University of Michigan

By Iack Carlson, Historian

rad Grayvold, President, opened the 2009 induction ceremonies with, "Tonight, you will hear about the achievements, awards, and accomplishments of the 2009 induction class. The impact that this group of men has had on the young men that they have coached is more lasting and impressive than all the victories or championships they have won. The contribution that this group has made to the game of football has been highly significant, and the success that they have accomplished has been due to an unparalleled dedication to their athletes and their sport, and a commitment to achieve the highest of goals for themselves and for their student-athletes."

Coach Rod Baker, Riverview: "An opportunity to make great friends, a chance to give back to a community that helped me when I was young, and a chance to help hundreds of young men through the years."

Coach Alan Boydston, Caro: "Coaching football has let me extend my time enjoying a sport I fell in love with all the way back in elementary school. For me, the most special feeling in sports is stepping onto a football field, under the lights on a Friday night. The sounds from the stands and the intensity on the field create an atmosphere that cannot be matched anywhere else."

Coach Richard Harris, Harrison: "Football is the only job I have ever had that I thought about every single day for all the years I was involved in it."

Coach Robert J. Kalbfleisch, Warren Cousino: "I am proud that I had the opportunity given to me by the community to help young men reach their potential."

These were some of the comments heard by over 320 attendees at the 2009 Michigan High School Football Coaches Association Hall of Fame Banquet and Induction, which was held at the Track & Field Building on the University of Michigan Campus on Saturday, March 28, 2009.

This was the 27th Annual Induction. Including this year's inductees, the MHSFCA has inducted 615 of the finest high school football coaches in the State of Michigan into our Hall of Fame.

The first induction took place in 1982 with the inaugural Class being composed of the original Board of Directors. Each induction has a personality all its own and this year was no exception. Over the years, many things remain constant: One constant is that the inductees are men of achievement and integrity, who give credit to their families, their players, their fellow coaches, and their communities for their success. Another constant is the dedication of the members of the association who take care of the many details that go into organizing, maintaining, and setting up for the banquet. These are the members who, behind the scenes, give their time and energy, asking for no thanks, to make this an exceptional evening for the inductees, their families and friends. Without them, this evening would not be the outstanding evening that it is.

Right, President, Brad Grayvold, Norway, presents Richard Harris, Harrison the plaque signifying his 2009 induction into the MHSFCA Hall of Fame.

Facing: MHSFCA Hall of Fame Class of



Over the past 26 years, guest speakers have included Woody Hayes, Duffy Daugherty, Ara Parsegian, and University of Michigan head coaches, Bo Schembechler, Gary Moeller, and Lloyd Carr. Coach Rich Rodriguez, current head football coach of the Michigan Wolverines was the guest speaker and began a new era, in the great tradition, of having The University of Michigan's head football coach speak at the induction ceremony. Coach Rodriguez was extremely proud to be part of this extraordinary evening and assured those in attendance that this tradition would continue. At the conclusion of this historic evening, many of the inductees, with their families and friends, had the opportunity to have their pictures taken with Coach Rodriguez. Along with the acceptance speeches of the inductees, this is truly one of the highlights of the evening and appreciated by all.

Fourteen outstanding individuals were honored. Their credentials will be enshrined forever in the MHSFCA Hall of Fame. They have coached for over a combined 450 years and won more than 2,700 football games but most of all, they have touched the lives of countless individuals. The inductees expressed their love of coaching and their love of football. They recognized those who have made it possible for them to do what they love to do – their families.

The 27th Annual M. H. S. F. C. A. Hall of Fame Induction and Banquet was once again a truly remarkable evening. Congratulations to the Inductees: The Class of 2009. The best of the best and the finest of the finest.



Terry Wilczek

Midland

Tom Wender

Kingsford, Norway, Iron Mountain

Jim Vollmar

New Boston Huron, Utica St. Lawrence,

Taylor Kennedy, Gibralter Carlson.

MHSFCA Hall of Fame Class of 2009

Hall of Fame Class of 2009



Right: The University of Michigan head coach, Rich Rodriguez carried on a long tradition of hosts of the Hall of Fame induction by remaining long after the end of the ceremonies to take photos with inductees. In this case the photo is with John Butler and his wife.

Below: Inductee Rod Baker arrived at the Hall of Fame ceremonies with several family members in the stretch limo below.







2009 MHSFCA Scholarship Winners

he MHSFCA will award 12 scholarships for the 2007-2008 academic year. In addition to the MHSFCA funded scholarships, Baden, makers of the MHSFCA All Star Game ball and their Michigan representative, Mark Mears, have funded a \$500 scholarship and Varsity Gold, clinic and membership card sponsors has also contributed \$500 to fund an additional scholarship. The scholarships will be awarded at halftime of the All Star Football Game. Each recipient will be presented with a plaque proclaiming the award and a check for \$500 will be sent to the institution of their choice for post high school education.

John Muhs - Saline High School
Hallie Holmes - Caro High School
Adam Dingens - Corunna High School
Ryan Holcomb - Valley Lutheran High School
Benjamin Deschaine - Frankenmuth High School
Steven Ervin - Mt. Pleasant High School
Garrett Roe - Saginaw Nouvel High School
David Ptacek - Hamilton High School
Andrew Funsch - Ogemaw Heights High School
Andrew Doane - Lake Odessa Lakewood High School
Jordan Isaacs - Alpena High School
Andrew Biscupski - Tecumseh High School

Terry Rose Memorial Scholarship Winner

Chelsea Gilbert - Grosse Pointe South High School

Chelsea Gilbert has been accepted to Harvard. She plans to pursue either Chemistry or Medicine. She will graduate from Grosse Pointe South High School. Her father, Steve, is a coach at East Detroit High School.

Advertising in the MHSFCA Newsletter

Want to "connect" with Michigan's high school football coaches? Advertise in the MHSFCA Newsletter! The MHSFCA newsletter reaches each of its approximately 2,000+ members, four times each year.

The advantages: 4,000 copies of the MHSFCA Newsletter are printed four times a year. 3,900 are mailed and the publication is available online at MHSFCA.com. Each member of the association (high school and middle school coaches and youth league coaches) receives a copy mailed to their home address. A copy of the newsletter is also mailed to each high school in Michigan which participates in football (over 600) addressed to the head coach with routing to the athletic director, principal and superintendent. In addition a copy of the newsletter is mailed to every newspaper published in Michigan.

Deadlines: March issue, 15 February • May issue, 15 April • October issue, 15 September • December issue, the third Friday after Thanksgiving.

Cost:	1 page	1/2 page	1/4 page	1/8 page
(7.	5"Wx10"H)	(7.5"Wx5"H)	(3.75"Wx5"H)	(3.75Wx2.25"H)
1 issue	\$150	\$125	\$100	\$75
2 issues	\$225	\$160	\$125	\$85
3 issues	\$275	\$185	\$135	\$95
4 issues	\$300	\$200	\$150	\$100

Contact: Larry Merx, 39 W. Judd Rd., Milan, MI 48160 Cell: 734-604-0765, Home: 734-439-3184, Fax 866-604-0766, e-mail: lmerx@MaxPreps.com

Off-Season Quarterback Development

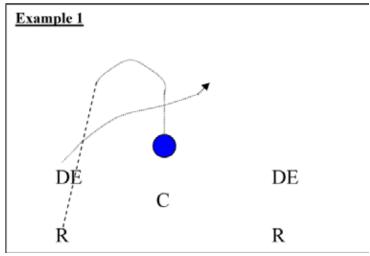
Nate Danicek , Quarterbacks/Receivers Coach Oakridge High School Muskegon, MI

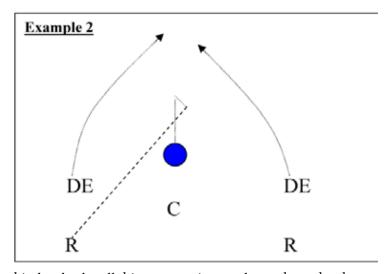
any kids want to be the quarterback when they begin playing the game of football. However, few realize how much time, effort, and pressure come with the position. In today's game, it is essential to establish an offseason "training" program for an incoming or returning quarterback. There are three areas that we focus on during the offseason. They are: mental preparation, mechanics, and recognition.

The mental preparation is one of the most important aspects of the offseason. This helps get their minds focused and ready for both football and their everyday life. The quarterbacks are first brought into the classroom to go over expectations and responsibilities that are associated with the position. We firmly believe that they must know their roles/responsibilities and what is expected of them in order for them to be as successful as possible. This helps them understand why they face the pressure that they do and are in the spotlight most of the time whether it is during or out of season. They must be the hardest working person on the team. During this time, we also introduce basic defenses / coverages that we will see the next season. This is done in conjunction with papers they will be preparing on different defenses/coverages throughout the rest of the school year and summer. I give them one paper per month to complete (typed, double spaced) on various topics concerning both football and personal goals. We will periodically talk about what was in their paper and questions they may have throughout the school year and on the field during the summer. It is extremely important for them to understand that they must be the smartest player on the field. For them to be that, they must study and understand the game of football.

The most obvious of the phases is the mechanics phase. We first video tape the players doing their three step, five step, and roll out mechanics. We evaluate each player from head to toe and share what we see and need to work on with the players as we watch the film together. We emphasize the importance of good footwork and ball placement while moving our feet and/or escaping out of the pocket. There are a couple of quick drills that we frequently do to help emphasize this (Example 1 and Example 2). Example 1 focuses on the QB's eyes staying downfield and escaping from the pocket while it is being collapsed (one of the defensive ends). The QB will go through his cadence and do his 5 step drop. If one of the defensive ends crushes the pocket, the QB will escape and make the throw. An important side note, we have the QB reverse out and make the throw if the rush comes from his back side. I have included another example (Example 2) that illustrates both defensive ends running past the QB, where he has to step up into the pocket and make the throw to either receiver.

The final phase of the offseason training is the recognition phase. This is a two-step process. We first review different keys to look for to help you recognize coverages during your presnap read (2, 3, 4, and man). We then progress to a Powerpoint program that is used on a digital projector. We do many things with this. However, the main points of emphasis are recognizing the coverage, knowing the weaknesses of that coverage, and executing certain plays. For example, I will call a play. The quarterback goes through his cadence, simulates a snap, does





his dropback, calls his open receiver, and goes through a throwing motion. During this time, the receivers and defensive backs are moving on the screen. We also run some motion during his cadence to see if there are any shifts in the defense. This is only to help the quarterback recognize things downfield and understand weaknesses of certain defenses/shifts. Obviously, this is not extremely realistic, but it does force the quarterback to go through the entire play and keep his eyes "downfield" to go through his progression. This is used until we can go outside and do some work on the field. It serves as a good foundation for our quarterback and it allows us to fine tune things during the summer workouts and 7-on-7 sessions instead of starting from scratch. This is what we have implemented throughout the years for our quarterbacks during the offseason and it seems to be working quite well.

MICHIGAN HIGH SCHOOL FOOTBALL COACHES ASSOCIATION

TEAM LEADERSHIP CONFERENCE 2009

THE LIFE THAT WINS

For: All Michigan High School Football Coaches and Players

Date: Saturday, July 11, 2009

Place: Michigan State University - Wonders Hall

Purpose: To Provide High School Coaches and their Players Dynamic Leadership Skills

to Enhance their Programs

Time: Registration 8:00 - 8:45 A.M. Conference 8:45 - 1:00 P.M.

Cost: \$30 Pre-registration (if postmarked by July 2). \$35 at the door. Cash or Check

only. No Phone Registrations will be accepted. Includes Continental

Breakfast, Lunch, T-Shirt and Resource Materials, Ticket and Program for the 2009 MHSFCA All Star Football Game. T-Shirt and Conference Materials will

not be guaranteed if participants are not registered by July 2.

Speaker: Mike Teeter- Former University of

Michigan and NFL Standout with the

former Houston Oilers

To Register: Make checks payable to MHSFCA and

mail to:

Mike Powell

1626 Springview Court Rochester, MI 48307 (248) 601-3101 - Home (248) 561-2337 - Cell



MHSFCA Team Leadership Conference 2009 Registration Form (Copy as needed)

Coach Registration		Player Registration		
Coach Name		Player Name		
School		School		
Home Address		Home Address		
City State	e Zip	City	State	Zip
Phone		Phone		
Email		Email		
Coach Name		Player Name		
School		School		
Home Address		Home Address		
City State	e Zip	City	State	Zip
Phone		Phone		
Email		Email		
Coaches Name		Player Name		
School		School		
Home Address		Home Address		
City State	e Zip	City	State	Zip
Phone		Phone		
Email		Email		
Coaches Name		Player Name		
School		School		
Home Address		Home Address		
CityState	e Zip	City	State	Zip
Phone		Phone		
Email		Email		



2-Day Camp Cost:

\$185.00

FOR BOYS ENTERING GRADES 8-12

2009

Experience the most comprehensive training program available to quarterbacks today!

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- *Leadership Skills

TERRY L. COPACIA

Director, All-State Quarterback School



Terry Copacia, a former high school and collegiate quarterback, has been coaching quarterbacks for 30 years.

Coach Copacia also has the unique distinction of helping seven of his own high school quarterbacks earn All-State honors in Michigan since 1988.

Sixteen of Coach Copacia's High School quarterbacks have competed at the collegiate level since 1988.

2009 CAMP LOCATIONS:
COLORADO, MICHIGAN, MISSOURI, OHIO, TENNESSEE, TEXAS & WASHINGTON!
2 DAY CAMP LOCATIONS IN MICHIGAN:

EAST MICHIGAN, JUNE 29 & 30

Avondale Middle School

1445 W. Auburn Road Rochester Hills, MI 48309

On-site Assistant Director: Steve Deutsch

WEST MICHIGAN, JULY 16 & 17
Coopersville High School

198 East Street

Coopersville, MI 49404

On-site Assistant Director: Dusty Fairfield

To register or for more information visit us online at:

www.quarterbackschool.com
or call Terry Copacia at: (248) 709-1029 or (248) 652-1162

Over 7,000 quarterbacks from over 2,300 high schools throughout the United States and Canada have trained with Terry Copacia at the All-State Quarterback School.

Tackling Drills To Improve Techniques And Defensive Stats

Cary Harger, Offensive & Defensive Line Coach Oakridge High School, Muskegon, MI charger@oakridgeschools.ord

atching film of previous defensive struggles may be frustrating, but fixing some of those problems might not be as difficult as you think. Many times, it may be as easy as building confidence in your defensive personnel. Tackling techniques could be an easy answer. The following drills help to greatly increase your teams' tackling, and therefore, individual personal confidence.

In the last few years, we have incorporated these tackling technique drills into our practices twice a week, every week. The team is divided into four groups of about eight in each group. With the head coach's whistle, round one begins. After about 1-2 minutes, depending on the size of each group, players rotate to the next tackling station on the field. These drills are all based on techniques of safe, proper tackling progressions.

Kick Off Drill

This is a new one I thought of when our kick off coverage was struggling. Basically, all takes place between five yards of the field. Figure 1 shows how this drill runs across the field. Players are divided into two groups, the tacklers and the ball carriers. The coach is more involved in this drill because he is on a knee holding the blocking shield at the middle of the drill, between the tackler and ball carrier. Each player starts at a predetermined spot. The ball carrier starts running across the field toward the coach's back. The tackler reacts and starts running to the coach holding the shield. As the tackler approaches the shield, he breaks down into a good football position eyeing the ball carrier.

Proper tackling position reminders:

- 1. Eyes on the ball.
- 2. Feet are shoulder width apart.
- 3. Angles in the knees and ankles.
- 4. Chest out with arms ready to wrap around the ball carrier.
- 5. Feet continue to run through the ball carrier.

The coach holds the shield out at the tackler. As the ball carrier cuts either right or left off the coach's back, the tackler, using his hands to deflect the shield and moves to attack the

ball carrier using proper tackling technique, keeping his feet moving and wrapping the ball carrier. The players then switch roles in the drill.

Angle Tackling Drill

This drill involves arranging four cones in a diamond shape (**Figure 2**). At

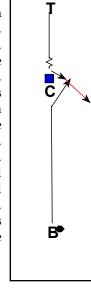


Figure 1 Kick Off Coverage Tackling Drill

T Figure 2
T Angle Tackling Drill
B
C B B B

opposite corners, the group is divided into tacklers (T) and ball carriers (B). The ball carrier, carrying the ball, quickly decides which way he is going and places the ball in his outside arm away from the tackler. In his reaction, the tackler takes the angle to intercept the ball carrier. As he approaches the ball carrier, the tackler assumes the proper tackling position.

The coach (C), standing near the ball carrier line, watches each tackler technique to commend or correct <u>each</u> player. Each player should switch lines to go through each position at least once.

Tackling Sled and Directional Takedown

With the availability of a tackling sled, groups rotate to this drill. Our current tackling sled pops back up after the tackler has taken it down. This allows for less time between reps and more reps per tackling period. The drill can consist of a right and left shoulder tackle after a short run at the tackling sled. In this drill (Figure 3), coach positions himself to the side of the tackling sled. The tackler works to maintain proper tackling position during the short run to the tackling dummy. The feet should stay shoulder width apart, knees and ankles bent, chest out and eyes up. The goal is to hit the dummy with the proper

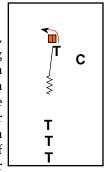
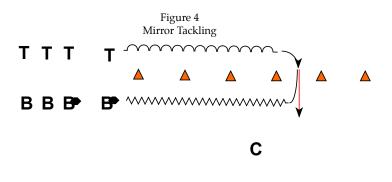


Figure 3 Tacking Sled and Directional Takedown

technique and as forceful as possible. As the dummy is hit and wrapped the tackler tries to take it to the ground toward the shoulder making contact. The wrap is not released and the feet do not stop until the dummy is on the ground. Each player should get a tackle using each shoulder.



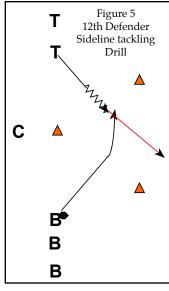
Mirror Tackling

This drill involves using six cones or agility pads spaced a couple feet apart (Figure 4). Divide the group that rotates to this station into two smaller groups, ball carriers and the tacklers. The ball carrier should hold a football in his outside arm away from the tackler. The tackler line is on their end of the dummy, and the ball carrier is on their end of the dummy. The coach stands at the end of the dummies behind the path of the ball carrier. The ball carrier faces down the line of dummies while the tackler is in a low football position facing the ball carrier. The ball carrier starts jogging down the line of dummies and cuts up into an alley between the dummies, squaring himself up field. At the same time, the tackler shuffles with the ball carrier, mirroring him, keeping his eyes on the body. As the ball carrier turns up field the tackler attacks the ball carrier with proper tackling technique. The tackler should keep the hips low, feet wide, chest and eyes up. The tackler needs to fill the alley and continue running his feet after the wrap on the ball carrier, putting him back where he came from, but we never try to take anyone to the ground during a drill. Each player in line performs the same sequence. After each player goes one direction on the dummies, we switch ends, keeping the same roles, just coming back the opposite way. If there is enough time, switch the lines, so the players get a chance to be in the other role. Yet another adaptation to this drill comes on our second day of tackling drills. Put the ball carrier line back a couple yards and in the middle of the line of dummies. The tackler line mirrors the ball carrier line on the opposite side of the dummies, in the middle, back a few yards. The ball carrier approaches the alley he is going to run through, and squares up field. The tackler, from the opposite side, mirrors

and attacks the same alley and performs the techniques as described above.

Sideline Tackling

This drill uses the 12th defender, the sideline. In this drill, place two cones five yards apart along the sideline (Figure 5). A third cone is away from about five yards the sideline. coach stands here in order to commend or correct each player. The players at the station are separated into ball carriers and tacklers. The ball carrier runs toward the sideline between the coach's cone and the near cone on the sideline. At the same time, the tackler runs toward the ball carrier between the coach's cone and his near sideline cone. In practice, each player must stay within the cones. tackler should keep his focus on the ball carrier's field hip and



shoulder, so as keep him squeezed to the sideline and not to let him escape back to the field. As the ball carrier turns up field along the sideline the tackler begins to break down into a proper tackling position. The tackler wraps up the ball carrier for the tackle, or drives him out of bounds. This should be drilled from both directions, as well.

HSH Sports Consulting

We will review, observe and evaluate your varsity football program in a positive, professional and non-threatening manner. Our review, observations and evaluations will include practices and meetings.

What we WILL do:

- 1. Evaluate the football program in a positive and professional manner.
- Keep the evaluation in strict confidence.
- 3. Present a final copy and discuss it with the head coach soon after its completion.

What we WILL NOT do:

- 1. We WILL NOT make any kind of recommendation for retaining or releasing coaches.
- 2. We WILL NOT evaluate a coach's ability.
- We WELL NOT evaluate or comment on any game outcome or season record.
- We WELL NOT discuss or share the evaluation with anyone other than the head coach.

*Areas Reviewed, Observed, and Evaluated:

- Time management
- Organization
- Commitment
- Delegation of responsibility
- "Climate"
- Communication
- "Extras"

These seven elements are broken down into several sub-elements to be evaluated. Let our 48 years of sport management experience help your program become more effective at a very reasonable rate.

Contact us-

HSH Sports Consulting

Chuck Hulce-Advisor 5565 South Shore Drive Whitehall, Michigan 49461 Phone:231-89143

Chuck@hshsportsconsulting.com email:

hshsportsconsulting.com Website:



ACENDA:

8:15 a.m. -- Registration

8:30 a.m. -- Stretch / Warm Up

8:45 a.m. --- Kicking, Punting, LongSnapping Drills and Instruction

10:00 a.m. -- Popsicle Break

10:15 a.m. -- Drills and Instruction

11:30 a.m. -- Lunch (You will be provided with two slices of pizza and soft drink. You may purchase additional items)

12:15 p.m. -- Stretching / Warm Up

12:30 p.m. -- Kicking, Punting, and Long Snapping Instruction

2:00 p.m. -- Popsicle Break

2:15 p.m. -- Kicking, Punting, & Long Snapping Competition

3:30 p.m. — Camp Awards and T- Shirts for all campers

Pre-Registration Cost: \$60.00 (Payable to Oakridge Football) Walk-up Registration Cost: \$70.00

PHILOSOPHY:

The Camp will be dedicated to teaching the basics of football related to Offensive Line Play including:

Agility, Flexibility, Stretching and Form Running

OFFENSIVE LINE TECHNIQUES:

- Stance, Starts
- Run Blocking including Drive, Combination, Zone, Trap and Reach Techniques
- Pass Blocking including Pocket and Roll Protection and defending Pass Rush Techniques.
- Individual instruction on all aspects of Offensive Line Play.

CAMP COACHING STAFF:

- Mike Sullivan Head Coach/Offensive Line Coach, From Northwood University
- Jeff Hancock Offensive Coordinator Adrian College
- Jack Schugars Head Football Coach, Oakridge High School
- Cary Harger Varsity Line Coach, Oakridge High School
- Tim Parker Oakridge High School
- Joe Shaffer Varsity Line Coach, Mona Shores High School
- Also, Offensive Line Coaches from other West Michigan Schools

Pre-Registration Cost: \$60.00 (Payable to Oakridge Football)
Walk-up Registration Cost: \$70.00

Download Registration forms for both these Camps at www.ghprinting.net/downloads/oakridgebrochure/Brochures.pdf







The

Michigan High School Football Coaches Association is proud to present the

2009 NATS Combine Series

Date: Sunday, May 17, 2009

Location: Alma College

614 W. Superior Street

Alma, MI 48801

(pre-registration is required by MAY 13, 2009)

Date: Sunday, May 31, 2009

Location: South Lyon High School

1000 Lafayette

South Lyon, MI 48178

(pre-registration is required by MAY 27, 2009)





Date: Sunday, June 7, 2009 Location: Carlson High School 305550 W. Jefferson Gibralter. MI 48173

(pre-registration is required by JUNE 3, 2009)

Cost: \$55.00 per test session.

Player Benefits

THE PLAYER LOCKER includes certified NATS Combine results, a full-color body photo, academic history, career statistics, and contact information. Access is provided to each player, his parents, high school coach and all college coaches nationwide.

PERCENTILE RANKINGS are provided to assist players and coaches in objectively evaluating NATS Combine performances against their peers nationwide, statewide and their graduating class.

PROFILE UPDATE enables players to update their profile in a real-time environment, giving high school and college coaches up-to-the-minute information on their athletic, academic and contact information.

TEAMMATE™ CORE COURSE CALCULATOR is a personal academic tool used to track student's progress towards freshman NCAA Initial-Eligibility. It automatically calculates core course GPA, minimum ACT, and SAT test score requirements, as well as tracking core courses completed and credits remaining for NCAA Initial-Eligibility.

TEST PREPARATION VIDEOS are professionally produced instructional videos for all combine drill procedures, as well as expert instructional tips and training techniques.













WWW.NATS.US

NATS is THE MHSFCA Skills Camp



The **National Athletic Testing System** (NATS) is a program partnership between the American Football Coaches Association (AFCA) and officially recognized state high school coaches associations.

The NATS program is in many respects an athletic version of the Scholastic Aptitude Test for high school football players. It is a nationwide standardized athletic performance test that produces results that can be used to track and compare the players' athletic ability and development. NATS is also a means of providing players, parents, coaches and guidance counselors important information and services pertaining to college recruiting, NCAA academic requirements, financial aid and athletic performance analysis and preparation.

Development of NATS began in 2000 when the AFCA organized a task force comprised of college coaches and state high school coaches association representatives to research and develop the NATS program. The task force designed a national athletic testing system and established a standardized athletic test grading formula and player data distribution technology. The task force also developed web-based interactive tracking tools for players (and parents) to help them follow their physical development and academic progress throughout their high school career.

NATS concluded its third and final phase of development in 2004 when six, state high school coaches associations conducted the first NATS Tests. Following the success of these initial NATS

Tests, AFCA approved full implementation of the NATS program.

All players, beginning as early as their freshman year, are invited to participate in NATS. NATS results and player profiles are distributed online to every college football program in the country.

Michigan NATS Dates

17 May 09 - Alma 31 May 09 - South Lyon 7 June 09 - Gibralter Carlson

Register online at:

https://nats.us/locker/register.php

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 - o Normally \$150

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2009 All Star Football Game





Head Coach BOB SAYLOR Reese

1st Assist

Andre Harlan Frederick Douglass

Assistant

Bob Bouvy Reese

Assistant

Gleo Wade Frederick Douglass

Assistant

Henry Chlebek
Wyandotte Roosevelt

Assistant

Bob Rowe Taylor Truman

#	Name	Pos	Ht	Wt	HS Coach
1	John Stolarski	P	5′9″	170	Mike Boyd
2	Michael Hatcher	WR	6'	174	Dave Mifsud
3	C.J. Carroll	FB	6'	220	Jason Byers
4	Reggie Hammond	DB	5′9″	180	Andre Harlan
5	Andrew Matt	WR	6'3"	201	Ron Adams
6	DeAndre James	TB	6′1″	195	Micahel Crayton
7	Jordan Kaufman	DB	6'4''	195	Bill Sweeney
8	Kevin Muma	K	6'	170	Gary Griffith
9	Jay Hayes	DB	6'1"	185	Tony Giancarlo
10	William Sturgis	WR	5′10″	175	Donshell English
11	Chris Hurst	TE	6'4"	190	James Thomas
12	Ryan Hargraves	QB	6'2"	190	Bob Rowe
13	Robert Strong	DB	6'	185	Rick Bye
15	Mario Beltran	TB	5′10″	195	Keith Stephens
16	Taylor Copacia	QB	6′5″	195	Bob Lantzy
18	Jeremy Gainer	DB	6'2"	215	Ryan Irish
19	Kyerell Williams	DB	5′9″	205	Mike Carr
20	Anthony Cade	TB	5′10″	190	John Goddard
21	Carlos Love	DB	5′9″	170	Kent Sikora
22	Bob Lowry	WR	5′10″	190	Tom Hoover
23	Neal Zott	WR	6'	183	Jeremy Ferman
25	Thaddeus Burton	LB	6'2"	215	Thomas Wilcher
26	Jake Femmineneo	LB	6'	215	Brian Obrychi
28	Chad Allemon	WR	5′11″	175	Tony Scarcelli
30	Dan Sorgi	TE	6′1″	220	Paul Verska
34	Jerome Pledger	FB	5′8″	240	Ken Fenton
36	Ken Hoffman	LB	6′1″	193	Tim Furno
42	Dan Sawicki	LB	6'	195	Dave Schindler
43	Brett Ross	DL	6'2"	235	Bill Brown
49	David Box	DL	6'2"	285	Steve Robb
50	Johnathan Hill	DL	6'	255	Calvin Norman
52	Tyler Benson	OC	6'2"	235	Chris Bell
54	Justin Sneddon	OG	5′10″	215	Tim Baechler
56	Kurtis Showers	LB	6'	195	Drake Wilkins
57	Tom Cortis	LB	5′10″	210	Tom Iwoncki
61	Khaled Mheisen	DL	6′5″	295	Tom Mach
63	Andrew Grabowski	OG	6'3"	285	Parker Salowich
64	Michael Laamanen	DL	6'2"	250	Mike Giannone
66	Jeff Franklin	OG	6'1"	280	Frank Sumbera

OT

OG

OT

OC

WR

6'3"

6'7"

5′11″

6'1"

260

285

225

180

Marc Cisco

Albert Fracassa

Eric Redmond

Dan MacLean

Bob Czarnecki

HS, Class Our Lady of the Lakes, D Dearborn, A Warren Fitzgerald, B Detroit Freddrick Douglass, C Wyandotte Roosevelt Northwestern, A Ubly, C Troy, A Memphis, C Southeastern, A West Bloomfield, A Taylor Truman, A Sterling Heights Stevenson Pontiac Northern, A Eisenhower, A Clarenceville Chippewa Valley, A Royal Oak Shrine, C Gibraltar Carlson, A Allen Park, A Almont, B Cass Tech. A Cabrini, C Marine City, B Delasalle Collegiate, A Pershing, A Millington, B Clintondale, A Deckerville, D Milan, B Cody, A Lake Orion, A Canton, A Madison, C Lakeshore, A Detroit Catholic Central, A Salem, A

Macomb Dakota, A

Monroe Jefferson, B

Carleton Airport, A

Detroit Country Day, B

Brother Rise, A

Trenton, B

Grosse Pointe North, A

Presented by

Craig Miller

Tim MacLean

Chad Suprunuk

Zachary Cherocci

Charles Chapman

75

77

79

89



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2009 All Star Football Game







#	Name	Pos	Ht	Wt	HS Coach	HS, Class
1	Janero Walker	WR	5'10	165	Courtney Hawkins	Flint Beecher, C
2	Jason Hannet	TB	5′9″	195	Tony Annese	Muskegon, A
3	Juwan Hemphill	DB	5′9″	180	Lamazer Williams	Kalamazoo Central, A
4	Fletcher Spears	K	6'	165	Tim Hense	Clio, A
5	Reggie Williams	WR	5′10″	165	Marcelle Carruthers	Lansing Everett, A
6	Chris Massenburg	WR	5'8"	160	Sam Nichols	South Haven, B
7	Evan Kourtjian	WR	5'8"	140	Mike Glennie	Saline, A
8	Tyler VanTubbergan	QB	6'4"	195	Jim Caserta	West Ottawa, A
9	Brogan Bibler	P	6'	175	Ralph Munger	Rockford, A
10	Kurt Van Essen	DB	5′11″	185	Scott VanEssen	Kenowa Hills, A
14	Garrit Rauch	DB	6'2"	195	Brett Foerster	Portage Central, A
15	Jarret Leister	QB	6'2"	215	Jason McIntyre	Mt. Pleasant, A
20	Matt Eacker	DB	5′11	180	Jack Schugars	Oakridge, B
21	Jordan Jonker	TB	5′10″	200	Dave Durham	Hudsonville, A
24	Marck Berden	DB	6'	185	Richard Bell	Swan Valley, B
25	Michael Booker	TB	5′5″	165	Brad Mockabee	Grand Rapids Christian, B
26	Dustin DeHoff	DB	6'1"	191	Pat Collins	Montague, C
27	Ethan Webb	LB	6'2"	225	Nick Koenigsknecht	Battle Creek Pennfield, B
30	Branden Green	WR	5′10″	165	Dennis Hopkins	Linden, B
31	Jon Flynn	DB	6'	185	Tim Wooer	Traverse City West, A
32	Kyle Lark	TE	6'2"	225	Randy Lark	Alma, B
33	John Childers	FB	6'1"	228	Ken Rose	Mona Shores, A
34	Trever Kruzel	FB	6′1″	210	David Hills	Boyne City, C
40	Adam Gulvas	DL	6'2"	255	Paul Walderzak	Standish - Sterling, B
41	Casey Kelly	FB	6'1"	200	Bob Buckel	Flushing, A
42	Adrian Baker	TE	6'	240	Mike Holmes	Muskegon Catholic Central, D
44	Lucas Kozuch	OT	6'3"	222	Jim Eurick	Bay City Western, A
51	Blake Beals	OT	6'1"	245	Eddie Ostipow	Charlotte, B
52	Trace Schewe	OC	6'1"	220	Denny Dock	Lakeshore, B
53	Travis Dickenson	LB	6'3"	225	David Mariage	St. Johns, A
58	Justin Jevicks	OC	6'4"	280	Fred Rademacher	Hastings, B
66	Zach Houghton	OC	6'2"	275	Charlie Otlewski	Haslett, B
68	Matt Mattox	OG	6'3"	275	Elliot Uzelac	St. Joseph, B
70	Zach Wiersma	OT	6'4"	275	Mitch Cumings	Big Rapids, B
71	Micajah Reynolds	OT	6'5"	315	Dan Boggan	Lansing Sexton, A
72	Quartney Bolter	DL	6′3″	275	Tim Rogers	Grand Rapids Catholic Central, B
74	Zach Pant	OT	6'6"	285	Jim Webb	Cadillac, B
75	Ricky Clemons	OG	6′5″	285	Nate Williams	Flint Carman Ainsworth, A
76	Jake Carra	OG	6'3"	275	Tom Passinault	Traverse City Central, A
77	Kaleb Forr	OC	6'2"	255	Jeff Putnam	Davison, A
78	Matt Collins	OT	6'2"	295	John Schwartz	Mendon, C
88	Charlie Hoch	TE	6'4"	227	Ed Schindler	Elk Rapids, B
99	Chris Bronson	OG	6'2"	315	Jack Fairly	Jackson, A
	Garrett Hoskins	WR	6'3"	235	Huemartin Kobinson	Grand Rapids Creston, A

Head Coach Randy Lark Alma

1st Assist Jeff Stewart Big Rapids

Assistant
Dan Falor
Alma

Assistant Mike Wojda *Alpena*

Assistant
Lou Rau
Beal City

Assistant
Lenny Brinson
Traverse City West

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Alliance Award Nomination Form Future Teachers/Coaches Information Sheet MHSCA/Gatorade Coaching Service Award Certificates **Placement Bulletin Vacancy Form Scholarship Application Forms**

Michigan High School COACHES Association Hall of Fame

Criteria for application: Only persons who have coached and/ or directed a secondary school athletic program for 25 years or more and actively coached in Michigan for a minimum of 10 years are eligible for the Hall of Fame. The applicant must have been a member of the Association (MHSCA), in good standing and an active member of the Association two years prior to induction into the Hall of Fame.

Contact:

Rich Tompkins. 9 S Lighthouse Drive, Mears, MI 49436 (231-873-4498) Residence • (231) 873-5003 Fax

E-Mail: RTompkins@oceana.net



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WATERFORD MOTT SPECIAL TEAMS PUNTING CLINIC

Date and Time-Saturday June 20, 2009 8:30-3:00

Location: Oakland Yard Athletics

5328 Highland Rd. (M-59) Waterford MI, 48327

248-673-0100

Cost-\$50.00 per participant

Eligible Participants- 8th through 12 grade

Coaches are encouraged to attend.

Christian Vitale- Special Team Coord. Waterford Mott HS Camp Staff-

Ken Schmidt- Head Football Coach, Waterford Mott HS Ed Couturier- Offensive Coordinator, Waterford Mott HS Jason Bazner-JV Defensive Coord. / Special Teams cord.

Teddy Drussel- Punter for Adrian College

Special Guest-**Nick Harris Punter for the Detroit Lions**

Clinic information What to Bring-

Sack lunch, 2 or more marked footballs, sunscreen, cleats, towel, Registration form

Camp tee shirt, Army sport kit, Punting DVD, Beverages, Punting competition with awards Camp Includes-

Each punter is filmed and their progress will be documented on DVD and sent within 10 days

For Information-

Cell: 248-766-2118

Website: Thekickisup.com (Click on clinics)





Address

Thank You MHSFCA-MaxPreps Community Service Award

On behalf of the Saline Area School District and the Board of Education, I would like to take this opportunity to thank you for honoring the Saline Football team with the Fraser Community Service Award. Your generous donation of S500 for the libraries at Houghton, Pleasant Ridge, Harvest and Woodland Meadows is greatly appreciated.

Your donation will provide opportunities for students that might not a otherwise be possible. Once again. we are very grateful for this award and your generous contribution.

Sincerely, Scot A. Graden, Superintendent Saline Area Schools

*The Fraser Community Service Awards are sponsored by MaxPreps. In 2008, MaxPreps contributed \$1,000 for the awards, triggered when 40% of Michigan's teams entered their stats at MaxPreps.com. Greater participation will yield a larger contribution. *Dexter HS also won a \$500 Community Service Award in 2008.

Attention All Football Coaches! Wive's Club Initiated

Think about the numerous things your wife does to help make your football program successful. From cooking dinner, to organizing fundraisers, to working at football camp, to making highlight tapes, to cheering from the sidelines, your wives play many important roles.

To help football wives have a support system of women that understand the trials and tribulations and excitements and joys of being a football coach's wife, we are organizing a "club" within the MHSFCA.

Please pass this contact information along to any football wife who may be interested. For more information or to become a part of this exciting new group, please contact:

Erin Coon erinjocoon@gmail.com 231-597-8541

We are open to any and all ideas and suggestions!

State

Zip

Nike Duffy Daugherty Coach Of The Year Clinic Football Clinic Manual • Order Form

You can order your 2009 "COACH OF THE YEAR CLINIC MANUAL" by filling out the form below and sending it to: Mary Mercure, 2091 Westfield Rd., Trenton, MI, 48183. Checks should be made out to: "Coach of the Year Clinic". Any 1998-2008 manual will be sent to you

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Qualifications · You must meet all FOUR!

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- 2. Previously a MHSFCA Member.

4. Pay a one-time fee of \$100

Send to:

Bob Rowe

8020 Tulane, Taylor, MI 48180

Lifetime Membership Fee \$100

MHSFCA Newsletter Delivery

Member Newsletters will be available on line only starting with the

October 2009 issue.

If there is any question about whether we have your correct email address, send it to

Bob Rowe

Rower@taylor.k12.mi.us

MHSFCA Membership Benefits

Did you know that:

One of the benefits of MHSFCA membership is liability insurance through the MHSCA and NOCAD.





GENERAL LIABILITY PROGRAM

Coverage is provided to your State Association and Members through the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors.

CARRIER

Lexington Insurance Company ("A+" A.M. Best)

POLICY PERIOD

August 1, 2008 - August 1, 2009

LIMITS OF INSURANCE

\$1,000,000 Each Occurence \$1,000,000 General Aggregate

\$1,000,000 Products/Completed Operations \$1,000,000 Personal & Advertising Injury

\$ 50,000 Fire Damage Excluded Medical Payments

NATIONAL ORGANIZATION OF COACHES
ASSOCIATION DIRECTORS



CAMP COVERAGE

Today, most coaches are involved in some type of sports camps. Coverages such as General Liability and Accident Medical for your participants are available to all member coaches through your State Associations master policies. Please note that our current General Liability Program follows all members while working at camps and/or conducting their own personal camp.

CERTIFICATE OF INSURANCE & PARTICIPANT ACCIDENT

- If you have a camp and require proof of insurance certificates are at no additional charge.
- If you have a camp and require a certificate of insurance naming an Additional Insured the cost is \$300.00.
- Participant/Accident Coverage must be in place for all participants prior to the issuance of a certificate of insurance naming an Additional Insured.
- Certificates of Insurance and Participant/ Accident request forms are available through your State Association.

For any additional information
please contact your
State Association office
Greg Joly, Kevin Joyce or Karen Boller
Loomis & LaPann, Inc.
800-566-6479
gjoly@loomislapann.com

kjoyce@loomislapann.com kboller@loomislapann.com www.loomislapann.com

MICHIGAN HIGH SCHOOL FOOTBALL COACHES ASSOCIATION

39 Judd Rd. Milan, MI 48160

Assist. Principal	When Finished Please Ro	outo to.		
	Superintendent			
	Assist. Principal			
Athletic Director	Athletic Director			

2009 All Star Football Game Ticket Order Form

When: Saturday, July 11, 2009 Where: Spartan Stadium at

Michigan State University

Time: 2:00 p.m.

Price: \$5 pre-sale (\$10 at the gate)

Make check payable to: MHSFCA

Send to: Mr. Jim Clawson

All Star Ticket Chair 21681 Thorofare Grosse Ile, MI 48138 Number of Tickets x \$5.00 =

Name _____

Address ______City, State, Zip_____

Please send a stamped self-addressed envelope with your order.

Tickets will be available approx. mid-June



MEMBERSHIP APPLICATION FORM 2009-2010

Send to: Mr. Bob Rowe

Membership Chairman

8020 Tulane Taylor, MI 48180

Joint MHSFCA/MHSCA/NHSCA (\$25) No	o longer coaching
Name	
School	
School Address (Street)	
School Address (City, St. Zip)	
Position	Total Years Coaching
Home Address (Street)	
Home Address (City, St. ZIP+4)	
Phone (H)	
E-mail	
Membership runs Septeml	oer - August

MHSFCA Newsletter Delivery

Member Newsletters will be available on line only starting with the

October 2009 issue.

If there is any question about whether we have your correct email address, send it to

Bob Rowe

Rower@taylor.k12.mi.us

Membership runs September - August
Battle Creek Clinic Registration includes membership starting the following September