

Michigan High School
Football Coaches Association

Newsletter



Volume 2, No. 10

SERVING MICHIGAN'S COACHES

May 1991

Common Starting Date for Practice in 1991

By Jerry Cuengros
MHSAA

August 12, 1991
Football Practice
STARTS

The Representative Council of the MHSAA, at its March 22, 1991 meeting in Lansing agreed to revise the starting date of football practice so that all schools may begin practice on Monday, August 12. The first three days would be mandatory conditioning practices in shoes, shorts and helmets.

Previously, the Council had approved two starting dates for 1991; August 12 for those schools that were scheduled to play their first game on August 30, and August 19 for those who opened their season on September 6. Because of the early start of classes (August 26) for some schools and the late start of practice (August 19) those schools would have only two or three days of practice with pads before school begins.

The Council felt it would be most fair and easiest to communicate and understand to start football practice in 1991 on Monday, August 12 for all schools, regardless of the date of the first game.

This would correspond to the earliest date of practice for all other sports in the fall.

Inside:

1991 Scholarships	2, 5
State of the Association	3
Newsletter	3
Leadership Conference	4
Football Camps	4
News from MHSCA	5
Hall of Fame Banquet '91	6
1991 Inductee Thumbnails	7
History of Hall of Fame	8
Mike Wojda Changes Jobs	8
The 3 Step Drop	9
Standing Committees	9
Lahser Style Service	10
Drug Awareness Program	11
All Star Ticket Order Form ...	10
Saline's "Queen Six"	11
Leadership Conference	12
Placement Service	12
Substance Awareness Program.....	13
MHSCA Hall of Fame Tickets .	14
Membership Applications	14

Extra Point

- 1990 Hall of Fame Inductees •
Page 6
- Leadership Conference Registration •
Register by Friday, July 12

Membership Report

Jim Clawson, Taylor Truman
Membership Chairman
MHSFCA Active Membership
1,318 (incl. 28 Lifetime)
April 5, 1991
Membership runs September-August

OFFICERS**President**

Tom Moshimer, Plymouth Salem

1st Vice-President

Bob Knight, Portage Central

2nd Vice-President

Dave Woodcock, Jenison

Executive Director

Don Lessner, Riverview

Chaplain

Bob Scheloske, South Lyon

Past Presidents

Dave Driscoll, Jackson Parkside

Dutch Scrotenboer, Chesterfield, VA

Bud Breed, Portage Northern

Ron Holland, North Farmington

Ivan Muhlenkamp, St. Joseph

Jeff Smith, East Lansing

Harley Pierce, Sturgis

Walt Braun, Marysville

Jim Ooley, Traverse City

Tom Fagan, Ypsilanti

Dick Harris, Harrison

Arnie Besonen, Owen-Gage

Dick Look, Tawas

Terry Rose, Stevensville Lakeshore

Mark Covert, Fenton

John Dean, Detroit Northern

Dan Lauer, Benton Harbor

Jim Ahern, Ithaca

DIRECTORS**Region 1**

Bob Dozier, Detroit Mackenzie

Woodrow Thomas, Detroit Central

Region 2Tom LaFramboise, Grosse Ile
Wes Wishart, Dearborn Divine Child**Region 3**

Jack Crabtree, Saline

Ernie Hoffman, Dundee

Region 4Curt Evans, Homer
Al Slamer, Battle Creek Central**Region 5**Bruce Bendix, Comstock
Denny Patzer, Vicksburg**Region 6**Pete Coll, Center Line
Dennis Zbozen, Romeo**Region 7**Chuck Apap, Walled Lake Western
Bob Kefgen, Bloomfield Hills Lahser**Region 8**Keith Froelich, Okemos
Steve Spicer, Fowler**Region 9**Jack Carlson, Holland West Ottawa
Jim DeHorn, Allendale**Region 10**Bill Tucker, Flint Powers
Loren Willey, Flushing**Region 11**Jim Eurick, Saginaw Arthur Hill
Ralph Munger, Frankenmuth**Region 12**Frank Altimore, Midland Dow
Jack Kramer, Houghton Lake**Region 13**Jack Schugars, Muskegon Oakridge
Jeff Stewart, Big Rapids**Region 14**Bob Petrovich, Alcona
Mike Wojda, Hillman**Region 15**Tim Klein, Frankfort
Bill Hollenbeck, Maple City-Glen Lake**Region 16**Dick Koski, Negaunee
Ron Warner, Lake Linden-Hubell**1991***Michigan High School
Football Coaches
Association
Scholarship Winners***Steven Batkoski**

SAGINAW

Micah Burch

ST. JOSEPH

Jane Capling

HARBOR BEACH

Lora Liedel

DUNDEE

John Meganck

MARINE CITY

Jeffrey Rayce

MONROE

Tom Rohdy

ROSCOMMON

Stacy Turner

HOUGHTON LAKE

Robert Stephenson

WILLIAMSTON

Corey Voss

WIXOM

*Congratulations***Newsletter is NOT Forwarded**

MHSFCA Newsletters are NOT forwarded by the Postal Service. To insure that you continue to receive the MHSFCA Newsletter please notify Membership Chairman, Jim Clawson of address changes.

Jim Clawson
MHSFCA Membership Chairman
24490 Crescent Drive
Woodhaven, MI 48183

The MHSFCA NEWSLETTER is the official publication of the Michigan High School Football Coaches Association with the expressed aim of keeping Michigan High School football coaches informed of developments in their profession.

Larry Merx, Editor
School: (313) 994-2105
Home: (313) 439-3184 (Voice and Fax)
39 W. Judd Rd., Milan 48160

Committee Chairs**Academic All State**Chuck Apap, Walled Lake Western
All-Star

Larry Rueger, Mona Shores/Fruitport

Assistant Coach Award

Dick McGiness, Lake City

Clinic

Dick Fodor, Bridgman

Drug Awareness

Chuck Salvano, Lakeshore

Jim Crowley Award

Larry Sellers, Traverse City St. Francis

Finance

Bill Tucker, Flint Powers

Hall Of Fame

Tom Fagan, Ypsilanti

Historian

Jack Carlson, Holland West Ottawa

Honorary Membership

Bob Scheloske, South Lyon

Membership

Jim Clawson, Taylor Truman

Placement

Bruce Bendix, Comstock

Playoff

Jim Ahern, Ithaca

Political Action

Dave Woodcock, Jenison

Public Relations

John Herrington, Farmington Harrison

Rules

Dennis Zbozen, Romeo

Scholarship

Ernie Hoffman, Dundee

Legal Representative

State Representative, Kirk Profit

**MHSFCA
MEETINGS
AND
IMPORTANT
DATES****Leadership Conference
Michigan State University**

Holden Hall

August 2 & 3, 1991

Summer Meeting

Harley Hotel, Lansing

August 1 & 2, 1991

All Star Game Banquet

Lansing Center

August 2, 1991

All Star Game

Spartan Stadium

August 3, 1991



MHSFCA President, Tom Mosimer, Plymouth Salem presents Garrett Veld with plaque proclaiming his membership in the MHSFCA Hall of Fame at the Hall of Fame Banquet, April 6, 1991.

State of the Association 1991

By Tom Mosimer
President MHSFCA

Thanks to the leadership of past officers and directors, I am privileged to assume the presidency of an organization that is in excellent condition. As I look back to 1972 when the association was formed, the football coaches of Michigan had virtually no input into the direction the sport was taking. Since then, the MHSFCA has had a great impact on high school football in the state.

Let's take a look at some of the accomplishments:

1. 1973 - The first clinic was held at Jackson Parkside High School with approximately 800 coaches attending. In 1982, the clinic moved to its present site, the Stouffer Hotel in Battle Creek. This year over 1200 coaches attended the 19th annual clinic.

2. 1975 - This was the first year of the state football playoffs with four teams from each of the four classes competing. Since then, the playoffs have

been expanded, first to eight teams in each class, then to sixteen teams in each class, and last year, the number of classes was doubled to eight. We now have 128 teams competing four eight state championships.

3. 1981 - The first All Star Game took place at Spartan Stadium, showcasing 72 of the state's finest players. This annual game is growing both in stature and in support. Three years ago an All Star Band was added to the festivities which now feature 88 of the state's best players. This year's game, August 3rd, marks the eleventh in the series, and will include a reunion of players who participated in the first game.

4. 1982 - The Hall of Fame became a reality when the Charter Board of Directors of the MHSFCA were inducted in a ceremony at the University of Michigan football clinic. In 1983, the induction ceremony took place at Crisler Arena at a banquet attended by over 500 people, and fea-

tured the late Woody Hayes as the guest speaker. The tradition has continued, with this year's induction the Hall of Fame now includes 225 member coaches.

5. 1988 - The association sponsored our first Academic All State team honoring 24 outstanding student/football players. 24 additional players were named to an honorable mention list. It is a tribute to the value our state's high school programs place on academic achievement that the number of nominations continues to grow each year and being named to this team has become increasingly difficult.

6. 1990 - Last year the association inaugurated a substance abuse and leadership conference held in conjunction with the All Star Game. The conference was very well received and will become an annual part of All Star Week.

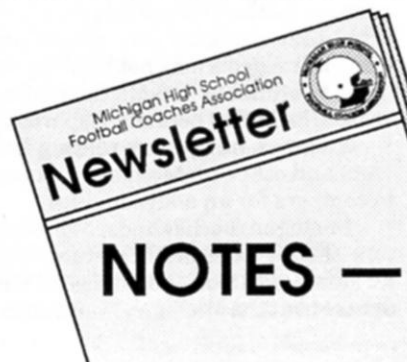
The MHSFCA proudly awards eleven scholarships totaling \$6,000

annually to deserving students from the state of Michigan. Other notable association awards include Honorary Membership, The Jim Crowley Award, Assistant Coach of the Year Awards, Regional Coach of the Year Awards, and the State Coach of the Year Awards.

Your association is serviced by 32 Regional Directors and various committee chairs who voluntarily give their time and effort to make your association and high school football in the state of Michigan the best. If you or any of your staff are not currently members, join now. I also urge you to become involved and help us to continue to move onward and upward.

Yours in Football,

Tom Mosimer, President
MHSFCA



At the Spring Meeting of the MHSFCA Board of Directors a proposal was made that Regional Directors be given a special invitation to submit materials for the Newsletter. That proposal received widespread support by the Directors present and has been put into effect in this Newsletter.

Thanks to Jack Crabtree, Region 3 (Saline) for his drill, *The Queen Six*, to Ralph Munger, Region 11 (Frankenmuth), for his tips on, *The 3*

Step Drop, *Basics of the Quick Passing Game*, and to Bob Kefgen, Region 7 (Bloomfield Hills Lahser), for his article describing a unique Lahser "community services" project.

Next Deadline for Submissions
for October Newsletter
— September 15 —

Larry Merx
39 West Judd Rd.
Milan, MI 48160
Phone (313) 439-3184

2nd Annual MHSFCA Leadership Conference

By Chuck Salvano
Substance Abuse Committee Chair

The role of the student athlete today is becoming more complex than ever. Drug and alcohol usage and peer pressure are problems that must be dealt with every day in our schools. It is

is the most effective way we can help them deal with the problems in our society today.

In order to address this need the MHSFCA Board of Directors has de-

It is our hope that the leaders attending the workshop will implement their newly developed skills by conducting leadership workshops in their own schools and conferences.

important that our student athletes know what is expected of them. They need to know how to deal with the problems of others both on and off the playing field. Therefore being selected as a captain or a leader in any activity is no longer just a popularity contest or an empty honor. Student leaders are being asked to take a more active role in our schools. It is our job as coaches and teachers to provide them with guidance on how to assume these leadership roles in a positive way. Many of the problems that result from peer pressure happen during non-school hours. Captains and student leaders need to be educated on different situations that could arise and how to deal with them. Helping our student leaders develop coping skills

cided to offer a workshop to develop student leaders who will influence their peers to lead healthy responsible lives. The Leadership Workshop will be a two day program and will involve students, coaches, sponsors, and administrators. The leaders attending will receive instruction in alcohol/drug awareness, decision-making skills, communications skills, setting goals, coping with peer pressure, peer pressure reversal, and developing a positive self-image. Each subject will be addressed in large group and small group sessions.

The two day workshop was conceived by the Substance Abuse Committee in co-operation with the workshop staff of Mike Marek, Greg Harden, Tim Fagan and Al Dicken.



It is our hope that the leaders attending the workshop will implement their newly developed skills by conducting leadership workshops in their own schools and conferences. The MHSFCA feels our future lies in the hands of our youth, and the more positive experiences we can contribute to their lives, the more positive and constructive all our futures will be.

The workshop will be held at: Michigan State University on Friday, August 2 and Saturday, August 3. The cost of the workshop will be \$55 for each coach and \$55 for each athlete. (For every 5 athletes from a school, one adult can attend free.) The workshop fee includes registration, room and board at MSU's Holden Hall, and All Star Game tickets.

Agenda & Registration Form In this Newsletter

Football Camps and the Michigan Athlete

Recently the MHSAA has received calls from concerned coaches and administrators about Michigan students' participation in out-of-state summer

tation 140 of the MHSAA Handbook indicates that it is not a violation for Michigan students to attend summer football camps as long as equipment is

Michigan Limitations to Summer Camp Participation —

A. Helmets may be issued if your local school policy allows.

B. No equipment other than shoes and helmets may be worn at summer football camps, no matter where they are held.

football camps. It appears that several camps, particularly in Wisconsin, have distributed brochures advertising full-contact camps where athletes are to wear helmets, shoulder pads, and in some cases the entire uniform.

Regulation II, Section 9, Interpret-

limited to football shoes, helmets and footballs. Such activity must be after school is out in the spring. We have always been concerned with school liability concerning the use of helmets in the summer, but at the present time it is not prohibited.

By Jerry Cvengros, MHSAA

We conferred with the Wisconsin Interscholastic Athletic Association about their regulations concerning summer football camps and they indicated that students may attend any camp but schools may not issue equipment to students outside the defined season, including helmets. Apparently some camps have been renting helmets and other protective equipment to campers for an additional fee.

Michigan coaches and administrators should examine literature from all summer camps and advise all students about the Michigan limitations.

1990 MHSFCA Scholarship Awards

*By Ernie Hoffman
Scholarship Chair*

The Michigan High School Football Coaches Association is proud to announce the following recipients of MHSFCA Scholarships for 1990:

Steven Batkoski	Saginaw
Micah Burch	St. Joseph
Jane Capling	Harbor Beach
Lora Liedel	Dundee
John Meganck	Marine City
Jeffrey Rayce	Monroe
Tom Rohdy	Roscommon
Stacy Turner	Houghton Lake
Robert Stephenson	Williamston
Corey Voss	Wixom

The recipients will receive their plaques and \$500 check during half-time of the 1991 All Star Game, August 3.

The 25 candidates for this years awards produced some impressive credentials: They averaged a 3.7 grade point. They ranked 6th, on average, in their graduating class. They scored an average 24 on the ACT.

The MHSFCA thanks each of the 25 candidates for their applications and appreciates the level of achievement they have accomplished.

Coaching Safety in 1991

The following article and information was received from Jerry Cvenegros of the MHSAA. It will be read at all 1991 MHSAA Football Rules Meetings.

In 1990, for the first time since 1931, there were no direct fatalities nationally in the sport of interscholastic football. The classification, direct, comprises player death determined to have stemmed entirely from a traumatic football injury. There were three indirect player deaths, however. These were deaths attributed either to a non-traumatic ailment acquired by, or aggravated by, participation in the football program or to the complications of a non-fatal type injury. There was a slight improvement in the area of catastrophic injuries during 1990.

Although football coaches can be proud in the statistical evidence demonstrating improvement, we know that we cannot relax in our efforts to make the game as safe as possible.

Last spring the National Federation of State High School Associations held a national catastrophic injury consensus meeting in Kansas City. Attendance included doctors, trainers, insurance representatives, association officers, coaches and students. Among the many recommendations that were presented by the committee were the following, that are important to all coaches:

1. Coaches should re-emphasize the sound, educational principals of interscholastic sports, particularly sportsmanship, to enhance the safety of the student athlete.
 2. Coaches should conduct pre-season and in-season safety clinics for players.
 3. Coaches should include sessions on sports first aid.
 4. Coaches should enforce existing rules and support officials calling infractions as they are written in the rules.
 5. Officials must stress responsibility for the safety of participants and strict enforcement of the rules.
 6. Coaches and officials must be aware of the high-risk areas in all football games; the areas of kick-offs, punts, and open-field collisions.
- Coaches and officials have key roles in making the game as safe as possible. We are proud of the integrity of our coaches and officials and the record of safety for Michigan athletes, but is necessary for continuing vigilance in our pursuit to keep the game as free from serious injury as possible.

From Jack Johnson MHSCA

Please accept the apologies of the MHSCA for any confusion and delay during the last few months. You may have received your membership card late, or not at all for 1990-91. We know that you have not received a newsletter and have gotten very little communication from the MHSCA.

Our newsletter editor had a very serious illness in the family, he retired and moved to North Carolina. This past April our Executive Director, Dick Snyder, passed away. On top of this, Bob James moved to Ludington increasing the distance for communications between Dick and Joe.

We are trying to put things together and get the MHSCA going again. We're planning to have a newsletter out as near to March 1 as possible. We are also trying to put the mailing list together as best we can from what records we have available.

A new system for issuing member-

ship cards to joint members has been initiated. Joint members will now receive their cards at the same time they join their sport's association. Others will receive their cards as before. We hope to work closely with the sport associations' representatives to maintain an up-to-date mailing list for newsletters and other communications.

Please bear with us. If you are missing a card and need one contact:

Jack Johnson
35445 Hathaway
Livonia, MI 48150
(313) 422-3569.

1991 MHSFCA Hall Of Fame Inductees



The "Mother of All Banquets"

9th MHSFCA Hall of Fame Induction Ceremony

*By Tom Fagan, Past President
Hall of Fame Chair*

The ninth annual Hall of Fame Banquet was a huge success and thoroughly enjoyed by the 600 well wishers and the 27 new inductees who attended.

Gary Moeller, Head Football Coach who has started a new era in Michigan Football introduced the keynote speaker, Jerry Hanlon, considered one of the premier offensive line coaches in the nation. Jerry proved that he is one of the premier banquet speakers in the nation as well. Everyone in attendance had to be impressed with his coaching philosophy, enthusiasm and love for the game of football. Jerry's tribute to the inductees helped to make it a very special day for the inductees. Thanks Jerry!

Another highlight which concluded the banquet was the taking of individual, color pictures of each inductee with Jerry Hanlon and Gary Moeller. As one inductee mentioned it was a night, "He would always remember—one of the great thrills of my football coaching career."

Plans are underway for next year's banquet, which will feature the induction of our original Board of Directors and a reunion of all previous Hall of Famers. What a great way to celebrate our Hall of Fame Banquet's Tenth Anniversary.

Many thanks to all the members of the association who contributed their time and talents to recognize Michigan's finest, the high school coaches of Michigan. Your contributions make this a great organization.

1991 Inductees

Allen J. Baumgart

33 years coaching: 2 years Salesian High School; 11 years St. Clement High School; 5 years DeLaSalle Collegiate High School; 5 years Notre Dame High School; 3 years Chippewa Valley High School. Record: 137 wins, 101 losses, 2 ties. 1960, 1968 and 1976 Catholic League Football Coach of the Year. 1976 MHSFCA Regional Coach of the Year. 1968 Macomb County Coach of the Year. MHSFCA Hall of Fame Induction, 1989. Catholic League Hall of Fame, 1980. Presently coaching at Algonquin Junior High School.

Paul C. Bergan

24 years coaching: Bishop Lynch High School, Texas; United Township High School, Illinois; 13 years Benton Harbor High School; Eau Claire High School. Record: 123 wins, 79 losses. MHSFCA Regional Coach of the Year 1972. MHSFCA All Star Game Coach, 1988. Presently: retired from coaching 1989.



Michigan High School Football Coaches Association 1991 Hall of Fame Inductees

Ralph Bradley

33 years coaching: 12 years Muskegon County Central High School, Traverse City High School, Beach Junior High School. Record: 104 wins, 66 losses, 8 ties. Twenty Year Plaque as MHSAA athletic official. Presently coaching at Traverse City High School.

Jack Carroll

27 years of coaching: Detroit Servite High School. Record: 106 wins, 79 losses, 7 ties. 1978 Catholic League Hall of Fame. 1982 Catholic League Man of the Year. Presently: retired, 1982.

Daniel Dalsando

22 years coaching: Detroit Cooley High School, Detroit St. Francis DeSales High School, Hamtramck St. Ladislaus High School, 12 years Nativity High School, St. Phillip High School, Detroit Benedictine High School. Record: 81 wins, 49 losses, 7 ties. Detroit Times Catholic League Coach of the Year, 1956. Catholic High School Coaches Hall of Fame. MHSFCA Hall of Fame. Deceased.

Gino D'Ambrosio

20 years coaching: Detroit Northeastern High School, Detroit Redford High School, Hamtramck St. Ladislaus High School, 12 years Detroit Nativity High School, Detroit St. Philip High School. Record: 75 wins, 49 losses, 8 ties. Detroit Times Catholic League Coach of the Year, 1956. Catholic High School Coaches Hall of Fame. Presently: retired from coaching 1968.

Michael D'Angelo

25 years coaching: 6 years Detroit Servite High School, 10 years St. Claire Shores Lake Shore High School, Berkley High School. Record: 139 wins, 72 losses, 1 tie. Many coaching awards. Presently: retired, 1988.

Jerry Delling

28 years coaching: Colon High School, 2 years Lainesburg High School, 25 years Mancelona High School. Record: 130 wins, 90 losses, 7 ties. MHSFCA All Star Game Coach, 1988. Presently: retired, 1988.

Donald Foreman

26 years coaching: Barryton High School, 12 years Chippewa Hills High School. Record: 104 wins, 91 losses. Several newspaper Coach of the Year awards. Presently: coaching at Ferris State University.

Bob Goralczyk

27 years coaching: Taft High School, Ferndale High School. Record: 143 wins, 61 losses, 3 ties. 1972 Class A State Champion, Detroit News and Detroit Free Press. 1962 JV - E.M.L. Champion Coach of the Year. 1980 Ferndale High School HF. Presently: retired 1978.

Ed Heikkinen

18 years coaching: 9 years Pontiac Central High School; 5 years Pontiac Northern High School; New Trier High School, Illinois; 4 years Bessemer High School; Woodbridge High School, England. Record: 168 wins, 89 losses. 1959 Pontiac Press - Oakland County Outstanding Coach Award. Presently: retired 1988.

Michael Megregian

18 years coaching: Salina Junior High School, 13 years Fordson High School. Record: 102 wins, 38 losses, 5 ties. Presently: retired, 1964.

Don A. Riehl

30 years coaching: Redford Thurston High School, 8 years South Redford Schools, Livonia Schools. Record: 141 wins, 93 losses, 4 ties. Presently: coaching at Pierce Middle School

Thomas E. Rinna

32 years coaching: Melvindale High School. Record: 184 wins, 98 losses, 2 ties. 1977 Mellus News-Herald Assistant Coach of the Year. 1979, 1986 Tri River League Coach of the Year. 1986 MHSFCA Regional Coach of the Year. 1987 Scholastic Coaching Award.

Richard W. Ryan

25 years coaching: Adams Junior High School, 16 years Dearborn High School. Record: 110 wins, 88 losses. Presently: coaching part time at Henry Ford Community College.

Tom Saylor

25 years coaching: Hudson High School, Angola High School, Indiana. Record 174 wins, 54 losses, 1 tie. Recipient of many awards including longest winning streak in the U.S., 72 straight. Presently: assistant varsity coach at Angola High School.

Chuck Thompson

21 years coaching: East Grand Rapids High School. Record: 162 wins, 30 losses, 3 ties. 1974, 1976, 1983 State Champions. Presently: coaching at East Grand Rapids.

Roger "Bud" Tompkins

30 years of coaching. 21 years at Frankenmuth High School, Coldwater High School, Traverse City Central High School. Record: 88 wins, 37 losses as head varsity coach. 1969 Detroit News Coach of the Year. 1974 MHSFCA Regional Coach of the Year. Presently: Coaching at Traverse City Central.

Richard D. Ulrich

24 years of coaching. Royal Oak Kimball High School, 13 years Rochester High School. Record: 127 wins, 74 losses, 3 ties. 1982 MHSFCA Coach of the Year. All State Board. Five time League Coach of the Year. Presently: Retired, 1984.

Jim VanParis

31 years coaching. Cheboygan High School, Buena Vista High School, Vermontville High School, Cement City High School, Kingston High School, 22 years at Reese High School. Record: 139 wins, 133 losses, 5 ties. 1976 and 1984 MHSFCA Regional Coach of the Year. 1985 Alma College Coaching Award. Presently: Coaching at Reese High School.

Garrett Veld

33 years coaching. Portage Central High School, Sturgis High School, Battle Creek High School, DeTour High School. Record: 143 wins, 104 losses, 6 ties. Presently: Retired, 1973.

Armand Vigna

32 years coaching. 22 years at Livonia Franklin High School, Cherry Hill High School, Ravenna High School. Record: 157 wins, 114 losses, 2 ties. 1975 and 1982 MHSFCA Regional Coach of the Year. Presently: Coaching at Livonia Franklin High School.

Duane D. Wagberg

24 years coaching. Iron River High School, Coleman High School, Manistee High School. Record: 119 wins, 86 losses, 8 ties. 1974 All State Board, Detroit Free Press. 1981 Area Coach of the Year. Presently: Retired, 1987.

Bob Wallace

27 years of coaching. Hemlock High School. Record: 134 wins, 47 losses, 2 ties. 1974, 1975, 1977 MHSFCA Coach of the Year. 9 league championships, including 5 undefeated seasons. Presently: Retired, 1985.

Donald Weichert

23 years coaching. Hazel Park High School, Fitzgerald High School, Fraser High School, L'Anse Creuse North High School. Record: 119 wins, 87 losses. 1969 and 1973 Macomb County Coach of the Year. 1969 Detroit Free Press and Detroit News Coach of the Year, 1973 MHSFCA Coach of the Year. Presently: Retired, 1980

Peter Woods

22 years of coaching. Port Huron Northern High School, Lake City High School. Record: 112 wins, 86 losses. 4 E.M.L. Junior Varsity Championships. Presently: Retired.



History of the MHSFCA Hall of Fame

The Michigan High School Football Coaches Association Hall of Fame opened officially on April 16, 1982. The Hall of Fame was soon to be re-located in the lobby of the University of Michigan's new football building.

The Hall of Fame became a reality because of the planning and effort of the committee headed by Ron Holland, Chuck Ritter and many MHSFCA past presidents.

program was initiated by past president, Dick Look. The Gold Brick with the school's name inscribed is placed on a large emblem representing the state of Michigan and displayed prominently on one wall of the Hall of Fame, Schools may become members and have their names placed on the emblem by sending a check

John Blackstock, Bud Breed, Dick Comar, Jerry Cvengros, Dave Driscoll, Elmer Engle, Ken Foust, Art Gillespie, Ron Holland, Rich Jeric, Wayne Melchiori, Ike Muhlenkamp, Jim Ooley, Fred Rademacher, Dutch Schroetenboer, Tom Seroczynski, Jeff Smith, Steve Sonoga and Jack VerDuin.

248 coaches have been inducted into the Hall of Fame.

The Induction Banquet is held in conjunction with the University of Michigan's Spring Football Clinic each year in April. Past Presidents Tom Fagan, Dick Look, Ike Muhlenkamp, Executive Director Don Lessner and the Hall of Fame Committee work diligently preparing for the banquet and obtaining outstanding speakers. Others, like Dick Kishpaugh, Chuck Ritter, and Jack Carlson help maintain current records and keep the Hall of Fame up to date.

The Michigan High School Football Coaches Association is very proud of the Hall of Fame as it was one of the primary purposes for establishing the Association.

Gold Brick

Financing for the Hall of Fame is accomplished through school memberships. In order to become a member of the Hall of Fame send a \$100 donation to:

Dr. Donald Lessner
Executive Director, MHSFCA
2903 Riverside, Trenton, MI 48183.

Your school will be listed as a member of the Hall of Fame and a "Gold Brick" will locate the school name and mascot on the MHSFCA display at the Hall of Fame in Ann Arbor. Visit the Hall of Fame at the football practice facility at The University of Michigan.

to: Dr.

Donald Lessner,
Executive Director,
MHSFCA, 2903 Riverside, Trenton,
MI 48183.

The Hall of Fame was established and is maintained by Gold Brick contributions of \$100 or more from each member school. This

The first inductees to the Hall of Fame were the original Board or Directors of the MHSFCA. They were: Roy Allen, Paul Baldwin, Jim Bates,

The following article is reprinted from the Alpena News of April 1, 1991

Hillman's Wojda chosen new Detroit Lions coach

PONTIAC — In an announcement that stunned the football world, the Detroit Lions fired head coach Wayne Fontes Monday and replaced him with a high school legend from Michigan.

Mike Wojda, athletic director and football coach of Hillman High School, was chosen as Fontes' replacement. The announcement came at a hastily-called press conference at the Pontiac Silverdome.

"I'm thrilled and ecstatic," said Wojda, who showed up at the press conference with a Green Bay Packers hat before replacing it with a new Lions cap. "From the top of the North Star League to winning the Super Bowl, that's my goal."

Wojda coached Hillman to a Class D football playoff berth last season, and a North Star League title. A former baseball standout at Hope College in Holland, Wojda hopes to bring a plethora of northeast Michigan's finest prep coaches to assist him.

Wojda refused to confirm any names, but among those rumored to be in line for jobs include Alcona's Bob Petrovich, Rogers City's Bob Brietzke, Posen's Jerry Smigelski, Atlanta's Rod Marlatt and Alpena's Tom Atkinson and Ron Kraft.

When reached by phone, Atkinson denied he was leaving the Wildcats to coach the Lions.

"Actually, they considered me first for the job, but I turned them down," Atkinson said. "It would be hard for me to leave. Besides, somebody has to push Alpena players to make the Alpena News All Area football team. If I left, nobody from this school would make it."

Fontes was shaken by the news, but showed grace under pressure at the news conference.

"Hey, Mike's a legend in Hillman, and he'll be a legend in Motown," Fontes explained. "I mean, North Star Champs? I had to step down and give this guy a shot."

Wojda said one of his first tasks would be to

improve media relations between his new team and papers in the state.

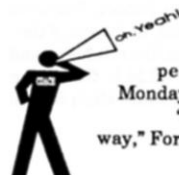
"Just look at this story. It's at the bottom of the page," Wojda said.

The new coach said he wasn't sure if he'd keep the run-and-shoot offense or start from scratch.

"Well, that Sanders guy is an okay runner, and Peete Ware can play pretty good, too," he said. "We'll have to incorporate a system that controls the ball a little bit better, so I can go up in the stands and enjoy the popcorn with my wife and kids."

Lions owner, William Clay Ford, said the announcement just happened to coincide with Monday's date — April 1.

"It's no April Fools Joke. No way," Ford said.





The Michigan High School Football Coaches Association

Wishes to thank the following patrons for their support of the 1990 All Star Football Game. Their ticket purchases played an important part in the financing of the game, and thus our ability to make it possible.

Thank You!

Adams, Wayne	\$20	Davis, Gayle	\$40	Jones, Ronald	\$15	Niebrzydowski, Pam	\$30	Smith, Tom C.	\$20
Ahern, Jim	\$20	Delling, Gerald	\$20	Kavanaugh, Dr. William ..	\$20	Nofzinger, Barry	\$20	Soisson, Richard ..	\$20
Allen, Ron	\$120	Delling, Gerry	\$20	Keefer, Charles	\$20	Northrup, Nels	\$20	Spencer, Kevin	\$20
Almont Schools	\$20	Demeuse, Donald	\$28	Keener, George	\$10	Olsen, Cory	\$30	Spicer, Steve	\$20
Apap, Chuck	\$40	Dempsey, Keith	\$20	Kefgen, Robert	\$100	Olson, Milton	\$15	Stafford, Ernest	\$20
Apisa, Bill	\$20	Dilts, Bob	\$10	Kellepourey, Tab	\$20	Ooolley, Jim	\$20	Stepansky, Ed	\$40
Arlt, Roy	\$15	Dings, Glenn	\$20	Kender, Kathy	\$145	Orr, Don	\$25	Stephens, William ..	\$20
Atkinson, Robert	\$35	Dobbertstein, Thomas	\$20	Kennedy, Lance	\$10	Osbourne, John	\$20	Stergalas, Jeff	\$20
Atkinson, Thomas	\$20	Dollaway, Steven	\$20	Kjohede, Ted	\$20	Osterland, Herb	\$20	Storch, Debra	\$15
Atwood, Timothy	\$20	Dowd, Robert	\$20	Klein, Tim	\$20	Pack, Ben	\$20	Streiter, Tracey	\$10
Austin, Joseph	\$20	Drafe, Rae	\$20	Kloote, Tom	\$15	Padden, Chuck	\$20	Sullivan, Robert	\$20
Barnes, Dennis	\$20	Driscoll, Dave	\$20	Knall, Gerald	\$20	Pagel, Paul	\$20	Sumbera, Frank	\$20
Barns, Wilson	\$20	Driscoll, David	\$20	Knight, Robert	\$20	Panici, David	\$20	Sutter, Robert	\$20
Barr, Ray	\$20	Dudzinski, James	\$20	Koester, Michael	\$5	Parker, Dennis	\$10	Sutton, James	\$20
Barrett, David	\$20	Dukes, John	\$20	Kopec, Greg	\$20	Parsell, Sturat	\$20	Swichan, Gregory	\$20
Barrett, Garty	\$20	Dunlap, Gary	\$30	Kozikowski, Terry	\$20	Patzner, Dennis	\$20	Swanson, Mark	\$20
Bartels, Sue	\$15	Eckinger, Kerry	\$20	Kramer, Jack	\$20	Pearce, Larry	\$90	Swissler, Dr. Chester ..	\$25
Bates, James	\$20	Ellis, Robin	\$20	Krzmarich, John	\$10	Pelc, John	\$20	Talley, Sarah	\$50
Beck, Don	\$20	Elmquist, Charles	\$15	Kunze, Jack	\$20	Peltier, Dave	\$20	Tansil, Pam	\$50
Beckwith, Richard	\$10	Eltringham, Ron	\$20	LaBeau, Tom	\$20	Pettyplace, Al	\$8	Tansil, Pam	\$75
Beechnau, Dr. D.H.	\$20	Engel, Elmer	\$20	LaFramboise, Tom	\$30	Phillips, E. Dallas	\$20	Taylor, David	\$20
Bell, Edward	\$50	Erdmann, Richard	\$10	Laird, James	\$20	Pierce, Harley	\$20	Thelen, Charles	\$30
Bellas, Ed	\$20	Ermiger, Phil	\$20	Lakewood HS	\$20	Plotter, Jack	\$40	Thoen, Ken	\$20
Belt, Helen	\$10	Eufinger, Joe	\$20	Langs, Kevin	\$20	Pochert, Keith	\$20	Tiefenbach, Douglas ..	\$30
Bendix, Bruce	\$30	Fairly, Jack	\$20	Lantry, Linda	\$15	Pratt, Jack	\$25	Tissot, Jay	\$20
Benefield, James	\$20	Feenstra, David	\$20	Lantry, Bob	\$25	Preston, Sandra	\$30	Troy School District ..	\$100
Benham, David	\$20	Fegan, Kathleen	\$10	LaPointe, Robert	\$20	Prout, Sandy	\$30	Ulrich, Richard	\$20
Bentley, Daren	\$10	Filipiak, George	\$20	Ledlow, Larry	\$20	Prout, William	\$20	University of Michigan ..	\$20
Berry Patch Charters	\$20	Fischer, David	\$30	Legeret, Peggy	\$15	Prucka, Dail	\$20	VanParis, Jim	\$20
Berry, Timothy	\$8	Fodor, Richard	\$20	Livedoti, Dominic	\$20	Quick, Al	\$20	Vogna, Armand	\$20
Bess, Douglas	\$20	Foster, Hilt	\$20	Lord, Luwanna	\$30	Rambo, Dr. Joseph	\$40	Wagner, Mike	\$45
Birmingham Groves HS ..	\$20	Fracassa, Albert	\$20	Lutey, Chris	\$35	Reardon, Jack	\$20	Wainright, George	\$20
Black, Robert	\$20	Freeman, Ward	\$30	Lynch, Will	\$20	Reeves, Dorian	\$25	Walker, Dr. Wallace	\$20
Blackstock, John	\$20	Fugate, Dr. Edward	\$20	MacDougal, James	\$20	Regnier, William	\$25	Walker, John	\$25
Boccia, Michael	\$20	Gabel, John	\$20	Madden, Tim	\$30	Rehberg, Dennis	\$20	Walker, Shirley	\$40
Bogi, Paul	\$15	Garko, Carol	\$20	Malek, Joseph	\$36	Rentschler, Robert	\$20	Wallace, Jack	\$20
Bone, Forest	\$20	Gauntlett, John	\$20	Manning, Ted	\$20	Rheumatology, P.C.	\$20	Walter, Paul	\$20
Borkowski, Robert	\$20	Gibbs, Herb	\$20	March, Claude	\$15	Rice, Ronald	\$30	Ward, James	\$20
Boyd, Mike	\$20	Givins, Chris	\$20	Marrs, William	\$30	Richard, Robert	\$15	Warren E. Side Football Camp	\$20
Boydston, Alan	\$20	Glupker, Howard	\$20	Marsack, Richard	\$20	Ripley, Christie	\$65	Watkins, James	\$20
Braun, Walt	\$20	GogebicCounty CU	\$20	Martin, Allen	\$20	Ritter, Charles	\$20	Wauben, Tim	\$20
Brogan, Herb	\$20	Gorske, Chris	\$10	Martin, James	\$20	Ritzema, Norman	\$15	Webb, James	\$20
Brown, Charles	\$20	Gowell, Roger	\$20	Mason, Willard	\$20	Robinson, Larry	\$20	Weber, Charles	\$85
Brown, William	\$75	Grady, Garry	\$20	McClendon, Keith	\$20	Rockwell, Cheryl	\$10	Wells, Richard	\$20
Brynes, Kevin	\$20	Gray, Cathie	\$25	McDaniel, Brian	\$20	Romano, Al	\$40	Welzein, Robert	\$20
Buchanan, Donald	\$20	Gray, Cathie	\$25	McDonald, William	\$20	Root, Donald	\$20	Werner, Paul	\$10
Buford, Frank	\$20	Griswold, Garth	\$20	McGhee, Jerold	\$20	Ryan, Richard	\$20	Westland John Glenn HS ..	\$20
Bush, Richard	\$20	Groh, Joe	\$20	McGuiness, Dick	\$50	Rynberg, Ray	\$20	Weston, James	\$20
Bye, Richard	\$20	Haas, Terry	\$20	McGonigal, Leland	\$20	Sawicki, David	\$20	Whitney, Michael	\$20
Campbell, Daniel	\$20	Haggart, Douglas	\$20	McNeal, Alfons	\$20	Schanski, David	\$20	Whittemore-Prescott HS ..	\$20
Carducci, Ralph	\$20	Hammoud, Norman	\$25	McNish's Sporting Goods ..	\$20	Schantz, David	\$25	Williams, J. Elaine	\$10
Carey, Don	\$20	Harris, Mike	\$15	Mensing, Charles	\$25	Scharffe, William	\$20	Wilson, John	\$20
Carlson, Jack	\$20	Harrison, Lois	\$25	Merx, Larry	\$25	Scheloske, Robert	\$20	Winzer, Charles	\$20
Carson, Doug	\$25	Harvey, Ed	\$20	Mettlach, Richard	\$68	Schindler, Dr. Robert	\$20	Wishart, Wes	\$20
Chatterson, Lisa	\$30	Hea, Roxanne	\$25	Miller, Tod	\$20	Schleicher, Stephen	\$20	Witkowski, John	\$20
Cisco, Marc	\$20	Hepinstall, Jack	\$20	Miodowski, R.S.	\$25	Scheif, Gary	\$20	Wojda, Michael	\$20
Cisler, Manti	\$10	Herrington, John	\$20	Mitchell, Jack	\$25	Schuele, David	\$20	Woodcock, Dave	\$30
Clawson, Jim	\$20	Hill, Doyle	\$20	Moats, Richard	\$20	Schugars, Jack	\$20	Wyman, Robert	\$20
Colbeck, William	\$20	Hilliari, Dallas	\$20	Montico, Giovanni	\$65	Schultz, James	\$20	Wyniemo, Walter	\$20
Coleman, Dennis	\$60	Hofer, Ken	\$20	Montoye, Richard	\$25	Scott, Jason	\$25	Wynne, Jo Anna	\$5
Coleman, Millard	\$25	Hoffman, Ernie	\$20	Moore, Columbus	\$20	Sebastian, Rick	\$25	Yakel, Thomas	\$20
Coll, Pete	\$20	Hoffman, Neil	\$20	Moore, Richard	\$20	Seckinger, John	\$20	Yankowski, William	\$30
Collard, Neil	\$20	Hollon, Charles	\$20	Morris, Mary	\$50	Semelsberger, Ken	\$20	Yauck, Robert	\$20
Collins, A.J.	\$10	Holmblad, Loretta	\$5	Moshimer, Thomas	\$20	Shooshanian, Mark	\$20	Zimmerman, Robert	\$20
Covert, Mark	\$20	Horten, Marc	\$15	Moss, Pete	\$20	Sieszputowski, Pat	\$20	Zimot, Dr. Charles	\$20
Cowen, Robert	\$30	Iott, John	\$125	Muhlenkamp, Ivan	\$20	Siwajek, Roger	\$20	Zwissler, Dr. Chester ..	\$25
Crabtree, Jack	\$45	Iott, John	\$50	Munroe, Jeff	\$20	Skillman, Mel	\$20	Zykowski, Alex	\$20
Craasweller, Milton	\$20	Jenkins, Cornelius	\$10	Muntz, Janet	\$15	Slamer, Al	\$20		
Cronin, Carol May	\$50	Jennings, Doug	\$20	Muscat, Arnold	\$20	Smeznik, Don	\$20		
Cuthrell, Al	\$20	Johnson, Cheryl	\$20	Myez, Ronald	\$20	Smith, Hank	\$20		
D'Angelo, Joe	\$20	Johnson, Dawn	\$40	Nastally, Marie	\$25	Smith, Susan	\$30		
Davis, Duke	\$15	Johnson, Dianne	\$55	Neuman, John	\$20	Smith, Thomas G.	\$20		

3 Step Drop

Basics of the Quick Passing Game

By Ralph Munger
Frankenmuth High School

As our quarterback comes out from under the center he will push off with his left foot, reaching back with his right foot, gaining depth away from the line of scrimmage. He will open in this manner regardless of his intent to pass the football to his right or to his left. As he gains depth, the ball should be working to the pre-passing position with the quarterback's elbows in tight to his body. He should also begin to turn his shoulders away from the line of scrimmage, keeping his eyes down field and in his opponent's secondary.

His second step is a cross-over step with his left foot. This step will also leave him with his shoulders in a position where they are almost completely turned away from the line of scrimmage. It is important that he keep his chin on or near his shoulder so that his vision remains focused down-field and on his opponent's coverage.

The third step is a cheat step in the direction of the pass to be executed. Once that step is taken our quarterback will work to stand tall into a balanced pre-pass position which will allow for his to step and throw over his front foot. One additional note to observe is that when our quarterback elects to pass the football to the left he will need to include a pivot step in the direction of his throw, still working to stand tall as he delivers the pass, following through once again over his front toe.

Four fundamentals to stress in regard to the three step drop include:

1. Push off.
2. Cross over.
3. Eyes down field.
4. Cheat step.

The three step drop is designed to provide for a quick release of the football to receivers who are running routes which time-up with the drop of our quarterback. Therefore, in an effort to obtain maximum efficiency, there cannot be any hitch steps or delays involved in the movement.

1 - 2 - 3

Cut it loose and move those chains.

Helpful tips when coming out from under center:

1. "Z" the knees and have weight come to the front of our quarterback's feet. If he has difficulty with this, have him pigeon toe himself, or possibly stand knock-kneed. This should help him feel the weight come to the front of his feet.. This will also prevent false steps.

2. Give with the hands and go with the feet.

3. As the ball is centered it must be protected by having our quarterback bring his elbows to his ribs, and have the football work toward the body to a pre-pass position. (Third-hand)

Standing Committees of the MHSFCA

Academic All State
Chuck Apap (Chair)
Bob Kefgen
Ernie Hoffman
Bob Petrovich

All Star
Larry Rueger (Chair)
Don Lessner
Keith Froelich
Larry Merx
Mike Wojda
Loren Willey
Bob Dozier
Steve Spicer
Bob Scheloske

Assistant Coach of the Year
Dick McGinnes (Chair)
Bill Tucker
John Blankenship
Bill Hollenbeck
Tom LaFramboise

Clinic
Dick Fodor (Chair)
Jack Schugars (Exhibitors)
John Blankenship
Al Slammer
Frank Altimore
Bob Dozier
Jack Kramer
James De Horn
Ralph Munger
Wes Wishart
Jim Eurick

Crowley Memorial Award
Larry Sellars (Chair)
Dick McGinnes
Bob Petrovich
Woody Thomas

Ethics
Mark Covert (Chair)
All Past Presidents

Finance
Bill Tucker (Chair)
Ernie Hoffman
Pete Coll
Steve Spicer

Hall of Fame
Tom Fagan (Chair)
Harley Pierce
Chuck Ritter
Dick Look
Bob Dozier
Curt Evans
Jack Carlson

Historian
Jack Carlson (Chair)
Dick Koski
Keith Froelich
Harley Pierce

Honorary Membership
Bob Scheloske (Chair)
Tom LaFramboise
Woody Thomas
Bob Petrovich

Membership
Jim Clawson (Chair)
Mike Wojda
Bill Hollenbeck
Curt Evans
Jack Crabtree

Newsletter
Jack Merx (Chair)
Jack Kramer
Jack Crabtree
Jack Schugars

Placement
Bruce Bendix (Chair)
Jim Eurick
Rick Baughman
Dick Koski

Political Action
Dave Woodcock (Chair)
Woody Thomas
Bob Kefgen
Glenn Kelly

Public Relations
John Herrington (Chair)
Jim Eurick
Jack Carlson
Ron Warner
Glenn Kelly

Rules
Dennis Zbozen (Chair)
Pete Coll
Dick Koski
James DeHorn

Scholarship
Ernie Hoffman (Chair)
Chuck Apap
Woody Thomas
Dave Woodcock

Substance Abuse
Chuck Salvano (Chair)
Loren Willey
Ron Warner
Glenn Kelly
Ralph Munger
Jack Crabtree
Eric Haglund

Past Presidents Advisory Board
All Past Presidents



Graduation Requirement Spurs Uniquely Gratifying, Revealing Experience

By Bob Kefgen
Bloomfield Hills Lahser

Are you looking for a way to develop team unity, leadership and cooperation? Are you looking to enhance the image of your football program to your community, your parents and your teaching peers? Here is one way to do all of these things.

On February 16, 1991, our football captain, Craig Raisanen, and seventeen other Lahser students with five adult chaperones left Bloomfield Hills to spend their mid-winter break in Sumter, South Carolina to work on a "Community Service" project with Habitat for Humanity. This project consisted of helping to build homes for the needy.

Habitat for Humanity is a non-profit, non-denominational group that provides housing for the disadvantaged. Ours was the first group of high school students that Habitat had accepted into their program, because of the students work, energy and enthusiasm, they were invited to return, "anytime."

The group chose to work in Sumter because Sumter had a definite need for volunteers after being devastated by Hurricane Hugo. They also chose Sumter because of the warmer climate for outdoor work at that time of year.

Our group of 18 students and sponsors returned to Bloomfield Hills after a week of hard work feeling good about themselves. Many had taken on jobs in which they had little experience, i.e. block laying, digging footings, building trusses, etc. and found a real sense of accomplishment in performing the

task. Leadership and group cooperation developed naturally and the group's experience bonded them together. Participants in the group can often be seen socializing around the school building today.

Needless to say, the local papers and the adult community have praised the group highly for their humanitarian efforts. The kids said it was "fun and rewarding," and that they would like to do it again.

As a result of the team captain's enthusiasm and our school district's requirement of 40 hours of community service before graduation, the Lahser varsity football team (about 50 players) is making plans to return to South Carolina the third week of June, to help Habitat continue their good works.

In addition to the personal satisfaction that comes from helping others in need, we believe we will develop

team unity, leadership and cooperation that will extend well beyond the football season. I'm sure the players will see their head coach in a new light and that I will discover leadership and other positive qualities in some unexpected places. It's going to be an interesting experience in human dynamics... Think of the community support you could get for your next fund-raiser or school millage, especially if you were to do the project right within your own community.

In the same vein as our project at Lahser, the MHSFCA makes it mandatory that our All Star teams visit convalescent facilities during their week of camp. The purpose is to show the "gifted" that it can be rewarding to help and appreciate the less fortunate. Suppose... every football team in Michigan took on a community service project. Then, suppose other sports took up the challenge and copied the football teams (like they usually do). Maybe high school football can make a significant contribution to the welfare of others, while strengthening its own position and self image.

Special thanks to Dr. Robert Docking, who made 40 hours of community service a graduation requirement in Bloomfield Hills and to Beth Gibbs who coordinates the program.

All Star Highlight Video

Film will feature highlights from All Star Game itself, and include all star camp, and awards banquet.

To make your reservations contact:

Rocky Jacobs
Home Town Video
2058 Wilson Drive
Erie, MI 48133
(313) 848-8115

All Star Game Ticket Requests

Send your request for All Star Tickets to:

Jim Clawson, 24490 Crescent, Woodhaven, MI 48183

Number of Tickets _____

At \$5.00 each _____

Total Enclosed _____

**Saturday
August 3, 1991
at MSU's
Spartan Stadium**

*Include a self-addressed, stamped envelope.
Make checks payable to M.H.S.F.C.A.*

The Saline Hornets' "Queen Six"

A Warm-Up Drill Used after Form Running and Flexibility Drills

By Jack Crabtree, Saline High School

When Used

- At varsity Football Camp, it is used once per day.
- Pre-season, it is used once per day - when all teams are together.
- During the season, it is used once per week.

Purpose

- Players work on agility, reaction, feet and *most important*, all levels of our program are working together, with *senior leadership* present in each group.

Groups

- Six, equally divided groups with equal numbers of 9th, 10th, 11th and 12th grade players.

Stations

- Six (see Diagram A)
- Ten seconds travel time is given between each station. Stations are approximately 10 - 15 yards apart (if they arrive early, they may rest).
- Once at the station, they may rest when not involved in the drill. However, when they are doing the drill, 100% effort is expected.

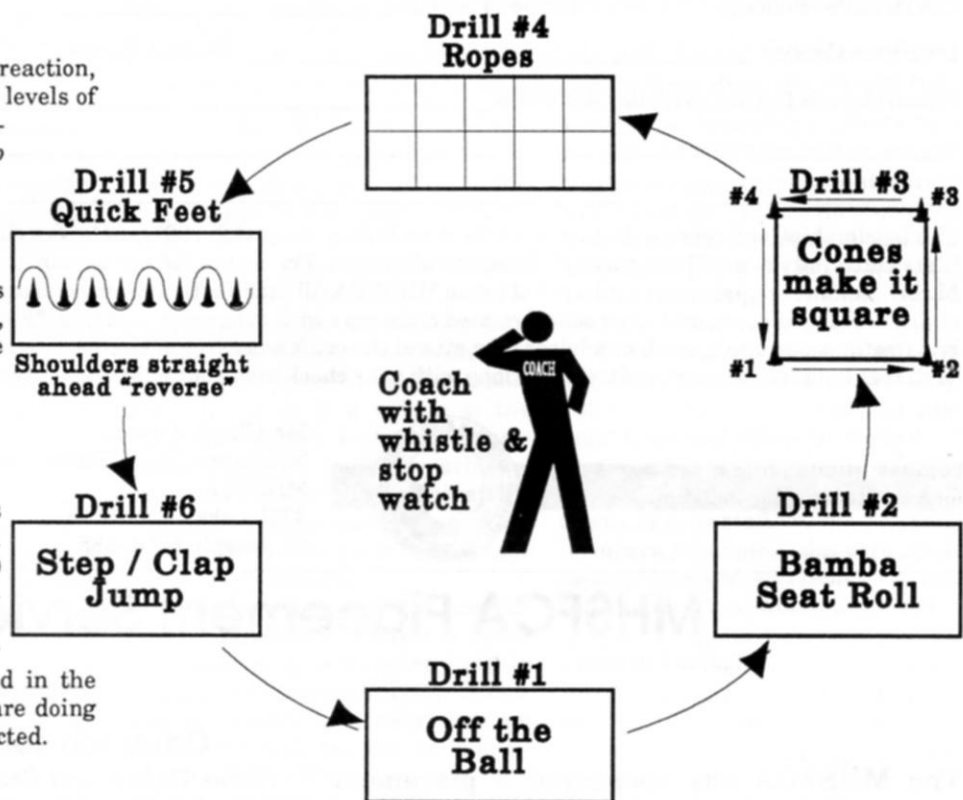
Drills

- We use the following drills, however, you may choose other drills.
- Drill #1 - Off the Ball. Use either a defensive stance and move on the movement of the ball, or an offensive stance and come off the ball on your cadence.
- Drill #2 - Seat Roll Drill (Which we call the Bamba Drill). Four in a line.
- Drill #3 - Four Cone Drill. On all fours to the second cone, shuffle to the third cone, run backwards to the 4th cone and sprint back to the first cone.
- Drill #4 - Rope Drills. High knees,

every hole, every other hole, shuffle, cross-over, etc. *At camp we modify this drill by jumping rope.

- Drill #5 - Quick Feet. Have about 8 - 10 cones set up, about 1/2 foot apart. Have each player take very short, quick steps through the cones. They should try to hit their feet on the ground as

short jab steps with the left foot and on each jab will clap their hands and say "hit," three times ("Hit, hit, hit"). *It starts out bad, but gets better... fun! End their period with the entire group going together. NOTE: Coach varies the tempo of his command, so they can work on cadence.



Time

- Takes approximately 15 minutes, which may vary depending on your numbers.

Modification

- At varsity camp, we use 3 coaches who each handle two drills. Therefore, each group will make two stops with each coach.

Michigan High School Football Coaches Association
Leadership Conference Registration

Michigan State University • Holden Hall
 Friday & Saturday August 2-3, 1991

Application Form

Name _____ High School _____
 Address _____ Principal's Name _____
 City _____ Zip _____ Telephone Number () _____
 Age _____ Birthdate _____ Parent's Name _____
 Circle: Male Female Grade in School _____
 Insurance Carrier _____ Medical Care # _____
 School clubs & Extra Curricular Activities _____

The Leadership Conference will start at 12 Noon on Friday, August 2, 1991, at Holden Hall on the campus of Michigan State University and will run through Saturday afternoon. The cost is \$55 per person, this includes room and board at M.S.U., seminar registration, and a ticket to the MHSFCA All Star Football Game on Saturday, August 3. Local service clubs, SADD Chapters, and other school related clubs may wish to sponsor students. *For every five registered student registrations one adult coach or advisor may attend the conference free of charge.

Mail this registration form or facsimile along with your check made out to MHSFCA to:



Mr. Chuck Salvano
 Substance Abuse Committee Chair
 MHSFCA
 3251 Lakeshore Drive
 St. Joseph, MI 49085

MHSFCA Placement Service

*By Bruce Bendix
 Placement Committee Chair*

The MHSFCA has sponsored a placement service for a decade. This service is open to all football coaches, free of charge. Bulletins are sent to those on our mailing list when the number of vacancies warrant.

If you would like to be added to the Placement Bulletin mailing list, send the form located on the inside back page of this newsletter to the address indicated.

This year, so few vacancy notices have been received that the first bulletin was not mailed until mid-March. If you know of any teaching and coaching openings, please use the second form on the inside back page of this newsletter so that we can include the information in the Bulletin.

Other job services include:

Texas High School Coaches Association, Inc., Jobs Bulletin. Judy Daniel, Secretary, P.O. Drawer 14627, 5300 N. IH35, Austin TX 78761-4627, (512) 454-6709. Issued April to June. \$5 fee.

5 - State Athletic Employment Bulletin (OH, MI, KY, IN, TN). P.O. Box 411, Archbold, OH 43502, (804) 330-3168. Fee: \$50 a year or \$30 for six months.

Midland Job Bulletin (12 Midwest and Rocky Mountain states). 301 7th St. NW Dept. CC, Sioux Center, IA 51250. Fee: \$50 a year or \$30 for six months.

Athletics Employment Weekly (Colleges and universities nationwide). P.O. Box 86 Warsaw, IL 62379. (217) 256-4214. Fee: \$65 a year or \$40 for six months.

Athletics Job Bulletin - Midwest (IL, IA, MO, WI). 829 Main, Carthage, IL 62321-1407. (217) 357-6640. Fee: \$50 a year or \$30 for six months.

From the M.H.S.F.C.A. Substance Abuse Committee

Would You Neglect a Weight Program?

Don't Neglect This Program

Athletes and drugs: What is the coach's role?

You Can Do Something about This Problem

As a coach, you can be successful because you have a special relationship with students and athletes. Most coaches underestimate the influence they have on the young men and women who play for them. As you know you are an authority figure to them. They look up to you because you occupy a leadership role at a very significant period in their lives.

High School _____ Coach _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ School Phone _____

Do you presently have a substance abuse program? _____ Yes _____ No. If you have a program would you please send a copy with this form. Please supply us with the name of one of your staff members who would be a substance abuse awareness representative for your school.

Coach _____

Home Phone _____

School Phone _____

RETURN TO:

Chuck Salvano
Lakeshore High School
5771 John Beers Rd.,
Stevensville, MI 49127

PLACEMENT BULLETIN JOBS AVAILABLE INFORMATION

Return to: Bruce Bendix
 Head Football Coach
 Comstock H.S.
 2107 N 26th Street
 Comstock, MI 49041

If you would like to receive the MHSFCA Placement Bulletin twice monthly from January-June 1988 please return the form below.

Name _____

Street Address _____

City _____ Zip _____ Phone _____

PLACEMENT BULLETIN VACANCY NOTIFICATION FORM

Return to:
 Bruce Bendix
 Head Football Coach
 Comstock H.S.
 2107 N 26th Street
 Comstock, MI 49041

If you have an opening on your staff please fill in the following form and return
 School Name _____

Street Address _____

City _____ Zip _____ Phone _____

Position(s) Available _____

Qualifications _____

Person to contact _____

Send (resume, credentials, etc) _____

Deadline for Application _____

Coaches Hall of Fame Banquet

Sunday, 29 September, 1991 • Central Michigan University
Cash Bar 12:30 Dinner 2:00

College Coaches • Distinguished Guest • Hall of Fame Awards • Renew Old Acquaintances

Enclosed check for \$ _____ for _____ tickets @\$17 each

Name _____ Address _____

City _____ Zip _____

Make checks payable to MHSCA

Mail to: Bob James, 304 N. Lakeshore Dr.
Ludington, MI 49431

Seating is limited. Order Early
Have you joined for 1990-91

Please include a self-addressed, stamped, business envelope.



Lifetime Membership Application

Send to: Mr. Jim Clawson
Membership Chairman
24490 Crescent
Woodhaven, MI 48183

Lifetime Membership Fee \$25

Name _____

Address _____
Street City State Zip

Phone _____

School Where Last Coached _____

Year Retired from Coaching _____

Total Years Football Coaching _____

Qualifications (Must meet all three)

1. Have coached football for twenty years on any level.
2. Have previously been a MHSFCA Member.
3. Have retired from coaching.
4. Pay a one-time fee of \$25.

MEMBERSHIP APPLICATION FORM 1991-92

Send to: Mr. Jim Clawson
Membership Chairman
24490 Crescent
Woodhaven, MI 48183

☐ JOINT MHSFCA/MHSCA/
NHSACA (\$10)

☐ NOT COACHING ANYMORE

Name _____

School _____

Street

School Address _____, MI

City Zip

Position _____

Home Address _____

Street

_____, MI

City Zip

Home Phone (_____) _____

Support Michigan High School Football

**MICHIGAN HIGH SCHOOL
FOOTBALL COACHES' ASSOCIATION**
Don Lessner, Executive Director
Riverview High School
Riverview, Michigan 48192

Bulk Rate
U.S. POSTAGE
PAID
Permit #28
MHSFCA
Trenton, Michigan

Return Postage Guaranteed