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SERVING MICHIGAN'S COACHES

March, 2018

Legacy Panel Kicks Off 46th Annual Winner's Circle Clinic



Left to right: John Herrington, Al Fracassa, Tom Mach, and Fred Huemann.

he Michigan Sports Legacy Conservancy (MSLC) in partnership with the Michigan High School Football Coaches Association (MHSFCA) kicked off the annual 2018 MHSFCA Winner's Circle Clinic with the Football Legacy Panel discussion featuring three legendary coaches, John Herrington, Farmington Hills Harrison; Al Fracassa, Brother Rice; and Tom Mach, Detroit Catholic Central.

The Sports Legacy Center provided a reception in the Exhibitors' Hall prior to the panel discussion, moderated by Lansing area WLNS-TV sports-caster, Fred Huemann. The wide-ranging panel discussion which followed covered a variety of topics revolving around the philosophies of life and coaching held by the three veteran coaches and their observations about

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MHSFCA

Membership runs
January - December

visit: MHSFCA.com

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MHSFCA

Meetings & Important Dates

Hall of Fame
Induction banquet
10 March 2018
Crowne Plaza Lansing

Spring Meeting
11 March 2018
Crowne Plaza Lansing

Summer Meeting
22 June 2018
SVSU Conference Center

East / West
All Star Game
23 June 2018
Saginaw Valley

The MHSFCA NEWSLETTER is the official publication of the Michigan High School Football Coaches Association with the expressed aim of keeping Michigan High School football coaches informed of developments in their profession.

NEWSLETTER Encourages Contributors

Deadline for Submissions for May Newsletter
— April 15—

Cindy Farley, Editor Cell: (517) 927-4098 Fax (517) 589-5340 PO Box 67 Leslie, MI 49251 email: cindy.farley@lesliek12.net Michigan High School Football Coaches Association

36th Annual

East / West All Star Game

at

Saginaw Valley State University

23 June 2018

MHSFCA OFFICERS 2017

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John Herrington Farmington Hills Harrison john.herrington@farmington.k12.mi.us

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Scott Farley, Jackson jhighfootball@gmail.com

TREASURER

Grant Fanning, Chelsea fanningg@salineschools.org

PARLIAMENTARIAN

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EXECUTIVE DIRECTOR

Larry Merx

LarryMerx@gmail.com

DIRECTORS

Region 1

East - Frank Bonacorsi, Houghton fbonacorsi@hpts.us North - Andy Couch, Lake Linden-Hubbell crouchan@lakelinden.k12.mi.us South - John Croze, Calumet jcroze@clkschools.org

Region 2

Tim Peterson - Maple City Glen Lake tphomeinspect@gmail.com Greg Vaughn, Traverse City West gvaughan@gtacs.org

Region 3

Tim Parker, Muskegon Oakridge tparker@oakridgeschools.org Monty Price, Reed City mprice@reedcity.k12.mi.us

Region 4

Doug Haggart, Clare BigHags@clare.k12.mi.us Bill Wheeler, Freeland bwheeler@bridgeportmi.org

Region 5

Dennis Hopkins, Linden dhop16@aol.com Jason McIntyre, Mt. Pleasant jmcintyre@mtpleasant.edzone.net

Region 6

Noel Dean, Lowell ndean@lowellschools.com Gasper Giarmo, Zeeland-West ggiarmo@bcpsk12.net

Region 7

Mark Blaesser, Vicksburg mblaesser@gulllakecs.org Joseph Morsaw, White Pigeon jmorsaw@wpcschools.org

Region 8

Lorin Granger, Battle Creek Central lgranger@allstate.com Shawn Griffith, Constantine sgriffith@constps.org

Region 9

Matt Bird, Grand Ledge birdm@glcomets.net Bret Shrader, Fowlerville shraderb@fvl.k12.mi.us

Region 10

Dan Terryberry, Onsted terryberry.d@onstedschools.us Tom Walentowski, Ida tom.walentowski@dundee.k12.mi.us

DIRECTORS

Region 11

Lenny Dantinne, Millington leonard.dantinne@mcsdistrict.com Chris Gilliam, Birch Run CGilliam@birchrun.k12.mi.us

Region 12

Brian Lemons, Brighton lemons.brian@gmail.com Mark Thomas, Brighton thomasm@slcs.us

Region 13

Cory Parker, River Rouge coachparker@gmail.com

Region 14

John Goddard, Royal Oak Shrine goddard@shrineschools.com Andy Patterson, De La Salle appatterson1970@gmail.com

Region 15

Andre Harlan, Detroit Western harlanandre@yahoo.com Rod Oden, East English Village roden01@hotmail.com

Region 16

Gary Griffith, Troy GGriffith@troy.k12.mi.us

Region 17

Jim Sparks, Clawson jsparks@clawson.k12.mi.us Patrick Threet, St. Clair Shores Lakeview pthreet@scslakeview-k12.com

Region 18

Bill Brown, Deckerville deckervillefb@yahoo.com

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> All-Star Jim Sparks, Clawson

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Clinic Jerry Rabideau, Spring Lake

Ethics Gus Kaploka, Cedar Springs

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Finance Grant Fanning, Chelsea

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Drake Wilkins '17

^{***} Region 18 includes all 8-Man football teams.

Legacy Panel Kicks Off 46th Annual Winner's Circle Clinic

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how coaching, athletes and parents have changed – and remained the same over their decades of experience.

Jim Stark, Michigan Sports Legacy Conservancy Executive Director, said "The Michigan Sports Legacy Conservancy was extremely pleased to host the landmark event. "While the three coaches have certainly succeeded in winning games and championships, their collective legacy will be as champions on and off the field who unselfishly used their extraordinary skills together with the life lessons of football to help form boys into men who became positive members of our communities."

MHSFCA Leadership Conference

n February 12 approximately 200 coaches and student athletes meet at the downtown Radisson Hotel in Lansing for the annual MHSFCA Leadership Conference. The featured speaker for this event was the Western Michigan University Head Coach, Tim Lester.

Coach Lester's talk centered on leadership and how athletes could be the best leaders they could be. He gave a number of examples of ways to lead including having different players lead stretching, holding each player accountable for their actions and enforcing team rules fairly and firmly.

Coach Lester also talked about creating a culture and how to do it. His culture is modeled after that of Clemson University. One outstanding idea Coach Lester presented was to ask athletes the question -"The morning after a game, what would your opponent say about your team and you?"

After Lester's presentation to the entire gathering, coaches and athletes, he and the high school coaches moved to another room where they considered diverse ways to improve their own coaching practices. The

athletes stayed together and considered ways they could become better leaders. After lunch, coaches met with their players and reviewed and evaluated the ideas they'd been exposed to during the day's activities. Overwhelmingly, coaches and players indicated the day had been a very positive experience and well worth the time and effort.



Tim Lester, Head Coach, Western Michigan University

Coach-To-Coach Mentoring Program

Ever had a question about how to do your job as a coach and not know where to turn for an answer? Need the name of an experienced coach who you could talk to in confidence about answering that question - or solving that problem? The MHSFCA has initiated a new "mentoring" program that you can turn to for this kind of help. Called Coach-To-Coach, that is exactly what it is. Experienced coaches who have a long standing relationship with the MHSFCA (Past Presidents, Regional Directors, Committee Members, etc.) have agreed to have their names and contact information listed at MHSFCA.com as volunteer mentors. If you have something you need help with, look over the list, contact one (or more) of the Coach-To-Coach volunteers. Each of the volunteers has several years of coaching experience. Get their advice. It's free and confidential.

Find the list of Coach-To-Coach volunteers at

MHSFCA.com

You must be a member of MHSFCA to access this service.

Join online at MHSFCA.com

Outgoing and Incoming Presidents

MHSFCA Board of Directors and Fellow Members,

As my time as acting president of the MHSFCA approaches its conclusion, I wanted to formally write the association thanking you for trusting in me as one of your peers and allowing me to service this great game and community. I received my appointment with a brand that was in great shape, and I hope that our elite fraternity feels that I am passing the baton with our brand still being just as intact and effective. I believe that we have experienced growth, maintained integrity and I am proud of the diversity I see across the academic, athletic, and social sectors.

The upcoming All- Star game looks to be one of the strongest in recent years. Michigan football, especially in the months of October and November is super-competitive across all eight divisions and that is not a reflection of me, but instead a testament to the commitment of all of you. We are leading men to college at a very high rate and my wish is that this will be a direct correlation to a contribution to society at a later date – hopefully some will choose to return to the great state of Michigan and serve in their local communities. We have strength in numbers. We have strength in unity. We have strength in education and teaching. This is our greatest contribution to the community, the oath that we take to educate young men, via football, about LIFE.

Thank you again for trusting in me to champion a mission of development through competition. It has truly been an honor. Thank you for helping and pitching in when called upon. Thank you for allowing me to represent what you believe is Michigan High School Football. We have come a mighty long way. I pray that we continue to evolve toward greatness... together. Let us continue to support and love all things MICHIGAN.

In Solidarity,
Drake Wilkins, Sr.
President
Michigan High School Football Coaches Association



Dear Fellow MHSFCA Members,

As I begin my year as your association President, while I think our game is on solid ground, I couldn't help but think about the challenges that we as coaches and our great game of football face.

Number 1: The decrease in football participation. It seems to be state-wide with many schools no longer supporting a JV or freshman team. We must do everything we can to encourage participation especially at the younger levels.

Number 2: Continuing to address the concussion issue. Is this why some kids are not playing? We have done a good job with concussion protocol and implementing safer drills and techniques. Are concussion scares the reason we have less participation? Our association has done a good job of bringing in experts, such as Amy Teddy and Dr. Jeffrey Kutcher to discuss the issues. I remember twenty years ago when heat and hydration were the main issues. We were able to solve that problem and, though concussion may be more serious, we will solve that also.

Number 3: Administration must be convinced to hire more teachers that are also qualified coaches. After my many years of coaching, I understand how vitally important a coach being in the building is. To be able to relate to all the students in your school helps make a strong football program. WENEEDQUALIFIEDCOACHESWHOTEACH!

Number 4: Dealing with third party "coaches" who take kids away from our programs for combines, special training, 7 on 7 all star teams and recruiting bus trips. College coaches have told me they would much rather deal with the players high school coach than a recruiting service. They would rather know about his character and his ability to play football than the number of stars he has.

Number 5: Transfer rules. I was at meeting with the presidents of all the state associations and the MHSCA directors. There were no good answers. Some want stricter rules, some wanted more lenient rules. The MHSCA is asking for us to give guidance on this issue.

I know we have more challenges than I have mentioned but if we can work together as an association there is no problem we can't solve. As President, I look forward to helping our association move forward in the next year.

Yours in football, John Herrington MHSFCA President

Left to right: Incoming President, John Harrington and Outgoing President Drake Wilkins.

City, State, & Zip: _____

Michigan High School Football Coaches Association 2018 Hall of Fame Banquet Ticket Order Form

Please make plans to honor fourteen of the state's outstanding high school football coaches on *Saturday, March 10, 2018,* at the *Crowne Plaza Lansing West,* Lansing, Michigan. starting at 5:30 p.m. (Social Time).

2018 M.H.S.F.C.A. HALL OF FAME HONOREES

	2010 M.H.S.F.C.A. HA	ALL OF	FAIVIE	HONOK	EES
Don Baxter — Napolean Michael P. Centala — Monroe Jefferson Randy Dunny — Saline Mike Giannone — DeLaSalle Collegiate Ron Glodich — Marine City Ronald L. Green — Portland Jim Hunter — Onekama		Chris Mar Paul Deni Davi	s Luma ty Spe A. Tes nis Tho	ncer – St ncer – St st – Ann A ompson rne – Far	t. Ignace LaSalle arbor Pioneer
Guest Speaker: Purpose: When: Where: Times: Price:	TBA To Honor 14 Outstandin Saturday, March 10, 203 Crowne Plaza Lansing W Social: 5:30 p.m. \$35.00 per Ticket	18 Vest	School F :: 6:30		Coaches Induction: 7:30 p.n
	ch 269 - 449 - 6553 quet gchurch@sjschoo e.	ls.org		ι Please	an Meal is available upon request. indicate how many n ordering tickets
Make Checks Payable To: M.H.S.F.C.A. **Please send a self addressed stamped envelope. **Please order all tickets by Saturday, March 3, 2018					
Number of Vegan	Tickets (include	d in tota	al numb	oer of tick	

2018 M.H.S.F.C.A. HALL OF FAME INDUCTEES

Don Baxter - Napolean

Michael P. Centala – Monroe Jefferson

Randy Dunny - Saline

Mike Giannone - DeLaSalle Collegiate

Ron Glodich – Marine City

Ronald L. Green - Portland

Jim Hunter - Onekama

Kevin W. Langs – Climax-Scotts

Chris Luma – Hudson

Marty Spencer – St. Ignace LaSalle

Paul A. Test – Ann Arbor Pioneer

Dennis Thompson – Onsted

David Thorne – Farmington Hills Harrison

Thomas Wilcher - Detroit Cass Tech

2017 Jim Crowley Award Winner Geoffrey "Jeff" Brian Stewart

ur 2017
Crowley
A ward
recipient was
selected as the Pioneer
(the local newspaper) a
Coach of the Year several
times, he was named
1982 Regional Coach
of the Year, after his
undefeated '82 season.
That team had seven
shutouts and allowed
opponents only 13 points.



Stewart also coached at Newaygo and Reed City High School. He was honored as 1995 Assistant Coach of the Year. He has been a member of the MHSFCA for over 30 years, a regional director for 10 years, serving on the clinic committee and as the chaplain. He coached in the

East-West All Star Game in 2009. In 2004 he was inducted in the MHSFCA Hall of Fame.

In 1992, Coach Stewart was diagnosed with A.L.L. Leukemia. One doctor said he had 10 days to live. Six months later he suffered a stroke after the season opener against Ludington at the age of 40. That doctor said he would never walk, talk, teach, coach or drive again. One of the lessons that football teaches is "In life we may get knocked down, but we can get back up and fight again." "Jeff" learned that lesson well. He completed his 42nd year of coaching and has been involved in football for at least 55 of his 64 years of life.

Stewart currently enjoys coaching football, golfing, swimming, pickleball, music, reading, spending time with his grandkids and winter in Florida!

He has a steadfast belief that, "In life your problems never cease, they just change" and that "God has a plan and he [Jeff] is trying to fulfill that plan."

Congratulations, Jeff Stewart.

Woodcock, David Grand Rapids Press on Jan. 7, 2018

David L. Woodcock passed on January 4, 2018, from "old age". He was born to Ray and Pauline (Oakes) Woodcock on April 27, 1935. He attended Holy Family Grade School and St. Mary's High School in Saginaw, Ml. David graduated from St. Mary's on June 6, 1953. While at St.



Mary's, he was a member of the 1953 Class C State Championship basketball team. He also participated in football and baseball. After graduation, he attended Tulsa University in Oklahoma where he played football. In 1955 he transferred to Hope College where he graduated in 1958. While there, he played football, basketball, and baseball. After graduation, in 1958, he married Parmelia Collins of Adrian. He then attended Western Michigan University where he received his teaching certificate.

He taught for the next 37 years. He taught at Romulus, Brown City, Port Huron Catholic, Flint Southwestern, Royal Oak Shrine, Detroit Catholic Central, Gaylord St. Mary's, Belding, and Jenison. He taught social studies and coached most sports.

Football was his first love which he coached for a total of 52 years continuing even after he stopped teaching. David received many honors. He was a member of the Michigan High School Coaches Hall of Fame, the Michigan High School Football Coaches Hall of Fame, the Detroit Catholic Coaches Hall of Fame, the Port Huron Hall of Fame, the Shrine High School Hall of Fame, Jenison High School Hall of Fame, and Saginaw County Sports Hall of Fame. David also served as President of the Michigan High School Football Coaches Association. He received their highest honor, the Jim Crowley Award. He and his wife, Parm, also raised a family of five children: Lynne (Gerald), Susan, Charles (Kelley), Patricia (Brandon), and Michael (Jenni), grandchildren, Joshua, Jacob, Trevor, Jenna, Max, Jack, Mateo, and Emma; and great-grandchild, Beckett. All of whom survive him. He and Parm were married for 59 years. The last 11 years, they wintered in Florida. Funeral service was held Monday, January 8, 2018 at St. Sebastian Church, Byron Center. Monsignor William Duncan will be officiating. In honor of David and in lieu of flowers, contributions may be made to St Mary's Cathedral tuition angel scholarship program. The family welcomes memories and messages in their guest book online at www.cookcares.com.

Obituary written by... "Woody"

Jobs available from Board at Clinic 18-20 Jan

Head Football
Head Football
Varsity Assist Football
Varsity Offensive Line
Football + one other sport
PE/Wight Training

Head Football Varsity Offensive Line Varsity Offensive Line Head Football Receivers Coach Head Football Hamtramck
Mt. Pleasant Sacred Heart. 8-man
Berkley
Southgate. Mitch Dobek
East Lansing *No teaching position to date
Lapeer/PE & Social Studies
Kingsley

Battle Creek Central Utica Harper Creek Clare Dearborn Advanced Tech *New Program/Teaching Available 313-892-7505

Contact Doug Haggart, AD dhaggart@sha.net Contact Billy Keevist, 248-421-6700 313-995-0546

Contact Bill Feraco. William.feraco@elps.us
Contact Mike Smith. msmith@lapeerschools.org
Contact Mike Moran, Principal 231-715-9521
MMoran@kingsleyschools.org
Contact rajaworj@ravennaschools.org
Contact Lorin Granger. 517-202-9964
Contact Matthew. Marulli@uticak12.org
Ed Greenman. greenmane@harpercreek.net
Contact Kelly Luplow. kelly@clare.k12.mi.us

Contact Chris Schultz 313-625-4676

CSchultz@atafordpas.org

Games Needed

Game week	
7 on 7	Tecumseh. Will travel. Greg Dolson. 734-578-8930
7 011 7	recurriseri. Will travel. Greg Bolson. 754 570 0550
Scrimmage	Bay City Central. Hosting all levels. 16 or 17 Aug. Kevin.FrederickT@gmail.com
Scrimmage	Brandon. Need one. Brad Zube. 248-752-8786
Scrimmage	Coloma. Need additional team
Scrimmage	Holland, Benton Harbor, Edwardsburg. Call Coach Bart 574-340-1939
Scrimmage	Loy Norrix. Hosting 4 way. Terry Farmer. 903-249-7628. TCFarmer2@yahoo.com
Scrimmage	Mt. Pleasant. Hosting all levels. Turf. JMcIntyre@mp.edzone.net
Scrimmage	Petoskey. Hosting. KerryV@chartermi.net
Scrimmage	Saginaw HS. Nate Simington. NSimington@spsd.net
Scrimmage	White Pigeon. Hosting. Need one team. 269-599-2986
1	Delta Prep. Coach G. 313-215-4833
1	Mumford. Coach Travis. 313-903-0830
1	Muskegon Heights Academy
1	River Rouge. Corey Parker. 313-658-0079
1	TC St. Francis (D6). Josh Sellers. 231-590-7189
1	Zeeland West. John Shillito. 616-554-4677
2	Delta Prep. Coach G. 313-215-4833
2	Maple Valley. Marty Martin. 517-231-4841
2	Mumford. Coach Travis. 313-903-0830
2	Portland (D5). Home Preferred. John Navarro. 517-526-3307
2	Prairie Heghts (Lagrange, IN) Aug 24, 2018
2	River Rouge. Corey Parker. 313-658-0079
3	Central Lake. 8 man. heeke@clps.k12.mi.us
3	Chelsea. Brad Bush. 734-368-7765
3	River Rouge. Corey Parker. 313-658-0079
3	Riverview Gab Richard (D7). Michalen.Thomas@gmail.com
3	TC West. Jason Carmjen. 231-631-3819
4	Benton Harbor
	Nilos Prandywino (D6) Miko Nato 260 250 0664
5	Niles Brandywine (D6). Mike Nate. 269-259-0664
7	Menominee (D5) Jamie Schomor. 906-863-5415
7	Okemos (Home and Away)
8	Lakeland. Joe Woodruff. 336.509-5758

Why Another Football Playoff Plan? SCHEDULING!

Background

Scheduling six wins, the current basic requirement to qualify for the state football tournament, has caused an annual scheduling nightmare as Michigan football teams who are traditionally successful struggle to find teams that will agree to play them often travelling excessive distances, breaking-up traditional rivalries and causing conference re-alignments.

Last spring and again last December a joint committee composed of FCA playoff committee members and members of the AAA met to consider alternatives to the "Win six and you're in" plan currently in place - alternatives that would have the potential to make scheduling football games less of a "challenge" for all involved. This committee

thoroughly discussed several alternatives including:

Every team competing in 11 man football would qualify.

The MHSAA would do the scheduling for all teams.

Implementing the "Strength of Schedule" from 2013.

Implementing the Strength of Schedule (SOS) plan from 2013 with a "Conference Multiplier" to equalize conferences that include member schools of different sizes (Division 1 and Division 3, Division 4 and Division 6, etc.). The joint committee unanimously supported a plan that "adjusted" the original point values of the Strength of Schedule proposal from 2013.

The Join	nt FCA	AAA Committee	Griffith, Shawn	FCA	Reg 8/Constantine
Barbieri, Tom	FCA	Playoff Chair/Jackson	Kalbfleisch, Daniel	AAA	Gibralter Carlson
Bush, Brad	FCA	Past President/Chelsea	Lattig, Greg	AAA	President/Mason
Copeland, Curt	AAA	GR S. Christian/OK Conf	Merx, Larry	FCA	Executive Director/Chelsea MS
Dunn, Bill	AAA	Saugatuck	Nummerdor, Jack	AAA	Holton
Evoy, Mike	AAA	Detroit Catholic League	Pratley, Andrew	FCA	Playoff Committee/Holland
Farley, Scott	FCA	2nd VP/Jackson	Vaughn, Greg	FCA	Playoff Committee/TC West

Adjusted Strength of Schedule

At the request of the joint committee, the MHSAA evaluated the results of the 2016 season for each 11-man team competing in that year's schedule using the original SOS point system. After analyzing the numbers and how they affected tournament qualifiers, the points system was re-evaluated and adjusted.

The MHSAA then ran the results of the 2017, 11-man season using the "adjusted" point values. (Attached: "2017 Playoffs using Adjusted Strength of Schedule Points.")

The joint committee discovered that schools that played competitive schedules would continue to qualify for the tournament without regard to the number of wins they had. A very few schools that qualified in 2017 with six wins would not have qualified under the SOS plan - because many of their wins were against very weak opponents.

On January 25, 2018 the MHSAA Football Committee met and considered the adjusted "Adjusted Strength of Schedule" plan for calculating football playoff qualifiers. The adjustment consisted of different numbers used to reward schools for playing teams who are: larger (Bonus Points) and/or more successful (Win Points) than thier own team. The plan was approved to bring to the Representative Council by a 19-2 vote.

What's Different

- The number of wins plays no part in determining who qualifies.
- Teams will know what Division they will compete in in the Spring preceding the football season.
- Playoff points will be calculated according to their Division. (Not their Class.)
- A team will receive points for each of its opponents' wins. (Whether they beat the opponent or not.)
- "Win" points are greater the larger the size of the opponent.
- Out of state opponents will be placed in a Division (Not a Class) dependent on their size.

In This Document

Table Comparing Current Point system, the "Six and In" system and Adjusted SOS system. FAO's

Sample worksheets: Team 1 and Team 2 points calculated using current and Adjusted SOS systems.

Current FCA "Win Six and You're In" Compared to "Adjusted Strength of Schedule Plan"

	Current MHSAA	Adjusted Strength of Schedule (Nov 2017)		
Playoff Divisions Set On Selection Sunday, after 256 team field has been determined		Equal Divisions set prior to the season. Total number of schools playing 11-man divided by 8.		
Points for a Win Class A = 80 points Class B = 64 points Class C = 48 points Class D = 32 points		Division 1 = 60 points Division 2 = 55 points Division 3 = 50 points Division 4 = 45 points Division 5 = 40 points Division 6 = 35 points Division 7 = 30 points Division 8 = 25 points		
Automatic Qualifiers	6 wins or 5 wins with an 8-game schedule	None		
To be considered for the playoffs	5 wins or 4 winswith an 8 game schedule	None		
Bonus points for Opponents' wins & losses	Team A gets more points (8) for each win by an opponent Team A defeats, and fewer points (1) for each win by an opponent by whichTeam A was defeated by.	s, opponents wins regardless of whether		
Bonus points multiplier	The multiplier is 8 or 1	The multiplier changes depending on the size of each opponent. Div 1 = 6 points Div 2 = 6 points Div 3 = 5 points Div 4 = 5 points Div 5 = 4 points Div 6 = 4 points Div 7 = 3 points Div 8 = 2 points		
Out of State Teams Placed into a Class based on enrollment		Placed into a Division based on enrollment		

Frequently Asked Questions - Adjusted Strength of Schedule Plan

What makes this different than the one that was proposed a few years ago?

After the last proposal did not make it through we started to ask why and began to address some of the issues, which included some specific team and league issues. We looked into many solutions but found that by changing the math for both the win points and bonus points we were able to solve these problems.

How is this different than what we had before we went to 6 wins and in?

Prior to the current system teams were selected by points, but were done so in predetermined districts. The problem of course is that some 8-1 and even 9-0 teams were left out simply by geography, not on quality of wins. This proposal selects the top 32 teams in each division of the state based on playoff points regardless of location.

Won't this cause some leagues to break up?

While nobody can predict the future, we do expect the pendulum to swing back a different direction initially. Leagues have broken up due to football and trying to find 6 wins. If anything we feel leagues might go back to a more geographical set up if anything and feel the new proposal helps each school find games easier by allowing for match ups that might otherwise not take place.

When would this take effect?

The proposal if passed would go into effect starting with the 2020 football season. This will allow people to finish current contracts.





Yes, Play Football • References

USA Football's The Power of Football

The Power of Football - tradition; brotherhood; moments; community. Football's positive impact transcends communities across the U.S. — both on and off the field. Share your stories with us at poweroffootball.org and on social media by using the hashtag #poweroffootball

https://www.youtube.com/watch?v=RPS8YkoNcps&list=PLayOy0XmkMjdnPJNr8eSz9BBnL1Lzc9KI

Something Every Parent Considering Letting their their Child Play Football Should Watch:

Dr. Uzma Samadani: Risk vs. reward for youth and high school football https://www.youtube.com/watch?v=ib5KBd9AEeg

Does CTE call for an end to youth tackle football?

Despite press about a recent study, a link between hits to the head and CTE isn't clear-cut. More data and a risk-benefit analysis are needed.

The Minneapolis Star Tribune ● FEBRUARY 10, 2018 — 8:37AM

By Jason Chung, Peter Cummings and Uzma Samadani FEBRUARY 10, 2018 — 8:37AM

Excerpt:

Before enacting sweeping legislation or policy spurred by fears of CTE, policymakers must conduct a risk-benefit analysis based on a holistic survey of public health concerns.

American youth are currently more sedentary than ever before. Compelling evidence from multiple sources shows that organized sports offer youth a way off the couch and promote the adoption of an active lifestyle, thereby mitigating the risks of, among other conditions, obesity, high blood pressure, diabetes, depression, osteoporosis, cardiovascular disease, stroke, drug use, teen pregnancy and, ironically, dementia.

The uncomfortable truth is that tackle football is the number one participation sport among high schoolers in America; it is accessible to children with diverse physiology in ways that other sports are not, and greater public consultation should take place to see if participation rates would remain as high for alternatives to tackle football.

Read the whole story at:

http://www.startribune.com/does-cte-call-for-an-end-to-youth-tackle-football/473655913/ Tom Joyce, Contributor, Freelance Sports Writer

Letting Your Kids Play Football Isn't As Crazy As It Sounds

Huffington Press • 11/22/2016 01:45 pm ET Updated Nov 23, 2016

Excerpt:

Benefits of Sport

The benefits of a child playing a sport are clear. Student-athletes are less likely to use drugs, more likely to graduate high school and less likely to be overweight/obese. They also tend to carry a higher GPA. And when sports are over and done with, they are more likely to thrive in the real world; they tend to earn more money than their non-athlete counterparts.

Why Football?

Regardless of what their parents want them to play, some kids just aren't built to play another sport. Specifically, some kids who are on the bigger side might struggle with another fall sport like soccer or cross country — where there is long-distance running involved. Sure, football requires endurance, but it is not constant running for linemen. And many coaches do their best to limit their linemen to one side of the ball — offense or defense — preventing fatigue, decreasing the risk for injury.

Perhaps football's greatest benefit is its reputation as a no-cut sport — even in high school. Anyone can sign up to play football (granted they make the weight limit in youth football). And there's not exactly a prototypical football player. Football is not a major skill sport either like baseball or basketball. If someone can't hit a baseball or hit a shot, they're essentially useless in those sports. But there are several different positions in football and more opportunities for a child to find somewhere they could excel — or at least play adequately.

With all sorts of different types of players comes all sorts of different types of people. It's diverse and socioeconomic status is most on the field: the best 11 play and everyone has to work together as a team.

Multi-Sport Athlete Award Nominations

Deadline is April 15th!

The Michigan High School Coaches Association will present the fifth annual edition of the Multi-Sport Athlete Awards to student-athletes in Michigan High Schools in the spring of 2018. These awards recognize eight (one male and one female from each of the four school classes) well-rounded and accomplished - three season/four year - student-athletes. The MHSCA strongly encourages athletes to participate in a variety of school sports and to be an active participant in other school and community activities.

2017 Multi-Sport Award Winners

_	Class (<u> Jender</u>	Name	Nominator	School
	A	F	Jones, Katelyn	Dallas Lintner	Owosso
	A	M	Fealko, William	Jason Kasparian	Port Huron Northern
	В	F	Steele, Layna	Mike Roy	Vicksburg
	В	M	Fraser, Brendan	Maureen Radulski	Notre Dame Preparatory School
	C	M	Callery, Gabe	Beth Maday	TC St. Francis
	C	F	Payne, Marissa	Matt Lehman	Concord
	D	F	McDonough, Linnea	Larry Brown	Pentwater
	D	M	Martin, Jacob	Craig Draheim	Athens Jr./Sr.

Research shows that:

- A student who participates in one extra-curricular activity will have a higher GPA that a student who does not participate in any extra-curricular activities
- A student who participates in two extra-curricular activities will have a higher GPA than a student who participates in only one.
- A student who participates in three extra-curricular activities will have a higher GPA than the student who participates in two.
- More than 50% of the NFL players played more than one sport in high school.

Criteria:

- Each school in state is eligible to submit one female and one male for award. Athlete must have competed in a minimum of three sports for all four years of high school.
- Nomination must be submited by April 15 of each year.
- One female and one male in each class (A,B,C,D) will be selected.
- Awards will be presented at senior events for the student's high school.

Nominations should be made online at:

https://docs.google.com/forms/d/e/1FAIpQLSeEqWL2u8QYzR -L bXgjUxGt1tdlEq1sGbWEUK6NRTTVuKJQ/viewform?usp=sf link

Who Nominates?:

Your Athletic Director or Principal must be the person nominating! One male and one female at each Michigan High School is eligible!

All Star Update

ll Star UpdateAs the days get longer and the weather outside finally gets warmer we can start to look forward to the 2018 edition of the MHSFCA All Star game at Saginaw Valley. This year's game will be played on

June 23rd and promises to be one of the best editions of the game to date.

In the past several months we have had some exciting developments with our game. First of all we have entered into some partnerships that will help raise the profile of our game and add to the experience of everybody involved. I am proud to say that this year's game will be presented by the UAW Ford. These fine people of UAW Ford recognize the value of our game and have made generous contributions to assure that our game will be better than ever in 2018.

In addition to having the UAW Ford as our presenting sponsor the MHSFCA has partnered with the D Zone to produce and promote this year's game. This partnership will have multiple benefits to both parties. As far as our association goes we will be tapping into the D Zone's enormous social media presence to solicit nominations, promote the game, and provide in depth coverage to the public during All Star Week. Just to give you an example of how this is already paying dividends we received more than 400 more player nominations than last year. This allows our coaching staffs to have a larger pool to choose from as they build their rosters. The D Zone also has their own web platform that we are using to put information on. While our MHSFCA website serves a great purpose to the members of our association the D Zone reaches many more members of the general public. This fact alone has already generated more discussions about our game on social media than any other time in the past. I am genuinely excited about working with the D Zone and can't wait to see where this partnership takes our game.

While announcing our presenting sponsor and D

Zone partnership are very exciting, as a coach myself, it is the game - itself - that I am most excited about and this year's game is shaping up to be one for the ages. This past month our two coaching staffs, who were selected by the All Star Committee from a pool of coaches generated by nominations made by regional directors, have been working tirelessly to create the rosters for this year's game. Our West staff, consisting of Matt Stapleton (Frankfort), Gerry Angers, (Glenn Lake), Dave LaVasseur (Pinconning), and Monty Price (Reed City), met in Mt. Pleasant to pick the 35 players that will represent the West on June 23rd. As for the East, Tyrone Spencer (Detroit MLK), Roger Bearss (Millington), Chris Smith (Utica Eisenhower), and Troy Schelke (Harbor Beach), met at Clawson HS and chose the 35 players to represent the East. This year the rosters were trimmed from 40 to 35 player and players will now be permitted to play both ways in the game. Each team's initial roster will contain no more than 1 player from a given HS and will contain one representative from 8 man football. If players have to drop from the initial roster for any reason the coaching staffs will be able to choose another player from the nominations even if there is already one player from his HS on the roster. No school will be allowed to have more than 2 players in the game regardless of the situation.

As you can see a lot has been going on in regards to our All Star Game. To see the current rosters please take a moment to check out the D Zone on Twitter, Facebook, or at their website. Coaches if you have a player chosen for the game please check your emails for vital information. We are counting on the help of our membership to help the young men chosen for this game get the information they need to make their All Star Game experience one they will cherish for years to come. If you don't have a player in the game please do your best to spread the word about our game and make plans to join us in Saginaw on June 23rd.



All Star Teams

East Team

<u>Player</u> <u>High School Team</u>

Baiz, Mohamed Fordson
Bearss, Bryce Millington
Buchman, Brian Warren Mott

Cage, Sheldon Grosse Pointe North

Carter, Alexander River Rouge

Corbin, Derrick Detroit Western International Cunningham, Kyren Orchard Lake Saint Mary's Darkangelo, Isaac Detroit Catholic Central

Early, Jaylin Detroit Denby
Ford, Chaise Birmingham Groves
Gilbert, Matt Southfield A&T
Harris, Keion Livonia Franklin

Higdon, Kavon Utica

Johnson, Isaiah Country Day Stoney Creek Iones, Athletic Kinne, Samuel Lake Orion Mayberry, Joshua **Detroit King** McCullum, David Waterford Mott Micheaux, Reggie Wayne Memorial Morris, Jack Eisenhower Mosley, Niko West Bloomfield Newblatt, Stewart Clarkston

Newblatt, Stewart Clarkston
Pilon, Sean Divine Child
Redfield, Mike Mayville

Rexroth, Chris Farmington Hills Harrison

Reyes, Rafael Chelsea

Roncelli, Stevie Rochester Adams Sauve, Hunter Wyandotte Roosevelt

Schelke, James Harbor Beach Smith, Eric Cass Tech

Stokes, Marqis Cranbrook-Kingswood Thomas, Justin Walled Lake Western Vines, Jerrod Detroit Central Trail Webster, Orniska East English Village Prep **West Team**

<u>Player</u> <u>High School Team</u>

Anthony, Chuckie Mona Shores Bentley, Joe Ithaca

Bolden, Parris Battle Creek Central

Bolthouse, Connor West Catholic Brooks, Karl Lansing Sexton

Campbell, Andrew Traverse City West

Cox, Cullen Leslie
Dorn, Jake Saint Johns
Edgar, Trevor Fenton

Ehrhart, Brendan Bay City All Saints

Fugate, Nolan Grand Rapids Catholic Central

Ginn, Adam Allendale

Harden, Jaier Grand Rapids Ottawa Hills

Hausmanis, Tirrell Three Rivers
Hoonhorst, Seth Hudsonville
Jefferson, Clinton Muskegon
Kieft, Bryant Watervliet
Kochanny, Jacob Cadillac
Koenigsknecht, Noah DeWitt

Lints, Ryan Traverse City St. Francis O'Connor, Terry Traverse City Central Peterson, Cade Maple City Glen Lake

Pummell, Ryan Clare Reid, Tariq Davison Remtema, Marcus Rockford Rhyndress, Logan Montrose Schut, Cole Holland Shugers, Sam Montague Simington, NeVen Saginaw Stefanski, Matt Frankfort Vickers, Ovauntay Carrollton Ware, Kentrell Grand Blanc Williams, Calvin Berrien Springs

Wilson, Joel Petoskey

East Coaches

Tyrone Spencer Detroit MLK Head Coach Roger Bears Millington 1st Assistant Kirk Sherman Millington Assistant John DiGiorgio Utica Eisenhower Assistant Chris Smith Utica Eisenhower Assistant Terel Patrick Detroit MLK Assistant Troy Shelke Harbor Beach Assistant

West Coaches

Matt Stapleton Frankfort Head Coach

Jerry Angers Maple City Glen Lake 1st Assistant

Dave Lavasseur Pinconning Assistant

Monty Price Reed Assistant



CAMP INSURANCE PROGRAM

Take advantage of your association's membership benefit!

- · General Liability coverage
 - \$1,000,000 Each Occurrence \$1,000,000 General Aggregate (per member)
- Participant Accident coverage (purchase optional)
 \$5,000 Accidental Death & Dismemberment
 \$25,000 Accident Medical Maximum
 \$500 Deductible

Pirace refer to policy for terms and conditions.

Client Testimonial

"Loamis & LaPann understood what I needed as a football coach and was able to provide great coverage at a reasonable price. The people are also great to work with!"

Pat Lilac, Glens Falls High School Football Coach

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Loomis & LaPann, Inc. is the Insurance Administrator for your coaches association.



Outline:

Camp location:

Russell Erickson Stadium Oakridge High School

ack Schugars Field

251 S. Wolf Lake Rd, Muskegon, MI 49442

Pre-Registration cost: \$70 Walk-up Registration: \$80 (make checks payable to Jack Schugars)

Holders Registration: \$30

CAMP STAFF:

- Sebastian Gaeta College Kicker at LSU Kicking Coach at Brighton High School
- Bill Burch Kicking Coach Montrose
- Chris Bowen Kicking Coach Hudsonville
- Tom Creguer Northwood University Special Teams Coach (Punting)
- Present and Former College Players Long Snappers, Punters, Holders and Kickers
- Jack Schugars Ferris State University 2017-18 Traverse City Central Football Special Teams 2012-17
- Special Guest Coaches
- Coach Cary Harger –Oakridge FB site mgr

WHAT TO BRING: 2 or more Marked Footballs, Kicking Tee/Block, Ball Holder, Sunscreen, Enthusiasm, Signed Release Form / Registration and Willingness to Learn.

entering the 7th - 12th grade for fall of 2018. ELIGIBLE PARTICIPANTS: All students

CAMP INCLUDES: Free Camp T-shirt, Refreshments, Individual Instruction, Free Lunch

Coaches are encouraged to attend.



Tuesday, June 19, 2018 Oakridge High School Muskegon, MI



Contact Information:

Schugs4fb@comcast.net Muskegon, MI 49442 Coach Jack Schugars Phone: 231-557-2707 5745 Harding Ave.



Coach Schugars 2018

Holding and Long Kicking, Punting, Snapping Camp Tuesday, June 19, 2018 Oakridge High School Muskegon, MI



AGENDA:

8:30 a.m. — Registration

Stretch / Warm Up 8:45 a.m. 9:00 a.m. — Kicking, Punting, Holding Long Snapping Drills and Instruction

10:00 a.m. - Drills and Instruction

11:30 a.m. - Lunch and Video Review You will be provided with two slices of (You may purchase additional items.) pizza and a sports drink.

11:50 a.m. — What College Coaches look for in Special Teams Players

12:00 p.m. - Stretching / Warm Up

12:15 p.m. — Kicking, Punting, Holding and Long Snapping Instruction

1:45 pm. — Popsicle Break

2:30 p.m. — Kicking, Punting, Holding and Long Snapping Competition

2:45 p.m. — Camp Awards and **I-Shirts for all campers**

3:00 p.m. — Camp Dismissed

Schugars Kicking, Punting, Holding and Long Snapping Camp

Pre-Registration cost: \$70

Tuesday, June 19, 2018

Walk-up Registration: \$80

(make checks payable to Jack Schugars) Holder Registration Fee: only \$30

Forms may be returned or mailed to:

Muskegon, MI 49442 5745 Harding Ave. Jack Schugars

Grade 2018/2019 Name: Age: . Address:

Phone:

High School: Cell:

Coach:

XXL X T-Shirt size: (circle one) \geq

K&P Д Holder (Holder's Fee \$30) Position: (circle one) K



by a physician prior to the camp and is I certify that my child will be examined in all athletic events. I hereby release, in good health and able to participate and treatment for the best interests the camp and its coaches from any obtain any necessary medical care injuries incurred during the camp. delegate the coaches to seek and of my child's health.

Parent or Guardian Signature:

Date:

×

EMERGENCY CONTACT DURING CAMP TIMES:

Name:

Address:

Phone:

Fuesday, June 19, 2018 Oakridge High School

Muskegon, MI 49442 5745 Harding Ave. Phone: 231-557-2707 Coach Jack Schugars

Schugs4fb@comcast.net

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MHSFCA Membership Benefits

Did you know that:

One of the benefits of MHSFCA membership is liability insurance through the MHSCA and NOCAD.



Control No.

GENERAL LIABILITY INSURANCE PROGRAM

As a membership benefit, coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors. This policy will provide general liability coverage to the Michigan High School Coaches Association and its members.

CARRIER

Houston Casualty Company

POLICY PERIOD

August 1, 2017 - August 1, 2018

LIMITS OF INSURANCE

\$1,000,000	Each Occurrence
\$1,000,000	General Aggregate (per Member)
\$1,000,000	Products/Completed Operations
\$1,000,000	Personal & Advertising Injury
\$ 300,000	Fire Damage
\$ 25,000	Sexual Abuse (per Member)
Excluded	Medical Payments

COVERAGES

- Participant Legal Liability for insured members
- Liability assumed under insured written contract
- Defense Cost outside limits

EXCLUSIONS

- The use of automobiles, buses, watercraft and aircraft
- Property of others in the care, custody, and control of the insured.
- This insurance does not apply to members that coach at an All-Star game that is not approved by your state coaches association.

CAMP COVERAGE

Today, most Coaches are involved in some type of sports camp. Please note that our General Liability Program follows insured members while working at camps and/or conducting their own personal camp.

PARTICIPANT/ACCIDENT COVERAGE

In addition, Participant/Accident Coverage is available for coaches and/or participants. Should an accident occur during a camp, clinic or event, this secondary coverage could help offset the loss suffered by families affected by such accidents.

CERTIFICATE OF INSURANCE

- If a member has a camp and requires proof of insurance, certificates are at no additional charge.
- If a member has a camp and requires a certificate of insurance naming an Additional Insured on the General Liability Policy, the cost is \$125.00.
- Participant/Accident Coverage must be in place for all participants prior to the issuance of a certificate of insurance naming an Additional Insured on the General Liability Policy.
- Certificates of Insurance and Participant/Accident request forms are available on our website: www.loomislapann.com

INSURANCE ADMINISTRATOR



<u>www.loomislapann.com</u> (P) 800-566-6479 | (F) 518-792-3426

Greg Joly gjoly@loomislapann.com
Lori George lgeorge@loomislapann.com
Karen Boller kboller@loomislapann.com

Disclaimer: This is an insurance overview for summary purposes only; for complete policy terms and conditions please refer to the NOCAD Master Policy.



LIFETIME MEMBERSHIP

Name			
Home Address (Street)			
City, State ZIP+4			
Phone (H)			
E-mail			
Total Years Football Coaching			
9	Send to:	Steve Wilson	

Qualifications

*You must meet all FOUR!

- 1. Coached football for twenty years at any level.
- 2. Previously a MHSFCA Member.
- 3. Retired from coaching.
- 4. Pay a one-time fee of \$100

Membership Application Form



Send to: Steve Wilson 3010 Elm Stret Fruitport, MI 49415

3010 Elm St.

Fruitport, MI 49415

Join MHSFCA / MHSCA / NHSCA (\$30)

Name:	
School:	
Coaching Position:	Total Years Coaching:
Home Address (Street):	
City, State, Zip:	
Phone (H):	
Email:	

Membership runs January - December
MHSFCA Clinic Registration includes membership.
MHSCA / NOCAD insurance coverage coincides with your membership term.

AFCA

The MHSFCA encourages you to also become a member of the national professional organization for football coaches, the *American Football Coaches Association*.

Find out more and join online at: www.AFCA.com

NEWSLETTER DELIVERY

Member Newsletters are available online only. If we have your email address, we will notify you when the current newsletter is available online at:

www.MHSFCA.com

Contact Steve Wilson with your email address at: MHSFCA.website@gmail.com