



Newsletter

Volume 2, No. 3

SERVING MICHIGAN'S COACHES

October 1989



Terry Rose A Big Man

By Dr. Don Lessner

On May 19 we were all saddened to hear of the untimely death of Terry Rose, football coach at Lake Michigan Catholic High School for twenty-eight years. Terry died of heart failure. He will be missed by many. He was a stand-out high school football player in Grand Rapids and college player at Purdue University.

One will always remember Terry for his pleasant personality and dedication to our Association. Terry held many different positions with the MHSFCA, but his greatest contribution was stabilizing our annual clinic and moving our Association's biggest event to Battle Creek. Our clinic continues to be the biggest and best in the state of Michigan due to Terry's efforts. Terry also served as MHSFCA President in 1986 and our Association made great progress under Terry's tenure. Overall, Terry served the MHSFCA for twelve years. All football coaches in Michigan have been greatly affected by his many contributions.

Besides being a driving force in the MHSFCA, Terry was a successful head coach at Lake Michigan Catholic where his teams posted a very respectable record of 109-53-1. His 1977 team reached the Class C semifinals, posting a 10-1 record.

Over 500 people attended Terry's funeral in tribute to this fine man. We are sure Terry is in heaven. They just had to open the gates a little wider.

Inside:

1990 All Star Coaches	2
All Star Notes	3
Game Preparation	4
MHSFCA By-Laws	5
Nominations Due	6
Lifetime Membership	6
Clinic Announcements	7
Bleachers Needed	7
Executive Director	7
MHSFCA 1990 Budget	7
Treasurer's Report	7
Substance Abuse Workshop ..	8
Tim Fagan Addresses	
Summer Meeting	8
Steroid Legislation	9
Toyota Duffy Daugherty Coach of Year Clinic	9
Terry Rose Memorial Scholarship	10
Letters	10
A Time To Share	10
Potential	
College Players	11
Placement Committee	
Forms	11
Drug Awareness	
Committee Program	12
Membership Application	12

Extra Point

MHSFCA Scholarship Academic All State Applications

Scholarship and Academic All State applications are included in this (October) Newsletter. They are inserted in the *School Edition Only* — the edition that is sent to each high school, addressed to the head football coach.

Terry Rose Memorial Scholarship Information on page 10.

Membership Report

Jim Clawson, Taylor Truman
Membership Chairman
MHSFCA Active Membership
1,463

July 27, 1989

Membership runs September-August

OFFICERS

President
Dan Lauer, Benton Harbor

1st Vice-President
Jim Ahern, Ithaca

2nd Vice-President
Tom Moshimer, Plymouth Salem

Executive Director
Don Lessner, Riverview

Chaplain
Bob Scheloske, South Lyon

Past Presidents
Dave Driscoll, Jackson Parkside
Dutch Scrotenboer, Chesterfield, VA
Bud Breed, Portage Northern
Ron Holland, North Farmington
Ivan Muhlenkamp, St. Joseph
Jeff Smith, East Lansing
Harley Pierce, Sturgis
Walt Braun, Marysville
Jim Cooley, Traverse City
Tom Fagan, Ypsilanti
Dick Harris, Harrison
Arnie Besonen, Owen-Gage
Dick Look, Tawas
Terry Rose, Stevensville Lakeshore
Mark Covert, Fenton
John Dean, Detroit Northern

DIRECTORS

Region 1
Bob Dozier, Detroit Mackenzie
Woodrow Thomas, Detroit Central

Region 2
Wes Wishart, Dearborn Divine Child
Tom LaFramboise, Grosse Isle

Region 3
Ernie Hoffman, Dundee
Jack Crabtree, Saline

Region 4
Jim Ritter, Battle Creek Lakeview
Curt Evans, Homer

Region 5
Bob Knight, Portage Central
Bruce Bendix, Comstock

Region 6
Pete Coll, Center Line
Dennis Zbozen, Romeo

Region 7
Mike Berry, Lake Orion
Chuck Apap, Walled Lake Western

Region 8
Keith Frolich, Okemos
Steve Spicer, Fowler

Region 9
Rick Baughman, Holland
Jack Carlson, Holland West Ottawa

Region 10
Bill Tucker, Flint Powers
Loren Wiley, Flushing

Region 11
Jim Eurick, Saginaw Arthur Hill
Jim Bailie, Hemlock

Region 12
John Blankenship, Houghton Lake
Eric Haglund, Tawas

Region 13
Jack Schugars, Muskegon Oakridge
Larry Rueger, Muskegon Mona Shores

Region 14
Mike Wojda, Hillman
Howard Strom, Johannesburg-Lewiston

Region 15
Tim Klein, Frankfort
Dick McGiness, Lake City

Region 16
Ken Bickel, Rudyard
Ron Warner, Lake Linden-Hubell

1990

MHSFCA

All Star Game

Coaches

West

Larry Rueger, Head Coach
Muskegon Mona Shores

Jim Taylor
Onekama

Jerry Delling
Mancelona

Chuck Lori
Ann Arbor Pioneer

East

Jim Clawson, Head Coach
Taylor Truman

Chuck Apap
Walled Lake Western

Bob LaPointe
Harper Woods Notre Dame

Jim Bates
Port Huron Northern

Congratulations

Coaching staffs will be rounded out by head coach and defensive coordinator naming one assistant each.

Newsletter NOT Forwarded

MHSFCA Newsletters are NOT forwarded by the Postal Service. To insure that you continue to receive the MHSFCA Newsletter please notify Membership Chairman, Jim Clawson of address changes.

Jim Clawson
MHSFCA Membership Chairman
24490 Crescent Drive
Woodhaven, MI 48183

The MHSFCA NEWSLETTER is the official publication of the Michigan High School Football Coaches Association with the expressed aim of keeping Michigan High School football coaches informed of developments in their profession.

Larry Merx, Editor
School: (313) 994-2105 Home: (313) 439-3184
39 W. Judd Rd., Milan 48160

Committee Chairs

Academic All State
Chuck Apap, Walled Lake Western

All-Star
Tom Moshimer, Plymouth Salem

Assistant Coach Award
Ken Bickel, Rudyard

Clinic
John Blankenship, Houghton Lake

Drug Awareness
Chuck Salvano, Lakeshore

Jim Crowley Award
Larry Sellers, Traverse City St. Francis

Finance
Bill Tucker, Flint Powers

Hall Of Fame
Tom Fagan, Ypsilanti

Historian
Jack Carlson, Holland West Ottawa

Honorary Membership
Bob Scheloske, South Lyon

Membership
Jim Clawson, Taylor Truman

Placement
Bruce Bendix, Comstock

Playoff
Jim Ahern, Ithaca

Political Action
Dave Woodcock, Jenison

Public Relations
John Herrington, Farmington Harrison

Rules
Dennis Zbozen, Romeo

Scholarship
Ernie Hoffman, Dundee

MHSFCA

MEETINGS

AND

IMPORTANT

DATES

Winter Meeting

Doherty Hotel, Clare
November 29, 1989

MHSFCA**Winners' Circle Clinic**

Stouffer's Hotel, Battle Creek
January 26-27, 1990

Toyota - Duffy Daugherty

Coach of The Year Clinic
Amway Grand Plaza,
Grand Rapids
February 23-24, 1990

MHSFCA**Hall of Fame Banquet**

Crisler Arena, Ann Arbor
April 7, 1990



All Star Notes

Size of Squads To Increase in 1990

The Board of Directors approved the All Star Committee recommendation to increase the number of players on each All Star squad from the current number of 40 to 44. The additional four players would allow eight more players to participate in the game and provide the coaches more flexibility. The additional players would be a wide receiver, a defensive lineman, and two at-large players.

Assuming a continuation of the tremendous job All Star players, their coaches, and communities have done in securing sponsorships, the addition of eight players would not represent an additional financial burden on the Association's budget.

Highlight Video

The video features highlights from Camp, the Awards Banquet, and the Game.

Write or Call

Rocky Jacobs
Hometown Video
2048 Wilson Drive
Erie, MI 48133
(313) 848-8115

1989 Programs

Can be purchased by sending \$3 (to cover postage) to: Don Lessner, Riverview High School, Riverview, MI 48192.

*Consider ordering a program for your high school library and your football players.

1990 All Star Game Saturday, July 28

Nominations

The Nomination Policy which was initiated in 1988 will remain in effect for the 1989 game.

- Class "A" schools may nominate three (3) players
- Class "B" schools may nominate two (2) players
- Class "C" and "D" schools may nominate 1 player

As in recent years only one player per school may be selected to play in the All Star Game.

There are three reasons for allowing larger schools more nominations —

1. Larger schools usually have larger squads.
2. More nominations are made from the East, which has considerably fewer schools but pre dominately more larger schools.
3. The proportion of nominations relative to school population is more balanced. (East and West boundaries were determined by school population, not by number of schools.

When nominating players for the All Star Game coaches should consider the following guidelines —

1. Only nominate players that you feel have the ability to play with the best in the state.
2. A player's character is vitally important. Only nominate players who will reflect positively on your school and on your community.
3. Check with players to be sure that they will play if selected... before nominating them.
4. Do not nominate players who are considering any of the service academies (Army, Air Force, Navy). They will not permit players to play in All Star Games.

If you have a player deserving of this honor please take the time to fill out the nomination form and mail it in before the deadline.

**East 31
West 26**
Series
East 5 West 4

Seven Individual Records Broken

In Highest Scoring All Star Game

Best Individual Performances 1981-1989

Pass Receiving Recepts Yds TD Long
W Robert Oginsky 10 175 1 61
(Mt Morris E.A. Johnson, B)

Punting Punts Yds Avg Long
E Richard Barker 5 207 41.4 51
(Deckerville, C)
W Jerry Young 4 175 43.8 45
(Clio, A)

Rushing Att Gain Loss Net TD Long Avg
E Antoine Stevens 2 50 0 50 1 48 25.0
(Mt Clemons Clintondale, B)
E Robert Johnson 10 69 0 69 1 13 6.9
(Southfield, A)

Passing Att Comp % Yds Int TD Long
E Paul Anderson, QB 10 5 50 98 0 0 38
(Sterling Heights Stevenson, A)
E Robert Gould, FL 1 1 100 69 0 1 69
(Wyandotte Mt Carmel, D)

Game Scores

1981 East	6	West 3
1982 West	25	East 22
1983 East	24	West 10
1984 East	17	West 10
1985 West	14	East 0
1986 East	24	West 14
1987 West	9	East 7
1988 West	17	East 10

Score By Quarters

	1	2	3	4	F
East	17	14	0	0	31
West	6	7	6	7	26

The East offense jumped to an early lead while the defense played steady throughout to boost the East to a 31-26 victory. The win puts the East back in front in the series 5-4.

Game Preparation

Part I: Game Planning Your Offense

Look for

Part II: Making Adjustments During the Game

in the December Newsletter

Most modern football coaches, regardless of level, would agree that a sound, well-thought out game plan is essential to a team's chances for success. Also, most reject the old phrase, "The hay is in the barn," meaning that once a week's practice is over, there is little more the coach can do to achieve victory. The ability to coach on game night is recognized as an important attribute in a football coach.

How many of us have an organized method for adjusting our game plans on game night? Following are some considerations that you might find of some benefit in formulating such a plan:

I. Game Planning

A. First consideration is your offensive philosophy.

1. Are you a running or passing coach first?
2. Better to know one offense inside-out than to mix and match
 - a. adjust each year rather than change
 - b. avoid the "grab-bag" in play selection
 - c. difficult to be a multiple offense and defense in high school (mental requirements on players lead to missed assignments)
 - d. have a vertical, year-to-year program (Same at all levels)
3. Use personnel properly
4. Practice organization - practice what you will really use in the game (self-evaluation) are you doing what you really believe in?
5. Are you a big play or ball control coach?
6. Set up your offense to have a chance to beat the best team you play. (Others will take care of themselves)
7. Understand the relationships between the plays in your offense (series) and the reactions of the defense

B. Use scouting reports

1. Opponents - basic fronts, covers, personnel, philosophy of coach
2. Yourself - what do they have on you? (by formations, down and distance, field position)?

C. Must study defenses - know structures, strengths and weaknesses, possible adjustments (anticipate what they might do to try to stop you)

By Bruce Bendix, Comstock



D. What must you do to win (discuss and decide during staff meeting)?

1. attacking base defense - considerations:
 - a. attacking or reading?
 - b. 7 or 8 man front?
 - c. balanced or unbalanced (ex: monster or overshift)
 - d. who are the gorillas?
2. anticipate their adjustments - have a plan
3. run or pass? inside or outside? how?
4. what do you do best? (personnel)?
5. strategy = what we must do to win; tactics = how will we accomplish our strategy

E. Implementation

1. Monday - oral scouting report along with written pre-practice; blocking adjustments/assignments and automatics on chalkboard and grass
2. Thursday - mock game - practice all situations — thud
3. Do not add any offense after Tuesday - be careful of having too much - when you want to put something in, ask yourself, "What are we going to take out?"
 - a. (I've never lost a game because I didn't have enough plays)
 - b. You don't need new plays if you can run the ones you have better

F. Each coach knows more than he can teach

1. Football is a fight against time - beware of negative teaching
2. How much can you practice and do well?
3. You may add plays that require new drills, techniques, assignments that you have to teach - rather, try to do what you have been doing better
4. Most important thing is - are adjustments logical and understandable for players?

G. Players will pick up on lack of confidence or direction on your part - too much, or wholesale changes week to week will lead them to question the validity of what you've been doing from day one.

Michigan High School Football Coaches Association

By-Laws



Founded: March 24, 1972
Chartered: March 6, 1972
Adopted May, 1973
Revised August, 1984
Revised January, 1989

Part 1: Articles I-VII were printed in the May 89 Newsletter. The By-Laws and Appendix appear in their entirety in the 1989 All Star Program.

Article VIII Officers

Section 1

A President and two Vice-Presidents (a First Vice President-Elect and a Second Vice President-Elect) shall be elected annually by the members of the association.

Section 2

A Secretary-Treasurer shall be elected every two years by the members of the association. The Secretary-Treasurer shall be paid a salary determined by the Board of Directors.

Section 3

The positions of Historian, Public Relations Director, and Chaplain shall be filled annually by appointment of the President.

Section 4

In order to be eligible for the office of President or Vice-President, a candidate must have served at least one year as an active member of the Board of Directors, and attended at least two-thirds of the meetings. He must also be an active football coach at the time of his selection to be a candidate for these offices.

Section 5

The Secretary-Treasurer, Historian, Public Relations Director, and the Chaplain must be presently active members or have been active members.

Section 6

Vacancy in the position of President shall be filled by the First Vice-President, with the approval of the Board of Directors. Vacancy in the position of Second Vice-President shall be filled by appointment by the President and approved by the Board of Directors. Vacancy in the position of Secretary-Treasurer, Historian, Public Relations Director, or Chaplain shall be filled by appointment of the President and approved by the Board of Directors.

Section 7

In the event that the offices of President and First and Second Vice-Presidents are vacated, the immediate Past President will assume the duties of the President. In all cases of replaced officers, the term of office will be that of the unexpired term.

Article IX Duties of the Officers

Section 1

President — It will be the President's responsibility to preside at all meetings and to exercise general supervision over all activities of the As-

sociation. The President will serve in an advisory capacity following his one year term in office.

Section 2

First Vice-President Elect — It will be the responsibility of the First Vice-President Elect to assume the duties of the President in his absence. With the approval of the Board of Directors and at the conclusion of his term as First Vice-President Elect, he will assume the office of President for the term of one year. The First Vice-President Elect will serve as an ex-officio member of all committees, be responsible for promoting membership, and coordinating the activities of the Association.

Section 3

Second Vice-President Elect — It will be the responsibility of the Second Vice-President Elect to assume the duties of the First Vice-President Elect in his absence. With the approval of the Board of Directors and at the conclusion of his term as Second Vice-President Elect, he will assume the office of the First Vice-President Elect for the term of one year. The Second Vice-President Elect will serve as an ex-officio member of all committees, be responsible for promoting membership, and coordinating the activities of the Association.

Section 4

Secretary-Treasurer — It will be the responsibility of the Secretary-Treasurer to keep the accurate and official minutes of all General Meetings and Board of Director Meetings conducted during his term of office, which will be at least two years. It will be the Secretary-Treasurer's responsibility to handle all correspondence necessary in conducting the business and social activities of the Association. It will also be the Secretary-Treasurer's responsibility to keep accurate rosters of Active, Allied, and Honorary Members. It will be the Secretary-Treasurer's responsibility to keep accurate financial records, receive all association funds and collect all dues of all members, pay all indebtedness on order of the President, and provide an accurate financial statement each year at the initial Executive Committee meeting.

Article X

The Board of Directors

Section 1

The management of the affairs of the association shall be vested in a Board of Directors which shall consist of two (2) directors from each of sixteen (16) regions, the president, two vice-presidents, a secretary-treasurer, an historian, a chaplain, committee chairmen, and past presidents.

Section 2

The sixteen regions shall correspond with regions 1 through 15 of the regional organization plan of the Michigan Education Association. Region 16 will correspond with MEA regions 16 through 18.

Section 3

Election of directors shall be held at the annual state meeting held at the Coaches Clinic each year.

Section 4

- A. the term of office of a regional director shall be two years: Regions 1, 3, 5, 7, 9, 11, 13, and 15 electing on odd years and regions 2, 4, 6, 8, 10, 12, 14, and 16 electing on even years.
- B. Failure of a region to elect directors at the proper time shall leave that region without such representation until the president recommends for Board approval, a person to fill the vacancy.
- C. Should a member of the Board leave the coaching profession or move to a school in another region, the president shall appoint, upon recommendation of the other director, a temporary director from the region for the remainder of the term.
- D. It is recommended to the president that he instruct the members to seek in their selection of directors, those qualities necessary for future officers as well as men vitally interested in promoting the interest of the association.
- E. To be a director, interested coaches must send letters to the secretary-treasurer asking that their names be placed on their regional ballots. The two coaches receiving the highest number of votes will become regional directors.

Section 5

The Board of Directors shall have complete control and management of the affairs, funds, and property of the association.

The Finance Committee of the Board of Directors shall audit, or have audited by an independent firm, the financial records of the association once each year and make a report to the Board.

Section 6

- A. The Board of Directors shall meet at the following times:
 1. The spring meeting will be held on the Friday of the weekend of the Hall of Fame Banquet.
 2. The summer meeting will be held to coincide with the All Star Game.
 3. The fall meeting will be held on the first Wednesday after the football



By-Laws (Cont)

playoff Final Games in a centrally located city of the state.

4. The winter meeting will be held on the afternoon preceding the annual clinic.

B. Expenses and/or mileage will be paid when possible.

Section 7

The Board of Directors shall meet by a call of the president or by a call of the majority of the Board of Directors.

Article XI Committees

The president shall have the power to appoint any necessary committees.

Article XII Election of Officers

Section 1

Nominations shall be made by a Nominating Committee, which shall be made up of the past presidents, the president, and the Secretary-Treasurer, or from the floor in an open meeting.

Section 2

The election shall be under the direction of the Nominating Committee.

Section 3

The candidate for each office who receives the

highest number of votes for any office shall be declared elected.

Article XIII Meetings

The usual order of business shall be as follows:

- A. Call to order by the president.
- B. Reading and disposal of any unapproved minutes
- C. Report of officers
- D. Report of the board of Directors
- E. Report of committees
- F. Unfinished business
- G. New business and resolutions (must be presented to members at the opening session of the clinic)
- H. Adjournment

Article XIV Amendments

Section 1

Any proposed amendment shall be submitted to the Board of Directors at any regular or called meeting of the Board.

Section 2

The proposed amendment, together with the opinion of the Board of Directors, shall be read at a regular meeting of the association. A two-thirds majority of the members present shall be necessary for the adoption of the said amendment.

Article XV Resolutions

Resolutions shall be adopted by a majority vote of the Active members present.

Article XVI Miscellaneous

Notwithstanding any other provision of these By-Laws, upon the dissolution of the Michigan High School Football Coaches Association (unincorporated) and the transfer of its assets to this organization, this organization shall succeed to all of the rights, obligations and responsibilities of such unincorporated organization and shall be bound by all action previously taken by such organization, as if such action had been taken for this organization, including the acceptance of members, collection of annual dues, and election of officers and directors for specified terms.

Assistant Coach of Year Award Modified

The award for Assistant Coach of the Year has been modified to take into account a coach who has been a head coach, then returned to an assistant position in order to stay in the sport.

A Nomination form, included in the school edition of this Newsletter points out the requirement of ten years experience as an assistant.

Due November 15

Send Nomination to:

Dick McGinness
Box 663
Lake City, MI 49651

100 and/or 20 100 Career Wins and/or 20 Years Coaching!

If you are aware of deserving Michigan High School Football Coaches who meet one of these two criteria and are not yet members of the MHSFCA Hall of Fame — Nominate them! Don't assume someone else has taken the initiative!

To nominate a coach for membership in the Hall of Fame a letter is required. It must be received by Jack Carlson, MHSFCA Historian, before November 15 so that the nomination can be considered at the December meeting of the Board of Directors.

Send nominations to:

Jack Carlson
MHSFCA Historian
2195 Lakeridge Dr.
Holland, MI 49423

Honorary Membership Nominations Due

Honorary Lifetime Membership is a way to show your appreciation to those members of your community who help to make your football program a success. Coaches, doctors, trainers, photographers, administrators, announcers, statisticians, journalists, etc. are all eligible.

The number of Honorary Lifetime Memberships awarded each year is limited. Nominations must be made in writing before November 15th. Nominees will be considered at the Winter Meeting of the Board of Directors.

Send nominations to:

Bob Scheloske
South Lyon High School
61526 W. 9 Mile Rd.
South Lyon, MI 48178-1577

Lifetime Membership Authorized at Summer Meeting

Membership Chair, Jim Clawson brought a proposal for MHSFCA Lifetime Membership to the Board of Directors' Summer Meeting at Lansing. That proposal resulted in the passing of a motion authorizing this new category of membership. To qualify for Lifetime Membership you must:

1. Have coached football for twenty years on any level
2. Have previously been a MHSFCA Member
3. Have retired from coaching
4. Pay a one-time fee of \$25

Application will appear in Newsletter

Winners' Circle Clinic Announcements

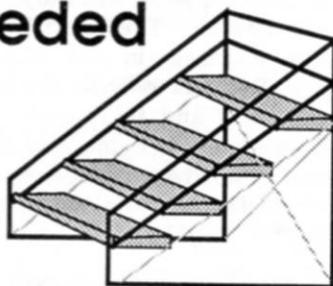
Dates: January 26-27, 1990
 Location: Battle Creek
 Stouffer's Hotel
 Reservations: (616) 963-7050

John Blankenship (Houghton Lake), Clinic Chair, reported at the Summer Meeting of the Board of Directors that Stouffer's has promised an improvement in the public address system available for clinic presentations. John indicated that the flyer announcing the clinic would be improved and that space is still available for exhibitors. Potential clinic speakers should be recommended to Dick Fodor (Bridgeman).

A new feature for the 1990 clinic will be a three part session that will include a half hour session on offense, a half hour on defense, and a half hour on kicking game.

Make your reservations early. The clinic continues to grow, as it continues to improve!

Bleachers Needed



Old Bleachers In Your Way? Call Bob Newvine

Grosse Pointe University Liggett High School is looking for old bleachers for the school's athletic field. If you have bleachers available call Bob Newvine, Head Football Coach, at school (313) 884-4444 or at home (313) 469-2054. You can also write to Bob at 1045 Cook Road, Grosse Pointe, MI 48236.

MHSFCA Executive Director

Secretary - Treasurer,
Dr. Don Lessner

At the Board of Directors Summer Meeting a motion was made by Past President, Tom Fagan, and seconded by Past President, John Dean to change the title of Secretary - Treasurer, a position held by Don Lessner for the past 10 years, to Executive Director. Fagan made the point that Dr. Lessner has performed the functions of an Executive Director for the Association for many years and the continuity he provides our leadership deserves to be recognized with the appropriate title. The motion passed unanimously.

Take An Active Part In What Goes Into Your Newsletters

One of the best ways to improve your program is to share ideas with other coaches. Its a two way street. You offer something, you learn something. The same thing that happens at relatively expensive clinics can happen with your newsletter.

Over the past years several of Michigan's best coaches have sent materials for the Newsletter. We encourage you to join that group.

Next Deadline for Submissions:
 for
 December Newsletter
 — November 15 —

Larry Merx
 39 West Judd Rd.
 Milan, MI 48160
 Phone (313) 439-3184

1989-90 Budget

	1988-89	1989-90	Change
Clinic	\$11,500	\$16,500	\$5,000
Board of Directors Expenses	\$6,900	\$6,900	0
Board of Directors Special	\$2,000	\$2,000	0
Association Expenses	\$1,300	\$1,300	0
Newsletter	\$3,500	\$3,500	0
Placement	\$75	\$75	0
Playoff	\$0	\$0	0
Public Relations	\$550	\$1,550	\$1,000
Rules	\$0	\$0	0
Secretary-Treasurer	\$2,500	\$5,100	\$2,600
Joint Membership	\$0	\$0	0
MHSFCA Membership	\$900	\$900	0
Scholarship	\$3,400	\$6,500	\$3,100
Academic All State	\$0	\$700	\$700
Coach of the Year	\$2,300	\$2,000	(\$300)
All Star	\$67,000	\$70,000	\$3,000
Hall of Fame	\$14,000	\$14,000	0
Historian	\$0	\$200	0
Substance Abuse	\$0	\$4,000	\$4,000
Total	\$115,925	\$135,225	\$18,500

1988-89 Treasurer's Report

<i>Assets as of May 31, 1989</i>	Checking	\$1,131.42
	Renaissance Assets	\$116,404.62
	Total	\$128,766.82
<i>Finances from June 1, 1988-May 31, 1989</i>	Revenues	\$131,967.38
	Expenditures	\$117,221.28
	Revenues over Expenditures	\$14,746.10

Substance Abuse Committee Seeks Workshop Sponsorship, More Active Roll for Association

Substance Abuse Committee Chair, Chuck Salvano, continues to explore routes that the Association might take in its fight against substance abuse. One plan would be a leadership workshop sponsored by the Association.

While planning work continues on a leadership workshop, a workshop has been approved and funded (\$4,000) by the MHSFCA to take place in conjunction with the 1990 University of Michigan football camp. "We have to take a more active

approach with our Association on substance abuse," said Past President Tom Fagan, "Bo is willing to devote three days of his football camp to substance abuse programs."

Chuck also relayed information published by *U.S.A. Today* indicating that the National High School Football Coaches Association recommends testing for steroids at the high school level. While this testing is expensive, Chuck suggests that we might consider testing our All Star Game players.

Tim Fagan Addresses Summer Board Meeting

"Show me a football team that is drug and alcohol free and I'll show you a school that is drug and alcohol free."

The Substance Abuse Committee was responsible for inviting Tim Fagan, Lake Orion assistant principal and nationally recognized authority on substance abuse, to speak at the Summer Meeting. Don Lesser transcribed much of what Tim had to say:

There are two main areas I would like to talk about — alcohol and steroids. Show me a football team that is drug and alcohol free and I'll show you a school that is drug and alcohol free. Athletes have a strong influence on the student body. The Drug Enforcement Agency and the National Federation of High School Coaches held a conference on substance abuse with five experts in attendance. Why did they pick educators to be at this meeting? We are putting drug offenders in jail, but we are not winning the war. Our leaders in our schools are our athletes. They have input into the whole school.

Alcohol affects kids differently than it affects an adult. In an adult it takes five to six years to become an alcoholic while a kid can become an alcoholic in six to eighteen months. A male's brain is not fully developed until the age of 21 to 22 while the female's brain is fully developed at 19 to 20.

When they lowered the drinking age in the 1970's, there was more alcoholism. The brain has a coating over the nerves which adults have

and minors do not. The coating on the nerve endings in adults is called the myelin sheath and only adults have this protection against alcohol. Kids cannot always handle peer pressure, breaking up with girl friends, etc. Some kids feel alcohol develops their social skills.

Advertising is directed at athletes because they are the leaders. The reason for substance abuse is money. There needs to be legislation for responsible advertising. You develop an identity by the time you're an adult. The identities our students are developing are strongly influenced by advertising — eg. "OMG" Old Milwaukee Guy. Over \$900 million is spent on alcohol advertising every year. This advertising is directed at young people, women, and minorities.

Kids get information on steroids from gyms. "We can put 15-20 pounds on you in 12 weeks for \$300." At the U of M football camp in June, hundreds of kids put their hands up who knew kids who were using steroids.

Dr. Forest Tenant works with the N.F.L. on drug testing. He states that "Steroids are a time bomb. Within the next twenty years, many people who have used steroids will die by the age of forty."

Olympic athletes know how to block testing. Random drug testing will be the only way to stop steroids. Many people don't want to see the big

names get caught. The N.F.L. has taken the hardest line on steroid use of any of the professional sports.

Overall, kids don't know what results will be when they take steroids. Steroids can be taken either orally or by injection. What they do is tell the gonads to shut down. Steroids affect the mind and they store water in the muscles. When you use steroids tendons and ligaments do not grow. The muscle mass grows beyond what the joints are developed to handle, consequently there is a greater tendency for injury. Arthritis can develop. The heart, a muscle, also increases in size with steroid use. Steroids release cholesterol in the body and this closes arteries. There is great damage to the heart and it is irreversible. Steroid users often die young and cannot have children.

The 1968 West German Olympic swim team used steroids. Over half were dead by the age of forty.

Dr. Bergman, U.S. Olympic team doctor, states that steroid use is only for "short term performance."

As teachers we must stick together and live and teach values that represent a healthy life style. As coaches we must be the leaders.

Tim can be contacted at Lake Orion High School at (313) 693-5420.

Toyota Duffy Daugherty Coach of the Year Clinic

February 23-24, 1990

Grand Rapids Grand Plaza Hotel

If you'd like to attend an outstanding football clinic with outstanding speakers at a great facility, mark February 23-24, 1990, on your calendar.

The list of speakers will include coaches from the professional, college, and high school ranks. This year's speakers include:



Don Nehlen, West Virginia University

Don Nehlen

West Virginia University

Don Nehlen is one of the truly great head football coaches on the college level. His Mountaineer team played Notre Dame last year in the Fiesta Bowl for the National Championship, and Don was named National Coach of the Year by his peers. Don's teams have posted 122 wins.

He currently ranks #14 on the list of top twenty coaches in won-loss percentages. During Don's tenure at West Virginia, his teams have won 69 games while losing only 36, which makes him the winningest coach in the school's history.

Don knows about coaching high school football. He had tremendous success at Canton South and Canton McKinley high schools. After leaving Bowling Green as head football coach, Don was an assistant for "Bo" at the University of Michigan. During his three years at U of M, the Wolverines played in the Rose Bowl twice and in the Gator Bowl.

No one will want to miss Don Nehlen, who is one of the most sought after clinic speakers in the United States.

Jack Pardee

University of Houston

Few coaches have had more experience as a college player and coach than Jack Pardee. Jack was considered one of the greatest college players in Texas A & M history under the legendary "Bear" Bryant where he was an All American. For fifteen years Jack was one of the best linebackers in pro football playing for the LA Rams and Washington Redskins where he was All-Pro. In 1985, he was named to the Los Angeles Rams All-Time Team. In 1972 Jack was named NFL Defensive Player of the Year after leading the Redskins to the Super Bowl vs the Miami Dolphins.

After a great pro career, Jack has served as the head coach of the Chicago Bears where he was selected the NFC Coach of the Year in 1976. He is currently the head coach at the University of Houston.

Dave Wannstedt

*Defensive Coordinator
Dallas Cowboys*

Considered by many to be one of the best defensive coaches in the land, Dave Wannstedt made his mark with the University of Miami where he was an integral part of their National Championship teams. In 1988, the Hurricanes ranked #2 in the nation against the score - they allowed opponents an average 2.2 yards per carry. In three seasons Miami won 34 games and was ranked among the best in college football teams. Dave's 1988 defense made a record 50 sacks for the season.

Dave played at Pittsburg where he was a captain during the Tony Dorsett era.

Legislation Banning Steroid Sales

State Representative, Kirk Profit, To Introduce

At the Summer Board of Directors meeting Past MHSFCA President, Tom Fagan, conveyed plans of Kirk Profit, the State Representative from the 22d District, for legislation that would make the sale of steroids a criminal offense. Tom also indi-

cated Representative Profit's willingness to act as the MHSFCA's legal consultant. Flyers titled *Steroids...Cheating at Sports, Losing at Life*, put out by Mr. Profit, were also made available to the Board of Directors.

Terry Rose Memorial Scholarship

By Dave Woodcock
Scholarship Committee

The MHSFCA Board of Directors has decided to honor its late, Past President, Terry Rose by establishing a \$1,000 annual scholarship to be given in his name.

To qualify for the Terry Rose Memorial Scholarship a student must:

1. Be the child of an active member of the MHSFCA
2. Be a graduating senior
3. Plan to continue his/her education (any type) after high school

An application form will appear in the December Newsletter. The deadline for application will be March 31.

The recipient will be determined by lottery. All applicants' names will be entered and one will be picked in April. The winner will also receive a plaque at the clinic banquet.

Look for more details and the application for the Terry Rose Memorial Scholarship in the *School Edition* of the December Newsletter.

Letters

Hall of Fame/Gold Brick

Acting on your suggestion at the Induction Ceremony, my friends and colleagues collected money for my Hall of Fame ring.

I would like to donate the excess so that Owosso High School can be a Gold Brick supporter.

The induction was a memorable night in my life, and I am wearing the ring with pride and honor.

Enclosed find my check for \$100 to the Michigan High School Football Coaches Association.

Sincerely,
Ed Gerber

Rochester Adams Takes A Time To Share Team Visits Local Nursing Home

from May 18, 1989, *Eccentric Newspaper*

On the Gridiron, members of the Rochester Adams football team are as rough and rugged as they come.

But when lined up against a group of seniors at the Peachwood Inn, a retirement home in Rochester last Thursday, the fierce faces of competitiveness melted into a sea of smiles.

For the second year, Adams coach Jack Runchey has taken a group of players and students in his physical education class to the retirement home to share some lighthearted moments.

Players and residents of the home participate in a wheelchair square dance. Then the teenagers eat lunch with the seniors.

"I think it's important that we give something back to the community," Runchey said.

Of course the seniors were more than happy to see the group from Adams. But judging from the response, it's difficult to tell who en-

joyed the visit more.

"We had a real good time," said Jason Snook, quarterback. "They teach you about life."

"We had a real good time," said Jason Snook, quarterback on the Adams team. "They teach you about life."

Runchey came up with the idea of bringing team members to the home when visiting his grandmother at the Peachwood

Inn. Along with fostering community spirit, interacting with seniors has become a learning experience.

"They ask you about your family; How many brothers and sisters you have, said Matt Feeley, a junior and a linebacker, who visited Peachwood Inn last year. "They like to talk about what they did when they were your age. That makes them real happy."

Renee Mahler, who is director of communications and admissions at Peachwood Inn, said the experience is something that brings seniors joy for a long time. "Even though some of them couldn't speak, you could see it in their face and their eyes, Mahler said. "It makes them forget their aches and pains."

Enclosed find a check for \$100. Please enter our school in the MHSFCA Hall of Fame. We at Eastern are delighted to be a part of this.

Thank you for the fine job you are doing. Keep up the good work.

Sincerely,
Gilbert Saucedo
Eastern High School

All Star Tickets

Enclosed check for All Star Football Game tickets sent to me.

Hope to attend game.

Trust it will be a huge success.

Neil Collard
Honorary Lifetime Member

I have been an Honorary Member [of the MHSFCA] for years. I am now

73 years of age and have been retired in good health for the past 8 years. It is always a pleasure to receive the East West tickets, and I usually donate them to Ike Muhlenkamp, coach of St. Joseph High School, for his players.

Continue the great work.

Sincerely,
Dr. Chester Zwissler, D.O.

Sorry I won't be able to attend the game this year as I must be in Pennsylvania for a 50th anniversary for my sister the same time as the game.

However, enclosed is my donation for the tickets sent to me.

Hope you have a great game, as I know you will. Keep up the great work you are doing.

Dick Soisson

Do Your Part for Your Players With College Playing Potential

Potential College Players

Complete the following form and return it to Don Lessner, Riverview High School, 12431 Longsdorf, Riverview, MI 48192, by November 23d. The names that are received will be compiled on one form and sent to the 20 colleges and universities in the state of Michigan that play football. This service should make it easier for the college coaches to identify our top players. Please take the time to complete this form and return it by November 23.

High School _____ City & Zip _____

Head Coach's Name _____

Player Name	Height	Weight	Offensive Position	Defensive Position
1. _____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____
5. _____	_____	_____	_____	_____

Return to:
Don Lessner, Riverview High School, 12431 Longsdorf, Riverview, MI 48192,
by November 23d

<p align="center">PLACEMENT BULLETIN JOBS AVAILABLE INFORMATION</p> <p>Return to: Bruce Bendix Head Football Coach Comstock H.S. 2107 N 26th Street Comstock, MI 49041</p>	<p><i>If you would like to receive the MHSFCA Placement Bulletin twice monthly from January-June 1988 please return the form below.</i></p> <p>Name _____</p> <p>Street Address _____</p> <p>City _____ Zip _____ Phone _____</p>
--	---

<p align="center">PLACEMENT BULLETIN VACANCY NOTIFICATION FORM</p> <p>Return to: Bruce Bendix Head Football Coach Comstock H.S. 2107 N 26th Street Comstock, MI 49041</p>	<p><i>If you have an opening on your staff please fill in the following form and return</i></p> <p>School Name _____</p> <p>Street Address _____</p> <p>City _____ Zip _____ Phone _____</p> <p>Position(s) Available _____</p> <p>Qualifications _____</p> <p>Person to contact _____ Send (resume, credentials, etc) _____</p> <p>Deadline for Application _____</p>
---	--

From the M.H.S.F.C.A. Drug Awareness Committee

Would You Neglect a Weight Program? Don't Neglect This Program

Athletes and drugs: What is the coach's role?

You Can Do Something about This Problem

As a coach, you can be successful because you have a special relationship with students and athletes. Most coaches underestimate the influence they have on the young men and women who play for them. As you know you are an authority figure to them. They look up to you because you occupy a leadership role at a very significant period in their lives. Please help us by returning the following information to: Chuck Salvano, Lakeshore High School, 5771 John Beers Rd., Stevensville, MI 49127

High School _____ Coach _____
Address _____ School Phone _____
City _____ State _____ Zip _____ Home Phone _____

Do you presently have a substance abuse program? Yes _____ No _____

If you have a program would you please send a copy with this form.

Please supply us with the name of one of your staff members who would be a substance abuse awareness representative for your school.

Coach _____
School Phone _____
Home Phone _____

RETURN TO: Chuck Salvano
Lakeshore High School
5771 John Beers Rd.,
Stevensville, MI 49127

Michigan High School Football Coaches Association MEMBERSHIP APPLICATION FORM 1989-90

Send to: Mr. Jim Clawson
Membership Chairman
24490 Crescent
Woodhaven, MI 48183

- MHSFCA ONLY (\$5)
- JOINT MHSFCA/MHSCA (\$10)
- NOT COACHING ANYMORE

Name _____

School _____

School Address _____

Street

, MI

City

Zip

Position _____

Home Address _____

Street

, MI

City

Zip

Support Michigan High School Football

MICHIGAN HIGH SCHOOL FOOTBALL COACHES' ASSOCIATION

Don Lessner, Secretary-Treasurer
Riverview High School
Riverview, Michigan 48192

Bulk Rate
U.S. POSTAGE
PAID
Permit #28
MHSFCA
Trenton, Michigan

BOB BASTIAN
909 Lane Blvd.
Kalamazoo, MI 49001

← not at 906

RETURNED TO SENDER
REFUSED