

Michigan High School
Football Coaches Association

Newsletter



Volume 2, No. 2

SERVING MICHIGAN'S COACHES

May 1989

"Bo" Schembechler — Record Crowd

Honor 25 Hall of Fame Inductees

By Tom Fagan
Hall of Fame Chair

Twenty-five of Michigan's finest football coaches were inducted into the Football Coaches Hall of Fame on April 8, 1989 at Crisler Arena, before a record crowd of over 900 supporters and admirers. In past years Bo has introduced our main speakers. This year Bo Schembechler was the main speaker, praising the inductees for the positive, life long influence they'd had on young people. Bo recounted the tremendous influence and respect he had for his own high school football coach.

Bo was at his best as he beguiled the audience with praise and recognition for the inductees. Schembechler has many great achievements in coaching, but one achievement which does not appear in his long list of accomplishments, is the leadership role he has played not only in determining the physical site for the MHSFCA Hall of Fame, but also in establishing this banquet to honor high school coaches. The banquet would not be possible without the help of Bo and the University of Michigan athletic staff.

Our inductees, in their acceptance talks, personified what football coaching is all about as they credited their families and coaching staffs for their success. They stated that they loved coaching because of the close and lasting relationships developed with players, staff and everyone connected with the game. Many of the inductees mentioned that being inducted "was one of [their] greatest thrills in coaching."

It was a great night for Michigan High School Football and the Hall of Fame inductees who so ably represented their sport and their communities.



Inside:

1989 Scholarship Winners	2
Jobs Available	3
All Star Notes	3
All Star Ticket Request Form.....	3
1989 Hall of Fame Inductees	4
All Star Game Rosters	6
Steroids and Your Health	7
From Dan Lauer, President MHSFCA.....	8
MHSFCA By-Laws Part I.....	8
Playoff Restructuring Endorsed	10
Who Coached These Teams.....	11
Placement Bulletin Information.....	11
Drug Awareness Committee Program	12
MHSFCA Membership Application	12

Membership Report

Jim Clawson, Taylor Truman
Membership Chairman
MHSFCA Active Membership
1,222

April 7, 1989

Membership runs September-August

OFFICERS**President**

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Jim Ahern, Ithaca

2nd Vice-President

Tom Moshimer, Plymouth Salem

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Mark Covert, Fenton

John Dean, Detroit Northern

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Jim Bailee, Hemlock**Region 12**John Blankenship, Houghton Lake
Eric Haglund, Tawas**Region 13**Jack Schugars, Muskegon Oakridge
Larry Rueger, Muskegon Mona Shores**Region 14**Mike Wojda, Hillman
Howard Strom, Johannesburg-Lewiston**Region 15**Tim Klein, Frankfort
Dick McGiness, Lake City**Region 16**Ken Bickel, Rudyard
Ron Warner, Lake Linden-Hubell**1989****MHSFCA
Scholarship
Winners***Andrew Rayle*
St Joseph*Mark Schilke*
Birch Run*David Widger*
Gaylord*John Engott*
Walled Lake Western*Jonny Waara*
Negaunee*Kenneth Makowski*
Notre Dame*Brian Summerfield*
Algonac*Richard Getter*
Dewitt*Timothy Sowton*
J.W. Sexton*John Kibby*
Marion
Congratulations**Newsletter NOT Forwarded**

MHSFCA Newsletters are NOT forwarded by the Postal Service. To insure that you continue to receive the MHSFCA Newsletter please notify Membership Chairman, Jim Clawson of address changes.

Jim Clawson, Membership Chairman
MHSFCA
24490 Crescent Drive
Woodhaven, MI 48183

The MHSFCA NEWSLETTER is the official publication of the Michigan High School Football Coaches Association with the expressed aim of keeping Michigan High School football coaches informed of developments in their profession.

Larry Merx, Editor
School: (313) 994-2105 Home: (313) 439-3184
39 W. Judd Rd., Milan 48160

Committee Chairs**Academic All State**

Chuck Apap, Walled Lake Western

All-Star

Tom Moshimer, Plymouth Salem

Assistant Coach Award

Ken Bickel, Rudyard

Clinic

John Blankenship, Houghton Lake

Drug Awareness

Chuck Salvano, Lakeshore

Jim Crowley Award

Larry Sellers, Traverse City St. Francis

Finance

Bill Tucker, Flint Powers

Hall Of Fame

Tom Fagan, Ypsilanti

Historian

Jack Carlson, Holland West Ottawa

Honorary Membership

Bob Scheloske, South Lyon

Membership

Jim Clawson, Taylor Truman

Placement

Bruce Bendix, Comstock

Playoff

Jim Ahern, Ithaca

Political Action

Dave Woodcock, Jenison

Public Relations

John Herrington, Farmington Harrison

Rules

Dennis Zbozen, Romeo

Scholarship

Ernie Hoffman, Dundee

**MHSFCA
MEETINGS
AND
IMPORTANT
DATES****Summer Meeting**Radisson Hotel, Lansing
July 26-27**All Star Banquet**Lansing Center, Lansing
July 28, 1989**1989 All Star Game**

Spartan Stadium, July 29

Winter MeetingDoherty Hotel, Clare
December 6, 1989**MHSFCA****Winners' Circle Clinic**Stouffer's Hotel, Battle Creek
January 26-27, 1990

Take An Active Part

In What Goes Into Your Newsletters

One of the best ways to improve your program is to share ideas with other coaches. Its a two way street. You offer something, you learn something. The same thing that happens at relatively expensive clinics can happen with your newsletter.

Over the past years several of Michigan's best coaches have sent materials for the Newsletter. We encourage you to join that group.

Next Deadline for Submissions:
— September 15 —

Larry Merx
39 West Judd Rd.
Milan, MI 48160
Phone (313) 439-3184



Host Hotel for 1989 Game *The Radisson*

111 N. Grand Avenue
Lansing, MI 48933
(517) 482-0188

Adjacent to the Lansing Center, site of the 1989 All Star Football Game Awards Banquet

Jobs Available

Fraser High School

Entire Football Coaching Staff: Varsity, Junior Varsity, Freshman, and Junior High Coaches will be hired for the 1989 Football Season.

***NO TEACHING JOBS AVAILABLE**

For information call Rick Repicky, Athletic Director, at — (313) 293-0909, or send your resume to:

Rick Repicky
Fraser High School
34270 Garfield
Fraser, MI 48026

**Received April 20, 1989*

Coloma High School

Varsity Football 1989-90

Apply to:

Mr. Clifford Tallman,
Superintendent
Coloma Community Schools
P.O. Box 550
Coloma, MI 49038

(616) 468-2424

**Received March 20, 1989*

1st All Star Band Over 250 Michigan High Schools Musicians

The All Star Band will perform during the pre-game and at half time of the Football Game.

Typical of several notes returned by All Star Band Selectees, Nicole Alexander, (Sault Ste. Marie H.S.) wrote— "I'm really proud to represent my school and town." With All Star attitudes like Nicole's the band promises to add yet another touch of class to the All Star Football Game.

All Star Highlight Video

**Available for first time
in 1989**

Film will feature highlights from Camp, Awards Banquet, and All Star Game.

Details in All Star Program

Rocky Jacobs, Producer
Hometown Video

Previous All-Star Games on Tape/Film

16mm Film & VHS

Contact:

Larry Rueger,
Mona Shores Middle School
1700 Woodside St.
Muskegon, MI 49441.
Phone 616-759-8506

All Star Game Ticket Requests

Send your request for All Star Tickets to Jim Clawson, 24490 Crescent, Woodhaven, MI 48183

Number of Tickets Needed _____

At \$5.00 each

Total Enclosed _____

Include a self addressed stamped envelope. Make checks payable to M.H.S.F.C.A.

900 Honor 25 Hall of Fame Inductees at 1989 Banquet

Presenting — the MHSFCA Hall of Fame Inductees for 1989

Larry Byle—30 years of coaching; 3 years Berlin (Marne) High School; 25 years Hudsonville High School, 3 years Grand Rapids Broncos (semi-pro). Record: 142 wins, 115 losses, 10 ties. Presently baseball coach at Hudsonville High School.

Ken Calhoun—25 years of coaching; 7 years in Illinois, 1 year at the University of Louisville, 1 year at Xavier University, 16 years Adrian High School. Record: 162 wins, 64 losses. MHSFCA Regional Coach of the Year 5 times. Chicago Suburban Coach of the Year. Presently, Athletic Director at Adrian High School.

Marcus L. Cisco—26 years of coaching; 3 years as an assistant coach and 23 years as head coach all at Monroe Jefferson High School. Record 99 wins, 102 losses, 4 ties. W.V.M.O. Coach of the Year 1981, Huron League Coach of the Year 1981, MHSFCA Coach of the Year 1983, 1988. Presently Head Coach Monroe Jefferson High School.

Mark Covert—27 years of coaching; 9 years coaching high school in Ohio, Defensive coordinator at Ohio Northern University, 16 years football coach at Fenton High School. Record: 125 wins, 54 losses, 2 ties. North West Ohio Coach of the Year 1967, MHSFCA Regional Coach of the Year 4 times, U.P.I. State Class B Coach of the Year 1985. Regional Director and Past President of the MHSFCA. Presently, Head Football Coach of Fenton High School.

Loren Dietrich—32 years of coaching; Chesaning High School, 4 years Owosso High School, 5 years at Scottville High School, 3 years Eaton Rapids High School, 18 years Michigan Lutheran Seminary High School. Record: Well over 100 victories. MHSFCA Regional Coach of the Year



1st Row: Richard A. Kennedy, Roger Parmentier, Darrell Harper, Oarie Lemanski, Irv Sigler 2d Row: Jerry Planutis, Russell James Laurin, Peter J. Kutches, Robert W. Shippy, Ed "Bud" Weede, Ralph James Weddle 3d Row: John Osborne, Marcus L. Cisco, Jim MacDougall, Jack Gabel, James Hirn, Wayne Nix, Ed Gerber 4th Row: Ken Calhoun, Mark Covert, Robert P. Knight, Loren Dietrich, William H. Smiley, Bart Kruse, Larry Byle 5th Row: Tom Fagan, Bo Schembechler

1979, MHSFCA Class D Coach of the Year 1986. Presently, coaching at Michigan Lutheran Seminary.

Jack Gabel—31 years of coaching; 10 years Redford Junior High Schools, Livonia Bentley High School, 20 years Livonia Stevenson High School, Varsity Assistant. Record: 134 wins, 64 losses. 1985 MHSFCA All Star Coach. Presently, coaching at Livonia Stevenson.

Ed Gerber—30 years coaching; 2 years Cassopolis High School, 3 years Barryton High School, 5 years Jonesville High School, 20 years Owosso High School. Record: 151 wins, 120 losses. 1963 DuPont Play of the Year Award winner. Presently, retired from coaching.

Darrell Harper—25 years coaching: Manchester High School, Southfield High School, Southfield Lathrop High School. Record: 108 wins, 120 losses, 2 ties. 1971 Oakland County Coach of the Year, 1971 Royal Oak Tribune and Observer Newspapers Coach of the Year, 1977 Metro

Suburban Coach of the Year. 5 league championships. Presently, Athletic Director and Head Football Coach at Southfield Lathrop High School.

James Hirn—30 years of coaching; 7 years Gladstone High School, 23 years Escanaba High School. Record: 192 wins, 77 losses, 5 ties. Assistant Coach of teams finishing 2d in the state in 1979 and 1981. 4 undefeated seasons and 11 conference championships. Presently coaching at Escanaba High School.

Richard A. Kennedy—29 years of coaching: University of Detroit College, St Benedictine High School, Immaculate Conception High School, Holy Redeemer High School, St Hugo High School and University of Detroit Jesuit High School. Record: 122 wins, 96 losses. Catholic Coaches Hall of Fame 1978, Double A Coach of the Year 1988, Detroit Free Press Catholic League Coach of the Year 1988.

Robert P. Knight—25 years of coaching; Wyoming University, Mus-



Marc Cisco, Monroe Jefferson Inductee to the Hall of Fame, discusses his coaching record with Dick Kishpaugh, Michigan High School Football Historian.

kegon High School, 18 years Portage Central High School. Record: 148 wins, 77 losses, 3 ties. MHSFCA Regional Coach of the Year 8 times. Detroit News Class A Coach of the Year 1977. Presently, coaching at Portage Central High School.

Bart Kruse—25 years of coaching; Albion High School, 5 years Sturgis High School, 19 years Assistant Coach at St Joseph High School. State Playoff qualifiers 1984, 1986, 1987, 1988. Presently, coaching at St Joseph High School.

Peter J. Kutches—28 years of coaching; Hudson High School, 11 years Muskegon Catholic High School, 4 years Muskegon Reeths-Puffer High School. Record: 217 wins, 60 losses. MHSFCA Regional Coach of the Year 1981 and 1982. 1982 State Class B Coach of the Year. Presently, coaching at Muskegon Reeths-Puffer High School.

Russell James Laurin—26 years of coaching: all at Lake Linden-Hubell High School. 17 years as an assistant and 9 years as head coach. Record 144 wins, 68 losses, 3 ties. Presently, coaching at Lake Linden-Hubell High School.

Oarie Lemanski—23 years of coaching: 2 years Rogers City High School, 3 years Cass City High School, 7 years Saginaw High School, Northwood Institute, 8 years Bay City Central High School, 3 years Saginaw Carrollton High School. Record: 114 wins, 106 losses. 1964 Coach of the Year. 1970 rated #1 in Class A at Saginaw High School. Presently, Assistant Principal Bay City High School.

Jim MacDougall—25 years of coaching: St Catherine High School, East Catholic High School, Roseville Sacred Heart High School, 17 years Royal Oak Shrine High School. Record: 143 wins, 78 losses. Regional Coach of the Year 1977, 1986. Detroit Catholic League Coach of the Year and Detroit News Coach of the Year 1977. Detroit Catholic Coaches Hall of Fame inductee 1981. Presently, coaching at Royal Oak Shrine High School.

Wayne Nix—24 years of coaching: Adrian Catholic Central High School, Addison High School, Ann Arbor Huron High School, 18 years at Tecumseh High School. Record: 120 wins, 95 losses, 1 tie. For 15 years Wayne has coached while running on a kidney machine three times a week, four hours a day. Presently, coaching at Tecumseh High School.

John Osborne—27 years of coaching: all at Novi Schools. 22 years as head coach. Record: 131 wins, 79 losses. MHSFCA Regional Coach of the Year 6 times. 1988 MHSFCA All Star Football Game Coach.

Roger Parmentier—25 years of coaching: Denby High School, Cooley High School, St Clair High School, Wayne State University, Detroit Police Athletic League. Record: 183 wins, 32 losses, 3 ties. Three times Detroit Public League Coach of the Year, once State Coach of the Year. Presently, an instructor for the St Clair County Sheriff's Department substance abuse program for students.

Jerry Planutis—32 years of coaching: Monroe High School, Indiana University, South Bend High School, Culver Military Academy, 17 years Bridgman High School. Record: 146 wins, 119 losses, 5 ties. Coach of the Year South Bend, Indiana; YMCA Coach of the Year Luzerne County, Pennsylvania; Berrien County Coach of the Year. Presently, coaching at Bridgman High School.

Irv Sigler—21 years of coaching: Bellvue High School, Central Michigan University, Olivet College, Benton Harbor High School, Sedro-Wooley High School in Washington, 13 years head coach at Cheboygan High School. Record: 102 wins, 52 losses. MHSFCA Regional Coach of the year 6 times, Detroit Free Press Coach of the Year 1980, A.P., U.P.I., and Detroit News Class B Coach of the Year, 1987 MHSFCA All Star Coach. Presently, Assistant Principal at Cheboygan High School.

Robert W. Shippy—25 years of coaching: Lutheran East High School, 23 years as head coach. Record: 119 wins, 102 losses, 2 ties. Presently, coaching at Lutheran East High School.

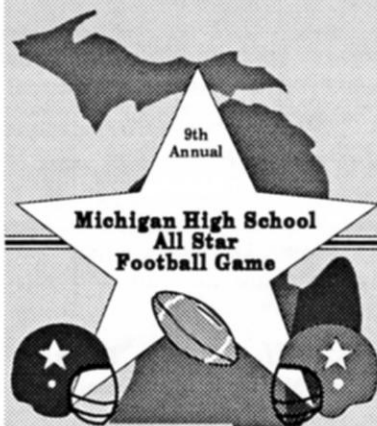
William H. Smiley—23 years of coaching: Morenci High School in Arizona, Bishop Gorman High School in Las Vegas, 20 years at Sturgis High School. Record: 124 wins, 75 losses. State Championship in 1969, Assistant Coach of the year 1984. Presently, at Sturgis schools.

Ralph James Weddle—30 years of coaching: 8 years in South Dakota, 22 years Livonia Clarenceville High School. Record: 179 wins, 95 losses, 2 ties. 36 straight wins in South Dakota. 9 conference championships. Presently, coaching at Livonia Clarenceville High School.

Ed "Bud" Weede—20 years of coaching: Mt Pleasant High School, 18 years Niles High School. Record: 110 wins, 55 losses, 8 ties. Inductee of Michigan High School Coaches Association Hall of Fame. Presently, retired from Niles schools.

1989 All Star Game Rosters

East Team



West Team

July 29, 1989
Spartan Stadium
East Lansing

Pos	Player	Ht	Wt	Coach	School	Class
FB	Dike Ajiri	5'11"	185	Bob Newvine	Grosse Pointe University Liggett	C
SE	Derrick Alexander	6'4"	180	Ted Mac	Detroit Benedictine	B
QB	Paul Anderson	6'4"	190	Rick Bye	Sterling Heights Stevenson	A
DB	Richard Barker	6'2"	205	Max Glupker	Dockerville	C
LB	Darren Beasley	6'3"	210	Pete Coll	Center Line	B
LB	Eric Beatty	6'1"	215	Joe D'Angelo	Detroit Country Day	C
DB	Derek Bowman	6'1"	195	LeRoy Wood	Erie Mason	C
GD	Mike Boyle	6'5"	220	John Goddard	Redford St Agatha	C
DB	Zeke Cisco	6'	190	Marc Cisco	Monroe Jefferson	B
Kicker	Zoran Djordjevic	5'11"	180	Bob Miles	Sterling Heights	A
DE	Dave Dobreff	6'4"	215	Bob Lefkowitz	L'Anse Creuse	A
DE	Lance Dubowski	6'1"	220	Mike Berry	Lake Orion	A
OT	Matt Dudus	6'1"	225	Dick Kennedy	U of D Jesuit	A
DB	Dennis Edwards	6'2"	200	Jack Runchy	Rochester Adams	A
Punter	Bob Gould	6'1"	180	Bob Powell	Wyandotte Mt Carmel	D
TB	Robert Johnson	5'8"	180	Cal Fletcher	Southfield	A
TE	Andrew Kaczanowski	6'3"	215	Ross Mac Donald	Fraser	A
DB	Joel Kaczor	6'	191	Dr. Don Lessner	Riverview	B
OT	Eric Kelly	6'5"	265	John Dilegghio	Waterford Kettering	A
SE	Ulric King	5'9"	165	Darrell Harper	Southfield Lathrop	A
DB	Mike Krasnicki	5'11"	193	Ray Barr	Warren DeLaSalle	A
DL	Lee Krueger	6'2"	205	Thomas Mach	Redford Catholic Central	A
LB	Lewis Lowe	6'3"	243	Nick Thompson	Detroit Osborn	A
OT	Marc Milia	6'4"	245	Albert Fracassa	Brother Rice	A
TE	Eric Myers	6'4"	223	Ed Bellas	Allen Park	B
GD	Mike Ostrander	6'4"	240	Jeff Keller	Troy	A
GD	Aaron Parsons	6'2"	230	Dennis Zbozen	Romeo	A
DL	Steve Rekowski	6'5"	230	Wes Wishart	Dearborn Divine Child	B
C	George Ruhana	6'	190	George Sahadi	Harper Woods Bishop Gallagher	B
DL	Mike Rusher	6'3"	240	Jim Mac Dougall	Royal Oak Shrine	B
DL	Eric Ruth	6'2"	223	Jack Reardon	Livonia Stevenson	A
TB	Mike Sadowski	5'9"	170	Bob Kalbfleisch	Warren Cousino	A
FB	Bryant Satterlee	6'2"	210	Chuck Gordon	Westland John Glenn	A
DE	Shoane Scannell	6'1"	200	Chuck Apap	Walled Lake Western	A
C	Jim Scheloske	6'2"	222	Bob Scheloske	South Lyon	A
LB	Scott Singstock	6'	205	Forrest Bone	Southgate Aquinas	B
TB	Mike Stritzenger	5'7"	165	Ron Gardner	Detroit St Hedwig	D
SE	Bryan Wauldron	6'2"	170	John Herrington	Farmington Harrison	B
DB	Scott Wladischkin	5'10"	175	John Osborne	Novi	A
QB	Joe Youngblood	6'1"	175	Bob Lantzy	Utica Eisenhower	A

Coaches: Pete Coll Center Line (Head Coach), Dennis Zbozen Romeo (Defensive Coordinator), Wes Wishart Dearborn Divine Child, Tom LaFramboise Grosse Ile, Don Beck Center Line, Greg Ganfield Romeo

Pos	Player	Ht	Wt	Coach	School	Class
DB	Aaron Bailey	5'11"	170	Chuck Lori	Ann Arbor Pioneer	A
DL	Jess Baldridge	6'2"	240	Jim Webb	Hartford	C
DL	Jim Barbour	6'3"	260	Al Francis	Stockbridge	B
TB	Brian Bozo	5'10"	180	Jack E. Crabtree	Saline	B
TE	Brian Busch	6'5"	235	John E. Engel	Bay City Western	A
QB	Jim Clement	6'2"	185	Rich Hulkow	Marshall	B
OG	Ted Collins	6'1"	230	Dick McGinness	Lake City	C
LB	John Dignan	6'3"	185	Bill Kohn	Ypsilanti	A
DB	Scott Durrett	6'2"	170	Bob Meyers	Lansing Sexton	A
QB	Matt Eyde	6'4"	210	Jeff Smith	East Lansing	A
DE	Hans Forsman	6'6"	220	Tom Reed	Alma	B
DL	Michael Frazier	5'10"	250	Dan Lauer	Benton Harbor	A
LB	Rob Fredrickson	6'4"	220	Ike Muhlenkamp	St Joseph	B
OT	Brian Gorby	6'2"	250	Dan Painter	Ionia	B
OT	Maurice Griffin	6'	255	John Shillito	Muskegon Orchard View	B
TB	Ty Hallock	6'3"	217	Paul Engel	Greenville	A
SE	Marque Harper	6'3"	170	Bruce Bendix	Comstock	B
TB	Tony Jackson	5'9"	178	Smokey Boyd	Saginaw Nouvel Catholic	C
DB	Mark Jacobs	6'3"	190	Robert Fairfield	Ravenna	C
DB	Brad Johnson	5'11"	180	Larry Ledlow	Schoolcraft	D
DB	Cory Johnson	5'10"	174	Dick Koski	Negaunee	B
LB	Craig Kirchner	6'3"	223	Bill Murray	Brighton	A
OT	Matt McCaffrey	6'2"	235	Herb Brogan	Jackson Lumen Christi	B
LB	T.J. Midcalf	6'4"	198	Jim Eurick	Saginaw Arthur Hill	A
C	Mike Morrison	6'3"	220	Keith Froelich	Okemos	A
OG	Brent Myers	6'2"	222	David Sukup	Forest Hills Northern	B
FB	Mike Nadlicki	6'2"	210	Jim Ooley	Traverse City	A
SE	Robert Oginsky	5'11"	170	Pete Fusi	Mt Morris E.A. Johnson	B
OT	Mike Oswald	6'5"	235	Jack Pratt	Flint Kearsley	A
OT	Troy Plate	6'7"	265	Gary Huntley	Columbia Central	B
OG	Doug Richter	6'1"	201	James E. Engel	Wakefield	D
C	Nick Roush	6'	233	Bob Knight	Portage Central	A
Punter	Shane Sieracki	6'	190	Michael Anderson	Northview	B
DE	Tom Spoelhof	6'5"	238	John Maxim	Kenowa Hills	B
TE	Scott Stephenson	6'3"	232	Frank Altimore	Midland Dow	A
DL	Eric Thomas	6'1"	250	Curt Evans	Homer	C
DE	Lance Treece	6'4"	220	Dave Woodcock	Jenison	A
DB	Steve Wasylik	6'1"	190	Dick Look	Tawas Area	C
FB	Michael White	6'1"	220	Morley Fraser	Bay City Central	A
Kicker	Jerry Young	6'1"	185	Chuck Schramm	Clio	A

Coaches: Jack Pratt Flint Kearsley (Head Coach), Chuck Ritter Ann Arbor Pioneer (Defensive Coordinator), Rae Drake West Iron County, Curt Evans Homer, Jeff Duncan Flint Hamady, John Seckinger Ann Arbor Pioneer

Steroids: Winning at the Cost of Your Health

From Chuck Salvano
MHSFCA Substance
Abuse Committee

It seems like every time we pick up the paper, some athlete is being suspended or disqualified from an athletic event because of steroid use. The greatest danger, however, is not the expulsion from the team or contest, but the danger to the athlete's health.

The problem of steroid use is becoming increasingly alarming among our young junior high and high school athletes. Unfortunately, they have not been warned about the powerful physiological and psychological effects of these drugs. Some of them think of steroids as just training aids. Many young people are more motivated by the short term gain than they are by the long term health hazards.

As coaches we should be concerned about the increasing availability and use of steroids. Anabolic steroids are very seldom prescribed by physicians. Most steroids, though legally produced, are showing up in the illegal market. Many fitness centers and health clubs have become drop points for a variety of drugs, including anabolic steroids. Illegal steroids are also distributed through mail-order advertisements targeted at our young athletes. Because of such easy access, our athletes begin to use them without medical approval or supervision.

Drug testing can help to control this growing problem. Because the testing is done at the time of competition, athletes can be eliminated from the competition because they have gotten an edge that was not produced by practice and performance.

I would hope that we, as teachers and coaches, are held in high regard by most students. We cannot fail them or let them down. We must

show them that they can still win without the use of drugs and that they must avoid the temptation of instant gratification.

The widespread use of drugs and anabolic steroids can be halted through education. Teachers, coaches, and parents must work together to reinforce the message that long term risk is not worth the short term gain. According to FDA Commissioner Frank Young,

"Our children have got to know what steroids really are. These things aren't a simple shortcut to building muscle. They're complex chemicals that the body doesn't handle easily, particularly in the amounts being taken by many weightlifters and other athletes. Anabolic steroids can be dangerous — deadly dangerous."

But educating student athletes won't be easy. Some of the most serious side effects associated with steroid use, such as liver tumors and cardiovascular problems, may not develop for a decade or two. It will be difficult to convince a 16 year old football player preparing for the most important game of his career that the drugs he thinks will give him the edge will probably damage his health, at the very least, and may in fact shorten his life. It is important to remove the pressures that students feel to win at any cost. Coaches, parents, school administrators, and teachers must succeed. The health and lives of our students depend upon it.

It is a waste when young athletes gamble with their most valuable possession, their health. Remember the proverb, "He who has health, has hope; and he who has hope, has everything."

Condensed from an article in The Challenge, U. S. Department of Education

Side Effects of Steroid Use

The use of anabolic steroids carries major risks for the liver, the cardiovascular systems, and for emotional health. The reader should note that different individuals may experience oppositional effects from steroid use. Some of these differences may be due to individual body chemistry, associated secondary side effects or inappropriate ingredients found in black market steroids. Established side effects and adverse reactions include:

Liver — cancer, jaundice, tumors, peliosis hepatitis

Cardiovascular system — cholesterol modifications, heart disease, anaphylactic shock, death, high blood pressure, septic shock

Reproductive system — genital atrophy, genital swelling, sexual dysfunction, sterility (reversible), impotence, prostate enlargement, fetal damage, menstrual irregularities

Psychological — depression, listlessness, aggressive, combative behavior

Other side effects of steroid use include — acne, hairlessness in women (irreversible), oily skin, stunted growth, abdominal or stomach pains, bone pain, chills, diarrhea, changes in bowel and urinary habits, gall stones, hives, headache (continuing), excessive calcium, insomnia, kidney stones, kidney disease, muscle cramps, nausea or vomiting, purple or red spots (on body, inside of mouth, or nose), rash, sore throat, weight gain, weight loss, breath odor, bleeding



Darrell Harper, Southfield Lathrop, receives plaque in recognition of his induction into the Hall of Fame from MHSFCA President Dan Lauer.

From

Dan Lauer 16th President

Michigan High School Football Coaches Association

This year, 1989, sees our Coaching Association entering its seventeenth year. Those years have seen many positive changes in the sport of football in our state. Many of these changes have come about because of the dedication and hard work of coaches just like you. The Michigan High School Football Coaches Association is your voice for the betterment of your sport. Your voice can only be heard if you are willing to become involved.

The events sponsored by the association continue to grow and prosper. The three main events, the Clinic at Stouffer's Hotel in Battle Creek, The All Star Game held each summer at Michigan State, and the Hall of Fame Banquet have each enjoyed continued growth in popularity, and each adds its own measure of class to our profession. The pinnacle of our yearly activities, the thing about which we are most proud, is the awarding of scholarships to outstanding student athletes.

The driving force of all that is done in the association is aimed at protecting and improving the game of high school football in Michigan. It is with those aims in mind that our many committees work with the MHSAA and other organizations for the betterment of our sport.

Remember that the MHSFCA exists to represent you, the coaches, and to help you make available the best possible experience for your football players.

Help us help you. Get involved with your association and be supportive.

Michigan High School Football Coaches Association By-Laws

Founded: March 24, 1972
Chartered: March 6, 1972
Adopted May, 1973
Revised August, 1984
Revised January, 1989



Part I: Articles I-VII. Remaining Articles and Appendix will appear in the October Newsletter. By-Laws and Appendix will appear in their entirety in the 1989 All Star Program.

Article I Name

The name of this organization shall be The Michigan High School Football Coaches Association, Inc., and such organization is not organized for profit.

Article II Objectives

A. To work for the betterment and growth of football in Michigan.

B. To encourage and help extend participation in football at the senior high school, junior high

school and elementary school level.

C. To secure a better understanding of the problems of coaching football and to place at the disposal of all football coaches sources of information.

D. To promote the highest possible professional standards in the coaching of football.

E. To study proposed rule changes and make recommendations in rule changes whenever this is considered necessary.

F. To promote and protect the best possible conditions for the total development of the young

men for whom we as football coaches are responsible.

G. To cooperate with the state athletic office for the betterment of football in the State of Michigan.

H. To promote a harmonious relationship among coaches in all sports.

Article III Membership

Section 1

There shall be three classes of membership in this association — Active, Allied, and Honorary.

By-Laws

Michigan High School Football Coaches Association (cont.)

Section 2

Active membership shall include only coaches of elementary, junior, and senior high schools who are actively engaged in or directly associated with coaching football in the State of Michigan.

Section 3

Application and election — Each Applicant for active membership shall sign an application blank stating his desire and intention to become a member of the association and to advance its best interests in every reasonable manner and to accept as binding upon himself its Articles of Incorporation and By-Laws.

Section 4

Membership shall extend from September 1 to August 31 of the following year.

Section 5

Allied membership shall include any individual who has been or aspires to be an active member.

Section 6

Honorary membership shall be conferred by the Board of Directors. All nominations for honorary membership must be submitted in writing to the chairman of the Honorary Membership Committee by the Winter Meeting.

A. The Honorary Membership Committee, a standing committee of the Board of Directors, shall approve or disapprove of each nomination. A three-fourths majority of the Board of Directors is necessary for election.

B. The following guides may be used in awarding honorary memberships:

1. Past President of the association.
2. Dedicated individuals who have contributed outstanding services to the development of football.

C. Those awarded honorary membership will receive a Lifetime Honorary Membership card as an award of recognition.

Article IV

Rights of Membership

Section 1

Active members shall have the following privileges if actively coaching and if a member by October 1.

A. To voice and vote at all general meetings of the association.

B. To receive all publications of the association.

C. To be eligible for election as Coach of the Year.

D. To be eligible for election to office.

E. To be eligible to nominate a player to participate in the All Star Game.

F. To be eligible to coach in the All Star Game.

G. To be eligible to nominate a player for MHSFCA Scholarships.

H. To be eligible to nominate an assistant coach for Assistant Coach of the Year recognition.

I. To be eligible to serve on the Board of Directors and the Executive Board.

J. To be eligible to nominate a player for Academic All State.

Section 2

Allied members shall have the following privileges:

A. A voice at all general meetings, but no vote.

B. To receive all publications of the association.

Section 3

Honorary members shall have the following privilege:

A. To receive all publications of the association.

Article V

Dues

An annual membership fee for active and allied members shall be determined by the Board of Directors.

Section 1

In the event that the association is disbanded, all monies accrued in the treasury shall be given to Association designated charities.

Article VI

Cancellation of Membership

Section 1

Membership in the association shall be suspended at the end of each fiscal year. Suspension shall be lifted with the payment of the annual dues.

Section 2

Any membership may be suspended by a two-thirds vote of the Board of Directors.

Section 3

Any member whose membership has been cancelled by a vote of the Board of Directors may appeal directly to the association for reinstatement at a regular annual meeting. The action of a majority of the members shall be final.

Section 4

Should a member leave elementary, junior or senior high school coaching or his association with coaching football, he automatically becomes an Allied member for the remainder of the current year.

Article VII

Voting

Section 1

Only Active members shall be allowed to vote.

Section 2

Voting shall be either by voice or by ballot, this being at the discretion of the Board of Directors.



Playoff Proposal Restructuring Unanimously Endorsed

by MHSFCA Board of Directors at Spring Meeting

At the January MHSFCA Board of Directors Meeting in conjunction with the Battle Creek Clinic a proposal for altering the "class" structure of Michigan High Schools to solve some inequities in the Football Playoff system was discussed. The proposal was the creation of the Macomb County Athletic Directors Association. It has been discussed widely in the Macomb area, and has been taken to the Playoff Committee of the MHSAA. Action is expected by the MHSAA Representative Council at their fall '89 meeting with implementation possible for the 1990 football season.

The MHSFCA Board of Directors took no action on the proposal at the January meeting, but resolved to study the implications of the proposal on their conferences and those of the schools in their regions. After having done this and discussing the matter further at their Spring Meeting in Ann Arbor in early April the Board of Directors voted unanimously to support the proposal's adoption by the MHSAA.

The proposal cites four concerns with the current class system.

1. Scheduling strategies are sometimes used by schools to avoid football powers since one loss presents a serious threat to playoff qualification. This results in strong schools having inordinate difficulty scheduling games.

2. The tremendous span in enrollments in the current four classes: In class A (In 1988) the largest school - Detroit Redford had an enrollment of 3,192 - the smallest, Warren Mott had 916 a difference of 2,276 students, this was nearly four times the span in class B (614), six times that in class C (379), and eleven times the span

in class D (206).

In class A no school smaller than the 68th in enrollment has reached the finals in the last 5 years. Seventy percent of the finalists in class A over the last five years have come from the largest 29 schools: 1984 Pioneer #25 vs Fordson #45, 1985 Traverse City #4 vs Troy #60, 1986 Muskegon #68 vs Stevenson #22, 1987 Redford Catholic Central #29 vs Pioneer #25, 1988 Redford Catholic Central #29 vs Traverse City #4.

3. In 1988 174 class A, 172 class B, 173 class C, and 105 class D high schools competed for 16 playoff berths in each class. What this amounts to is that a class A, B, or C school has a one in 11 (approximate) chance of making the playoffs, while a class D school has a one in 6.5 chance of making the tournament.

4. Teams with good records are sometimes left out of the playoffs. While most other team sports in Michigan place 100% of participating schools' teams in the state's championship tournaments, only 10% of the schools sponsoring football make the playoffs.

Following are the key elements of the proposed

Proposed Restructured Class System

# Schools	Class	88 Enrollment Rank	Largest/Smallest	Difference
104	AAA	#1—#104	3192-1355	1837
104	AA	#105—#204	1343-867	476
104	A	#209—#416	596-409	187
104	C	#417—#520	403-263	140
103	D	#521—#623	262-74	188

changes in Michigan's football playoff structure:

1. Expand the present football* class system to six classes — five classes with 104 schools each and one class of 103 schools. (Currently there will be 623 schools sponsoring football in 1989.)

*The proposal would only effect the "class" structure for Michigan's high schools for purposes of the football playoffs.

2. Make use of both Friday and Saturday for Finals competition.

3. Adjust the point system to award equal points for the competition among the following groupings: Classes AAA and AA, Classes A and B, Classes C and D.

Positive points of this restructuring included:

1. There would be 32 more teams qualify for the playoffs.

2. It reduces the enrollment span in each class. The largest span would be reduced by 439 (using 1988 enrollment figures). Other classes enrollment spans would be reduced as well.

3. Schools would be arranged in groups of 208 for purposes of playoff point calculations. This should ease the playoff point pressure on multi-class leagues.

Who Coached These Ranked Teams?

Dick Kispagh, intrepid collector of Michigan High School facts and figures, is trying to complete his records for coaches of ranked (by Associated Press) teams.

The list has been greatly reduced but Dick still needs to know who coached the following teams during the years that they were ranked.

If you can supply one or more names please contact Dick Kispagh at 361 Glendale, Parchment, MI 49004, or Ron Pesch at 1447 Henry Street, Muskegon, MI 49441 H (616)-725-7381 W (616)-777-3951.

Yr	School	Class	Record
67	Allen Park	A	8-1-0
75	Allendale	D	8-1-0
77	Almont	C	8-1-0
70	Andover	A	8-1-0
66	Armada	CD	8-1-0
82	Athens	D	8-1-0
67	Bath	C	7-1-0
75	Bath	C	9-0-0
65	Bay City Visitation	CD	7-1-0

Yr	School	Class	Record
67	Bay City St Joseph	D	9-0-0
72	Bay City All Saints	B	9-0-0
63	Benton Harbor St John	CD	9-0-0
71	Bloomfield Hills Roper	D	5-1-2
62	Cadillac	B	8-0-0
64	Cadillac	B	8-1-0
73	Cadillac	B	9-0-0
71	Caro	B	9-0-0
70	Central Lake	D	6-1-0
59	Dowagiac	B	7-1-0
60	Dowagiac	B	6-1-1
73	East Jackson	C	8-1-0
59	Eaton Rapids	B	8-0-0
64	Elsie	CD	9-0-0
60	Escanaba	B	7-1-0
61	Escanaba	B	8-0-0
74	Essexville Garber	B	9-0-0
64	Fennville	CD	8-0-0
66	Fenton	B	9-0-0
72	Garden City East	A	9-0-0
72	Gaylord St Mary	D	7-1-0
60	Gladwin	B	8-0-0
59	Grand Blanc	B	7-0-2
71	Hale	D	8-0-0
59	Hamtramck	A	9-0-0
62	Hamtramck	A	7-1-0
61	Hancock	B	8-0-0
63	Hillsdale	B	8-0-0
64	Hillsdale	B	7-1-0

Yr	School	Class	Record
71	Houghton Lake	C	8-0-0
81	Kalkaska	C	9-0-0
71	Kinde North Huron	D	6-1-2
67	Lake City	D	6-1-0
73	Lowell	B	9-0-0
70	Mancelona	D	7-0-1
77	Mancelona	D	8-0-0
59	Manistee	B	8-1-0
60	Manistee	B	7-1-0
67	Manistee Cath Central	C	8-0-1
59	Mason	B	7-1-0
73	Mesick	D	7-0-1
72	Mio	D	7-0-0
70	Mt Clemens Chip Valley	B	8-0-1
70	Mt Pleasant Sacred Ht	D	8-0-1
71	Mt Pleasant Sacred Ht	D	9-0-0
74	Mt Pleasant Sacred Ht	D	9-0-0
63	New Haven	CD	8-0-0
71	New Lothrop	C	9-0-0
59	Northville	B	8-1-0
51	Owosso	A	7-0-1
69	Peck	D	8-0-0
73	Peck	D	8-0-0
65	Port Huron Catholic	B	9-0-0
66	Reed City	B	7-0-0
68	River Rouge	B	8-0-0
63	Roscommon	CD	7-1-0
58	Royal Oak Dondero	A	7-1-1
63	Saranac	CD	9-0-0
63	Sault Ste Marie	A	8-0-0
70	Sparta	B	8-0-1
65	St Ignace	CD	8-0-0
64	St Johns	B	9-0-0
72	Stevensville - Lakeshore	B	9-0-0
70	Twining Arenac Eastern	D	7-0-0
67	Waldron	D	8-0-1
64	Watervliet	CD	8-0-0
62	West Bloomfield	B	7-0-1
51	Wyandotte	A	7-0-0
60	Zeeland	B	8-0-0

PLACEMENT BULLETIN JOBS AVAILABLE INFORMATION

Return to: Bruce Bendix
Head Football Coach
Comstock H.S.
2107 N 26th Street
Comstock, MI 49041

If you would like to receive the MHSFCA Placement Bulletin twice monthly from January-June 1988 please return the form below.

Name _____

Street Address _____

City _____ Zip _____ Phone _____

PLACEMENT BULLETIN VACANCY NOTIFICATION FORM

Return to:
Bruce Bendix
Head Football Coach
Comstock H.S.
2107 N 26th Street
Comstock, MI 49041

If you have an opening on your staff please fill in the following form and return

School Name _____

Street Address _____

City _____ Zip _____ Phone _____

Position(s) Available _____

Qualifications _____

Person to contact _____
Send (resume, credentials, etc) _____

Deadline for Application _____

From the M.H.S.F.C.A. Drug Awareness Committee

Would You Neglect a Weight Program?

Don't Neglect This Program

Athletes and drugs: What is the coach's role?

You Can Do Something about This Problem

As a coach, you can be successful because you have a special relationship with students and athletes.

Most coaches underestimate the influence they have on the young men and women who play for them. As you know you are an authority figure to them. They look up to you because you occupy a leadership role at a very significant period in their lives.

Please help us by returning the following information to: Chuck Salvano, Lakeshore High School, 5771 John Beers Rd., Stevensville, MI 49127

High School _____ Coach _____

Address _____ School Phone _____

City	State	Zip	Home Phone
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Do you presently have a substance abuse program? ☐ Yes ☐ No

If you have a program would you please send a copy with this form.

Please supply us with the name of one of your staff members who would be a substance abuse awareness representative for your school.

RETURN TO: Chuck Salvano

Coach _____

School Phone _____

Home Phone _____

RETURN TO: Chuck Salvano
Lakeshore High School
5771 John Beers Rd.,
Stevensville, MI 49127

Michigan High School Football Coaches Association MEMBERSHIP APPLICATION FORM 1988-89

Send to: Mr. Jim Clawson
Membership Chairman
24490 Crescent
Woodhaven, MI 48183

☐ MHSFCA ONLY (\$5)☐ JOINT MHSFCA/MHSCA (\$10)

☐ NOT COACHING ANYMORE

Name _____

School _____

School Address _____
Street

Street

MI

City

Zip

Position

Home Address _____

Street

MI

City

Zin

Support Michigan High School Football

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FOOTBALL COACHES' ASSOCIATION**
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