Michigan High School Football Coaches Association

Newsletter



Volume 1, No. 42

SERVING MICHIGAN'S HIGH SCHOOL FOOTBALL COACHES

March, 1984



ARA PARSEGHIAN SPEAKER AT SECOND ANNUAL HALL OF FAME BANQUET

by Tom Fagan

The second annual Michigan High School Football Coaches' Hall of Fame Banquet will be held at Crisler Arena on April 14, 1984. The banquet will be held in conjunction with our spring Board of Directors' meeting and will climax the University of Michigan's spring football clinic.

Last year's banquet in which 25 outstanding high school coaches were inducted, featured Woody Hayes and Bo Schembechler, it was a tremendous success with over 500 people in attendance. The banquet was interesting, brief and enjoyed by all in attendance.

Along with the All Star game and our annual clinic, the Hall of Fame Banquet has developed into a main attraction of our association. Many thanks to Bo Schembechler and the University of Michigan Athletic Department for their assistance in making this banquet possible.

This year our featured speaker will be one of football's greatest coaches, Ara Parseghian, former great Notre Dame Coach, and currently a national sports commentator. We are again expecting a capacity crowd, therefore

tickets will be limited. Ticket prices are the same as last year \$15.00 each. Below is a list of this year's inductees.

Tickets can be obtained by writing to Tom Fagan, Hall of Fame Chairman, 3540 Galpin Dr., Ann Arbor, Michigan 48105. Phone: Business 994-6282 or Home 994-1183.

1984 HALL OF FAME INDUCTEES

1.0	milani becker	
2.	Walt Braun	
3.	Frank Buford	
4.	Jim Crowley	
5.	Tom Fagan	
6.	Pat Fields	
7.	Hilt Foster	
8.	Al Fracassa	
9.	Vance Hamilton	
10.	Jack Hepinstall	
11.	Lou Hollway	
12.	Jerry Hughes	
13.	Don Kuick	

1 Hiram Dankar

Chesaning
Marysville
Andover-Bloomfield Hills
Jackson Lumen Christi
Ypsilanti
Flint Carmen
Mt. Pleasant
Birmingham Brother Rice
East Lansing
Hillsdale
Ann Arbor
Goodrich
North Farmington

14. George Mack
15. Wendall Martin
16. Art May
17. Chuck Miller
18. Harry Potter
19. Mike Racskowski
20. Bill Rankin
21. John Rapacz
22. Ed Shadford
23. Al Sigman
24. Chuck Skinner
25. Steve Sventke
26. Robert Wolcott

Ferndale
Hartford
Hamtramck
Vandercook Lake
Muskegon
Jackson Parkside
Birmingham Groves
Kalamazoo Hackett
Ypsilanti
Fiint
Royal Oak
Tawas
Portland St. Patrick

HALL OF FAME BANQUET REQUEST FORM

Guest Speaker: Ara Parseghian formerly of Notre Dame

Introduced by Bo Schembechler

Purpose: To induct 30 outstanding Michigan High School Football Coaches Date: Saturday, April 14, 1984 Crisler Arena at the University of Michigan

Cocktails: 6:00 p.m.

Price: \$15.00 per ticket Send to: Mr. Tom Fagan

Hall of Fame Chairman 3540 Galpin Ann Arbor, MI 48105 Dinner: 7:00 p.m.

Make check payable to: M.H.S.F.C.A.

Program: 8:00 p.m.

Make check payable to: M.H.S.

Number of tickets ______ x \$15.00 = \$______

Name: ______

Address: ______

City, State, Zip______

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President Arnie Besonen

FROM THE PRESIDENT

by Arnie Besonen

On behalf of Dick Look, Terry Rose. Don Lessner, and myself, we wish to thank each and every one of the high school football coaches in Michigan for your support to this board of directors. We will do our best to support your desires and to promote the great game of football. Also a special mention must go to Dick Harris and all of the other past presidents for their guidance, hard work and dedication that made this a strong and active association.

One of our goals this year will be geared to expanding the number of teams in the play-offs. Thanks to the hard work of Jim Ahern and his play-off committee of Dominic Livedoti and Tim Klein we now have a solid plan to adhere to. They have been meeting on a regular basis with the MHSAA in hopes of ironing out the problems and getting the plan implemented as soon as possible.

We would like to thank Terry Rose and Dan Lauer for putting on another super clinic again this year in Battle Creek. Dan will be the clinic chairman next year and we welcome and wish good luck to John Blankenship who has assumed added clinic duties now.

Coaches, if you have any information, input, or would like to serve this great association please contact one of your officers or regional directors. We are only as good as those who support us.

GAMES WANTED

The following schools indicated games/scrimmages were wanted for the dates listed at the Battle Creek Clinic. (unless otherwise noted, dates are for 1984):

Pre-Season Scrimmage: Manchester, Ithaca, Cadillac/Cheboygan are looking for two more teams, Holt (A or B team[s]), Pontiac Northern

1st Game Date: Southfield Lathrop, Battle Creek Penfield, Adrian Madison, Holland West Ottawa, Monroe Catholic Central, Harrison Traverse City (85 & 86)

2nd Game Date: Traverse City St. Francis, University of Detroit H.S., Lansing Sexton (J.V.), Croswell-Lexington, Traverse City (86)

3rd Game Date: Grosse Pointe North (Frosh), Constantine

4th Game Date: White Pigeon, Lakeshore, Sandusky, Jackson Lumen Christi, Traverse City (85 & 86)

5th Game Date: Ida, Grosse Pointe North (Frosh), Alpena, Pontiac Northern, Traverse City (85 & 86)

6th Game Date: Saginaw Nouvel C.C. (H), Trenton (H), Bay City Handy, Detroit Cooley (A), Vestaburg

7th Game Date: Benton Harbor, Traverse City (85 & 86)

8th Game Date: Pontiac Northern, Fulton, Benton Harbor

9th Game Date: Muskegon Mona Shores, Holland (85), Ashley, Bridgeman, Lansing Everett, Vestaburg, Chelsea

Games wanted HOTLINE will again be operated by John Nordlinger, Athletic Director at Ann Arbor Huron. If your game schedule is subjected to last minute "Sudden Change" call John at 313-994-2075 during the Spring or Summer.

PLACEMENT COMMITTEE

If you are interested in receiving information about teaching/coaching jobs available (primarily out of state), please contact Larry Merx at 313-994-2075 or 2727 Fuller Rd., Ann Arbor 48105. Beginning in early March and extending through late June bi-weekly mailings will be made to anyone interested. A \$2.00 contribution to help defray postage is requested. (Make checks payable to M.H.S.F.C.A.)

COMMITTEE REPORTS

PLAY-OFF EXPANSION UPDATE

by Jim Ahern

As coaches we often tell our players that hard work will pay off in victory. This is the attitude that the MHSFCA play-off committee took in 1981 when we tackled the problem of how to get our play-offs expanded. The MHSFCA felt that the present play-off format was not equitable to all schools and set out to rectify the situation.

Our first step was to contact the other fifty states to see how they ran their football play-offs; and to take the best ideas from these plans and incorporate them into the best possible plan for our state. Some of the ideas we wanted in our plan were to get more teams involved, make the system as fair as possible, keep the strong state tradition of leagues, and make the change from the present format to the new plan as smooth as possible.

The plan that was finally drawn up has 128 teams involved, four times as many as in the present system. Briefly, league champions, and undefeated teams automatically qualify for the play-offs. The rest of the brackets are filled up with teams that have the best records, regardless of class size. The 128 teams are divided into four equal groups of 32 based on enrollment. The teams are then paired based on geographic location for their games, up until the final at the Silver Dome.

After a final plan was drawn up, the committee ran a paper play-off based on the 1982 season. The paper play-off showed that the system would work! It also showed that the teams with the best records made the play-offs. All undefeated teams, all teams with only one loss, and all but 28 teams with two losses made the play-offs. The system worked and it also met our objectives.

During the 1983 Rules Meetings a poll was taken of the football coaches to see if the majority favored expanding the play-offs. The result was an over-whelming support for expansion. The play-off committee used this information in our discussions with the MHSAA.

The toughest part of the work is to get the MHSAA to change the present format. This task was begun through correspondence to the MHSAA and explaining the new format to them. The correspondence progressed to meetings with Vern Norris, Fred Sible. and Lonnie Lowery, of the MHSAA. These meetings led to the opportunity to present our play-off plan to the State Play-Off Committee. After much discussion and deliberation they accepted the plan and will present it to the Representative Council at the spring meeting. They will suggest that a paper play-off be run in 1984, and that the 128 team format begin in 1986. The final step will be the acceptance by the Representative Council this spring. To say the least. the final step is the most important one. If you would please write to the MHSAA in support of the plan its chances of becoming reality will be even greater. A great deal of work since 1981 has been done on the play-offs. With your support they will become a reality.

MHSFCA BOARD OF DIRECTORS' MEETING

1983 ALL-STAR FOOTBALL TEAMS SELECTED

by Tom Moshimer

The fourth M.H.S.F.C.A. All-Star Football Game will be played on Saturday, August 4, 1984. Once again the game, which is becoming more popular each year, will be played at Michigan State's Spartan Stadium.

The purpose of the All-Star Game is to promote High School Football in the state of Michigan. The game also generates money for the M.H.S.F.C.A. scholarship fund, the Ronald McDonald House, and the Shriners' Burn Center for Children.

In a change of rules governing nominations this year only one player will represent his school as a team member. As a result of this change 80 schools are represented on the East/West team rosters; the widest representation yet in the game.

Make your plans now to attend what promises to be the best All-Star Game yet! Watch for the East-West All Star Roster in the May issue of the newsletter!

IMPORTANT DATES

April 14, 1984	
August 3, 1984 6 All-Star Banquet at MSU Center.	
August 4, 1984	

NEWSLETTER

The Newsletter is the official publication of the Michigan High School Football Coaches Association with the expressed aim of keeping the membership informed.

EDITORS

Valdy Gailitis, Mason High School Larry Merx, Ann Arbor High School

BELDING HIGH SCHOOL WEIGHT LIFTING PROGRAM

by Tom Morse Assistant Football Coach

My program is based on a clinic that I attended four years ago. The clinic was called "Bigger, Faster, Stronger," and was presented by Dr. Greg Shephard. Dr. Shephard is a weight training advisor to several Western universities. In the program I use free weights. Olympic weights work the best.

Six basic lifts are used: bench press, squat, regular dead lift, power clean, straight leg dead lift, and dips. I feel that the high school athlete needs to develop the large muscle groups. These exercises serve this purpose best.

The basic routine is five sets of five repetitions. An athlete is started out at three sets of five the first week. and increases to four sets of five the second week. The third week he should be able to do the full routine. I feel that by starting with three sets and then increasing one set a week, I can minimize muscle soreness and teach correct technique. After the third week I increase the resistance by five pounds for the bench and clean, and ten pounds for the squat and dead lifts. This should be done everytime an athlete can do a full five sets of five repetitions.

The routine for a week goes as follows: On Monday: bench, squat and power cleans. On Wednesday: regular dead lift, power cleans and dips. On Friday: bench, squat and straight leg dead lift. A note about dips: I have my lifters do five sets of ten.

In all sports athletes reach plateaus where there is no improvement. When this happens, I change the routine to 5, 4, 3, 2, 1 repetitions starting at 70% of their maximum, increasing resistance by ten pounds for each set. Another routine I will use is to do three sets of three at 90% of their maximum. The athlete should try for a maximum for one repetition in each lift once a month, to check progress.

The weekly program that I use, because it takes less time, is to lift four times a week. The schedule looks like this: Monday — bench and squat; Tuesday — regular dead lift, power clean, and dips; Wednesday — day off; Thursday — bench and squat; Friday — straight leg dead lift, power clean, and dips. This routine is done an hour before school starts so that all athletes can lift weights and not interfere with any in-season sport practice.

Personally, I feel this program has helped our athletes considerably, physically and mentally. The confidence gained by an individual who has lifted an amount he has set as a goal is great. The improvement in strength and quickness over a period of one year is tremendous. The athletes involved enjoy the program and can see improvement. The workouts challenge them and reward them. If you want more information on this program, please feel free to contact me at Belding High School.

FOOTBALL LIFT-A-THON

Chuck Gordon Head Football Coach Westland John Glenn

It seems that we are all involved in some kind of fund raising these days and if your staff is like ours, you've sold mugs, hats, etc. We are now using one fund raiser each year and that is our annual Football Lift-A-Thon. We held our first Lift-A-Thon in 1979 and this fund raiser has been very good to us as we have averaged a profit of over \$5,000 each year. Before giving the actual details of the weight lifting contest, let me say that our staff feels that the Lift-A-Thon has three very strong benefits to our football program:

- The Lift-A-Thon serves as a tremendous motivator for strength improvement. No player wants to do poorly and embarrass himself at the weight lifting contest.
- This fund raiser is 100% profit. I'm not sure about you, but we got tired of

- working hard at selling a product (example: mugs) and then having a fund-raising company leave town with most of the money. The Lift-A-Thon is all profit and we get what we earn.
- 3. The Lift-A-Thon serves as a basis for building team unity and having our players come together in the off-season. The players are involved in a common goal and the Lift-A-Thon can be used as something to "rally around" as you prepare for the coming season.

We usually hold our Lift-A-Thon in late March and give the players one month to collect pledges. The contest is based upon individuals pledging a certain amount of money for each pound a player can bench press:

Example: pledge of 1 cent X bench press of 200 pounds = \$2.00 owed.

Each player is given 3 bench press lifts at the contest and his best lift is used for determining how much money he has raised for the team. If, for example, a player has 25 one cent pledges and he bench presses 200 pounds, he will raise \$50 for the team. So, as you can see, with a little effort and some hustling of pledges, this can be a tremendous fund raiser.

The following are some tips that our coaches have found to be helpful in running a successful Lift-A-Thon:

- Set a goal for how many pledges each player should get and then be prepared to motivate them to get the job done.
- Determine what a portion of the money will be used for and use that as a selling point to reach the pledge goal. Examples: a new set of game jerseys, weights for the weight room, etc.
- Direct the players to be cautious about who they accept pledges from as their "friends" might not always pay when the time comes. We have found that parents, teachers, relatives, neighbors,

- and family friends are the best people to contact for supporting your program.
- Hold the actual contest in the evening and invite parents, students, administrators, etc. and make it a big deal for your team.
- 5. When organizing the lifting contest, we have found that one bench for every 12-15 players is best. The players are assigned to a bench (based upon strength) and little time is wasted between lifts. Last year we had 45 players in our contest and we were done in just over one hour.
- 6. We award trophies for:
 - a. best bench press senior (for the player that will be a senior next fall)
 - b. best bench press junior (for the player that will be a junior next fall)

- c. most improved bench press (based upon a previous test)
- d. most pledges collected (everyone has a chance at this trophy)
- e. most money raised

Note: no player may win more than one trophy as we want to honor as many as possible.

 Set a final collection date for the players to turn in their money (2 - 4 weeks after the Lift-A-Thon). Obtaining pledges and participating in the Lift-A-Thon is easy but collecting requires some effort.

In closing let me say that we have found the Lift-A-Thon to be a great success. We highly recommend it. Don't hesitate to contact me or anyone on our staff if we can be of further assistance to you.

to that successful season along with inherent seasonal requirements. Not only will he **give** of his **time** but he will also always be **on time** for his contribution.

Know your place within the cog that molds a successful team. A good assistant will do his job thoroughly before concerning himself with other aspects of the team's mission. The head coach has placed his trust in him so he must not let him down.

Know your players. The good assistant will be constantly on the lookout for the kids who can best perform within his coaching assignment. That's the technical aspect of getting the job done. More important is letting these kids know he really cares about them — that to him they are more than mere football players. He wants them to succeed off the field, too, and he will always be there to help them. He, as an assistant may work with his own little group and never be accused of playing favorites from the team aspect. He will treat his young players fair and square. He will also set an example for them to emulate on and off the field. He doesn't have a "doghouse." He will teach; he will be organized, he will show the players he is not afraid to work. Thus he will motivate. The head coach must then pull all these small groups together. This he can achieve if that good assistant has laid the ground work.

As a good assistant, he will not be afraid to ask questions during the staff meetings. A good assistant does not hold back. He is not fearful of asking what he may think is a dumb question for he knows dumb mistakes result from not asking those dumb questions. A good assistant is inquisitive and willing to push his ideas at the staff level and when a decision is arrived at, he will work and work to make that decision become a winner. The good assistant also is very aware that during staff meetings is the only time that team philosophy is discussed openly. He is careful of public comments.

Know your school — its history

QUALITIES OF A GOOD ASSISTANT

by G. B. Lewis - Fordson High

Over the years, I have seen assistants arrive in a variety of sizes and shapes - and with all sorts of personal goals. Some wanted to become head coaches; others didn't. Some were loud and flambuovant: others were rather low key on and off the field. Some were old in years and long in coaching experience; others were young and with virtually no coaching experience. However, one quality seemed to be common to each of the successful assistants. That quality was an ability to quickly gain and nurture the respect of their head coach, other members of the staff, their players, and other people around the school and community.

This quality of respect, professional and personal, does not happen easily or by sheer accident. It occurs through design by those who have a burning desire to succeed. Being a fine assistant is never easy but the rewards are many for the good ones.

The good assistant never tires of

learning about football. He is eager to attend clinics and talk football as often as his time and budget will allow. He tries his best to be with his head coach and the rest of the staff during these good times. He attempts to learn all phases of the game — not just that phase he is responsible for this particular season. In addition, he must keep abreast of the latest training techniques. He may unexpectedly find himself in a position of sole responsibility.

If he wants to be **good**, he lets his head coach begin to feel that he can assign **any** part of the game to him and he will "get the job done." This is so important today when budget crunches and contract language can change the composition of a football staff almost overnight at the high school level.

A good assistant is willing to **give** of his **time**. Coaches' meetings, off-season training and preseason commitments are all key ingredients

and traditions. If its history is short and its traditions meager, the good assistant starts generating some traditions within his assignment. His coaching is geared toward building these traditions — special drills, realistic goals, skills to improve on each day, each week, each season.

A good assistant **knows** that however important football is to him, in reality it isn't all that earth shaking to those **not directly involved**. **He knows this and promotes his sport to others**. He does not permit circumstances which would antagonize others i.e., the custodial staff. He makes sure that his group of kids takes off their muddy cleats when they hit the building entrance as just one example.

Know your head coach. The good ones also come in many shapes and sizes and with the same goals and desires that the good assistant has. Just as a good team has good players, a good staff has good coaches. The head man has a special job but so does the assistant. Help the man and the team to become winners. That's where the pride aspect comes in. The good assistant knows his job, its boundaries, and does that job to the best of his ability. The head man runs the total show but he knows that with good assistants, there will be more good times than bad. Thus, loyalty evolves within the staff.

Once that game starts, the good assistant once again knows his assignment and quietly goes about getting it done. Give the head man center stage so he can make that game plan work. Once the game is over, a good assistant finds a way to let the head coach, others on the staff and his own band of warriers know he is with them during the good times and the bad times.

A successful staff molds successful players. Successful players win the big ones. Without the **good** assistant, this happy charade could never possibly occur.

POINT/COUNTERPOINT

TWO PLATOON FOOTBALL

by Walt Braun, Marysville

Five years ago I decided to make the switch to two platoon football. We implemented two platoon football on all our teams and the results have been fantastic.

I also decided that football was only a game, and that I was going to take everything out of the game, that I as a player and coach disliked:

- We never work out in the summer. I feel the three man rule should be reduced to the zero man rule.
- Only one practice per day, 2½ hours preseason, and 1½-2 hours in-season.
- I wanted 22 (or more) players to experience the thrill of being a first stringer.

Advantages:

- Increases size of squad. We have 65 juniors and seniors come out for varsity football in a school with a co-ed enrollment of 750.
- Eliminates "bitching."
- Increases home attendance.
- Players really become good at their position.
- Average players really become good.
- Parents and fans love it.
- Enthusiasm is fantastic.
- You are able to make sideline adjustments with your whole offensive and defensive units.
- Wear opposition down.
- Less injuries.
- If you do have an injury you must replace only one position and not two.

The biggest disadvantage to two platoon football is that your great players go only one way.

Since we've gone to two platoon football we have increased our total numbers on the three high school squads from 95 to 131, an increase of 36 letter winners. We feel our team is much better prepared both offensively and defensively. Since football "is a once in a lifetime sport" why not give young men the opportunity to be a starter.

TWO WAY PLAYERS

by Steve Spicer and Jim Wetmore, Fowler

Two platoon football does not work well for us. Here are the reasons why:

- 1. Number of players
- 2. Utilize best athletes
- 3. Flexibility
- 4. Coaching Staff

The biggest reason is the size of our squad, which is usually 24 - 28 players (10 - 14 first year players). For us to be successful, we feel we need to have our 6 - 8 best athletes on the field. If we platooned we would be forced to play too many inexperienced kids. Allowing players to play both ways (mainly seniors), allows the juniors to develop slowly without being forced into a pressure situation too soon.

Nearly every member of our squad must learn at least one position on defense and offense. When injuries occur, we don't want to decrease our potential to a point that it weakens us as a team. We feel having our personnel go both ways, we have the flexibility to move a player from offense to defense (defense to offense) and not have to reteach techniques, thus losing valuable teaching time.

Also, only having two coaches on the varsity level hampers going to two platoon football. We feel you need at least 4 coaches to really do an adequate job.

We still believe in playing as many young men as we can, especially the seniors. We attempt to get each individual on one of our special teams.

So even though we don't start as many different athletes as some schools, we feel the entire squad is more involved in the total program than if they only started one way.

We know that going both ways could possibly cause some fatigue problems in the late stages of the game, but we condition the team physically and mentally against this.

So in our situation with the number of players we have and the size of our coaching staff, we feel to increase our chances for success, we must allow individuals to play both ways.

1984 MHSFCA CLINIC AT BATTLE CREEK



George Perles was the main speaker at the clinic. With coach Perles at the helm MSU may be on its way to national prominence.



The MHSFCA Clinic Luncheon was bigger and better than ever. This year's lifetime honorary members are seated in front of the head table, which includes the coaches of the year.



Coach Ray Smith, Hope College, was captivating in his presentation on motivation.



Andy Gusa was presented with a plaque in recognition of winning one of last year's MHSFCA's scholarships.





1983 MHSFCA COACHES OF THE YEAR (from left to right) Walt Braun, Marysville; Jeff Smith, East Lansing; Roger Smith, Mendon; Larry Sellers, Traverse City St. Francis.



Gary Joswiak, from Midland, is showing the correct QB form for the quick pitch.

1984 COLLEGE SPRING FOOTBALL PRACTICES AND CLINICS

NAME OF SCHOOL	DATE OF PRACTICE	TIME OF PRACTICE	OPEN PRAC.	SPRING GAME	SPRING CLINIC
Adrian College Albion College Alma College	No Spring Practice No Spring Practice No Spring Practice				
Central Mich. U.	Mar. 21 - Apr. 19	3:30 - 5:25	Yes	Apr. 19 (3:30 P.M.)	Apr. 14 (8:30 A.M.)
Eastern Mich. U.	Mar. 13 - Apr. 13	3:00/W 9:00/S	Yes	Apr. 13 (7:00 P.M.)	None
Ferris State C. Grand Rapids J.C.	March 6 No Spring Practice	3:15	Yes	To Be Determined	
Grand Valley S.	Mar. 26 - Apr. 28	3:05 - 5:30	Yes	Apr. 28 (12:00 P.M.)	
Hillsdale College	May 9 - 12	6:00 P.M. All Day F/S	Yes	May 13 (1:00 P.M.)	None
Hope College Kalamazoo College		0.0000000000000000000000000000000000000			
Michigan State U.	Apr. 7 - May 12	3:30/W 1:00/S	Yes	May 12 (1:30 P.M.)	May 4 - 5
Uni. of Michigan	Mar. 13 - Apr. 14	3:30/W/S	Yes	Apr. 14 (2:00 P.M.)	April 13 - 14
Michigan Tech.	Apr. 16 - May 5	4:15/W 2:00/S	Yes	May 5 (2:00 P.M.)	None
Northern Mich. U. Northwood Instit.	Mar. 26 - Apr. 28	3:30 - 5:30	Yes	Apr. 28 (2:00 P.M.)	
Olivet College	No Spring Practice				
Saginaw Valley S.	Apr. 2 - Apr. 20	3:00 P.M.	Yes	Not Set	None
Wayne State U.	Mar. 20 - Apr. 21	3:30 - 5:30	Yes	Apr. 21 (2:00 P.M.)	
Western Mich. U.	Mar. 17 - Apr. 14	3:00 - 5:15	Yes	Apr. 14 (1:00 P.M.)	None



New president Arnie Besonen presents outgoing president Dick Harris with the customary ring. We are very grateful to Dick for the outstanding leadership he provided our association this past year.



Clinic participants John Messner and Tom Wilson register their names with the MHSFCA Association.

MICHIGAN HIGH SCHOOL FOOTBALL COACHES ASSN.

Don Lessner, Secretary-Treasurer Riverview High School Riverview, Michigan 48192 Bulk Rate
U. S. POSTAGE
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Trenton, Michigan